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SHANTI DEVI ARYA MAHILA COLLEGE

Dinanagar (Distt. Gurdaspur)-143531

Affiliated to GNDU, Amritsar | A Multi-Faculty Post-Graduate Women College

Re-Accredited by NAAC with 'A' Grade

College with Potential for Excellence Status by UGC, Green Champion Award by MGNCRE (Govt. of India)

Ref.No. 6895.A.SD/GEN

Dated.13-05-2024



Gender Sensitization Action Plan 2018-19

Sr.No.	Program to be Organized	Name of the Program	Date
1.	New session of the College to commence	New Session of the College began by doing Havan and Address by Madam Principal in which she stressed on quality education, dedication and discipline.	12 th Jul. 2018
2.	Traffic cell Department to visit the college and guide Student regarding traffic rules.	Traffic cell Department visited the college and Guided students regarding traffic rules.	1 st August, 2018
3.	Enlightened Minds, the psychology club under IQAC to conduct psychological testing on students of various departments.	Enlightened Minds, the psychology club under IQAC conducted psychological testing on 110 students of various departments.	7 th August, 2018
4.	To organize Rally against Drug Abuse and female foeticide	NSS students took out rally against drugs and female foeticide. DSP Sh. Manoj Kumar Ji Flagged off the rally	11 th August, 2018


Principal
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5.	The college to adopt Village Deeda Sanian and NSS Dept. to deliver lecture to the ladies of Deeda Sanian village on "Self-employment.	The college adopted Village Deeda Sanian and NSS Program Officers delivered lecture to the ladies of Deeda Sanian village on different aspects of "Self-employment".	14th August, 2018
6.	Hawan to be conducted by the College Management and Madam Principal to welcome the new students.	Hawan was conducted by the College Management and Madam Principal to welcome the new students	21 st August, 2018
7.	Fashion Designing Dept. to organize Rakhi Making Competition on Festival Of Raksha Bandan	Rakhi Making Competition was organized by making attractive and beautiful Rakhi by students	22 nd August, 2018
8.	Fine Arts Dept. to organize Talent Hunt Competition.	Fine Art Dept. organized Talent Hunt Competition on Poster Making, Collage, cartooning, Landscape	22 nd August, 2018
9.	NCC department to organize lecture and awareness rally on prevention of cancer.	NCC department organized lecture and awareness rally. Dr. Surinder Kaur Pannu, renowned Doctor delivered lecture to create awareness for female Hygiene and prevention of cancer. Dr. Anjna Malhotra, ANO organized this event. 102 cadets participated in this.	25 th August, 2018


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10.	Home Science Dept. to celebrate Rakhi with BSF Jawans at Dera Baba Nanak Border .Students to tie handmade rakhis and to prepare homemade sweets for all Jawans.	Home Science Dept. celebrated Rakhi with BSF Jawans at Dera Baba Nanak Border. Students tied handmade rakhis and prepared Milk cake and Coconut fingers for all Jawans. Tree plantation was also done to mark the day spent at Border.	27 th Aug,2018
11.	NSS and Science department to organize blood group determination camp.	NSS and Science department organized blood group determination camp during which more than 100 students got their blood group determined. Principal Mrs. Ratna Sharma told that everyone must know her Blood group for safe blood transfusion.	8 th Sept.,2018
12.	Workshop to be organized on "Career planning and Personality development" at College campus	One day workshop was organized on "Career planning and personality development" at College campus. It was conducted By Career Councillor Mrs.Archana Khurana Sharma. Mr. Raman Behal Chairman of S.S Board was the Chief guest of Inaugural session.	18 th Sept.,2018


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13.	PG Dept. of Fashion Designing to organize Diya making competition and subsequent sale on the Occasion of Diwali	PG Dept. of Fashion Designing organized Diya making competition and subsequent sale on the Occasion of Diwali	6 th Nov,2018
14.	College to organize District Youth Parliament. As per the directions given by Director, Youth Services, Punjab and Director,NSS Department of GNDU, Amritsar	College organized District Youth Parliament as per the directions given by Director, Youth Services, Punjab and Director, NSS Department of GNDU, Amritsar. Sardar Sakatar Singh Bal ,SDM. Gurdaspur was the chief guest.	24 th Jan. 2019
15.	Punjabi Department to celebrate National Girl child day.	Punjabi Department celebrated National Girl child day by inviting Dr. Rachna Sharma from Sociology Dept. of GNDU Amritsar.	24 th Feb 2019
16.	Religious study exam to be conducted in college by SGPC, Amritsar .	Religious study exam was conducted by SGPC, Amritsar in the college campus.	1 st and2 nd Feb 2019.


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17.	"Enlightened Minds" The Psychology Club under IQAC to conduct a Psychological test on Academic Achievement Motivation on students of Various departments.	Enlightened Minds" The Psychology Club of under IQAC conducted a Psychological test on Academic Achievement Motivation on 75 students Of various departments	9 th February, 2019
18.	Dept. of Cosmetology to organize workshop on "Beauty culture and skin care".	Dept. of Cosmetology organized workshop on "Beauty culture and skin care". The students of Sr. Sec .School Murthal along with teachers Miss Preety And Mr. Anil attended the workshop.	20 th February, 2019
19.	Students to participate in Annual Inter College Cultural and Tech fest 2019heldatGoldengroup of Institutes.	Students participated in Annual Inter College CulturalandTechfest2019 held at Golden group of institute. Our College won overall Championship Trophy and many more prizes.	5 th March, 2019


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20.	NSS and Youth welfare department to celebrate International Women's day.	NSS and Youth welfare Department celebrated International Women's day. Dr. Swaraj Grover was the chief guest and the social worker Mrs. Manju was the special guest of the day.	8 th March, 2019
22.	Youth welfare Department in collaboration with Nehru Yuva Kendra and Punjab Folk Art Centre Gurdaspur to organize a Cultural programme	Youth welfare Department in collaboration with Nehru Yuva Kendra and Punjab Folk Art Centre Gurdaspur organized a Cultural programme. In this programme Gurinder Pal Josan, Head of American Sikh Society, Chairman Saragarhi foundation was the Chief Guest.	28 th March, 2019
23.	District level Youth Festival to be held at Hindu Kanya College Dhariwal by Punjab Youth Services, Gurdaspur.	Students participated in District level Youth Festival held at Hindu Kanya College Dhariwal.. College won overall championship trophy.	30 th March, 2019
24.	Department of Home Science to organize Nutritious Bhalla Chaat Stall to promote "Earn While You Learn" Scheme.	Department of Home Science organized Nutritious Bhalla Chaat Stall to promote "Earn While You Learn" Scheme. Students of 6th semester prepared the dish keeping in mind the nutritional values of the product. They sold	3 rd April, 2019

(Signature)
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		approximately 325 plates of chaat and got profit of Rs 3200/- This amount will be used by them to buy equipments for Home Science lab of the college	
25.	Students to participate in Inter college cultural and Academic fest- SPARDHA 2019 to be Held at SSGMIT, Dinanagar.	Inter college cultural and Academic fest-SPARDHA 2019 held at SSGMIT, Dinanagar. In this 15 colleges of Pathankot and Gurdaspur district participated. College won overall championship trophy.	8 th April, 2019
26.	NSS Department to organize An educational trip to celebrate 100 years of Jallianwala Bagh Massacre at Amritsar	NSS Department organized An educational trip to celebrate 100 years of Jallianwala Bagh Massacre at Amritsar on 10th April 2019. In this trip 77 students visited the historical place	10 th April 2019
27.	To celebrate International day of Yoga	International day of Yoga was Celebrated by students and teachers doing Yogic Asanas in supervision of Yoga Team of college.	21 st June 2019


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New session of the College to commence (12.07.2018)



Enlightened Minds, the psychology club under IQAC
conducted psychological testing on
Students of various departments on 7th August, 2018



NSS students taken out rally against drugs and female, foeticide on 11th August, 2018



The college adopted Village Deeda Sanian and NSS Dept. delivered lecture to the ladies of DeedaSanian village on "Self-employment 14th August, 2018



Hawan conducted by the College Management and Madam
Principal welcomed the new students on
21st August, 2018



Fashion Designing Dept. organized Rakhi Making Competition and Exhibition cum Sale on Festival of Raksha Bandan on 22nd August, 2018



Fine Art Dept. organized Talent Hunt Competition on
22nd August, 2018



Home Science Dept. celebrated Rakhi with BSF Jawans at Dera Baba Nanak Border.Students tied handmade rakhis and prepared homemade sweets for all Jawans.

(27th Aug, 2018)

दैनिक सवेरा 4/4

शांति देवी आर्य महिला कॉलेज की छात्राओं ने सीमा प्रहरियों को बांधी राखी

देश की आन-शान की रक्षा के साथ पंजाब की लड़कियों की रक्षा करने का वचन लिया




बीएसएफ के अधिकारियों तथा जवानों के साथ शांति देवी कॉलेज की छात्राएं व अध्यापक तथा (दाएं) जवानों को राखी बांधती छात्राएं।

पीनानगर, 17 अगस्त (राजीव, राजकुमार): शांति देवी आर्य महिला कॉलेज के एन.एस.एस. विभाग की 25 लड़कियों ने संगीता मल्होत्रा और वीष्णु ज्योति की अध्यक्षता में राखी के त्यौहार के विशेष मौके पर सीमाओं के रखरखाव के अर्थव्यवस्थाओं और जवानों की कलाई पर राखी बांधकर उनसे देश की आन-शान की रक्षा के साथ-साथ पंजाब की लड़कियों की रक्षा करने का वचन लिया। कॉलेज प्रिंसिपल रत्ना शर्मा ने इस टीम की सीमा के रखरखाव की राखी बांधने के लिए खाना करते बता कि राखी का त्यौहार हम अपने भाइयों की

खांघने के साथ इन सीमाओं पर हमारी सखी रक्षा करते हैं बहादुर जवानों की समर्पण करते हैं, जिनोंने कठिन से कठिन परिस्थितियों से जुड़ते हुए अपनी ज़ुबूत वक़्तों से निभाते हैं। कॉलेज की टीम ने गुरदासपुर के बीएसएफ हेड क्वार्टर पर जाकर यह राखी बांधने की

रसम अदा की। लड़कियों ने अपने हाथों से बने राखी जवानों के हाथों पर बांधकर उनकी लंबी आयु और शिक्षा की कामना की। इस मौके पर प्रिंसिपल रत्ना शर्मा ने डीआईजी राजेश शर्मा और डिप्टी कमिंडेंट नीतीश श्रीमान का बख़्शी प्रबंधों के लिए धन्यवाद किया।



NSS and Science department organized Blood Group
Determination Camp on 8th Sept., 2018



दैनिक भास्कर



प में ब्लड ग्रुप की जांच करवाती छात्राएं।

-भास्कर

शांति देवी आर्य कॉलेज में कैंप लगा छात्राओं के ब्लड ग्रुप की जांच की

भास्कर संवाददाता | दीनानगर

शांति देवी आर्य महिला कॉलेज विज्ञान और साइंस योजना के अंतर्गत प्रिंसिपल रतना शर्मा की अध्यक्षता में ब्लड ग्रुप चेकअप कैंप लगाया। इसमें सौ से ज्यादा छात्राओं के ब्लड ग्रुप की जांच की गई। प्रिंसिपल रतना शर्मा ने

कहा कि सभी के लिए अपने ब्लड ग्रुप की जानकारी होना अनिवार्य है। इसकी स्टीक जानकारी होने से आपातकालीन परिस्थितियों से निपटने में मदद मिलती है। इस मौके डॉ. कुलविंदर कौर छीना, संगीता मल्होत्रा, दीपक ज्योति, डॉ. सुषमा गुप्ता, सुनीता वर्मा, डॉ. रीना तलवाड़ भी मौजूद थीं।

Workshop on "Career planning and personality development"
was organized by IQAC at College campus(18thSept.,2018)



PG Deptt. of Fashion Designing organized Diya making competition and subsequent sale on the occasion of Diwali
On 6th Nov, 2018



NSS Dept. organized District Youth Parliament As per the directions given by Director, Youth Services, Punjab and Director, NSS Dept. of GNDU, Amritsar on 24th Jan. 2019



Punjabi & NSS Dept. celebrated National Girl child day. Mrs. Neelam Mahant was the Eminent Speaker on 24th Feb 20 2019)



Religious study exam conducted by SGPC, Amritsar at Shanti Devi Arya Mahila College Dinanagar on 1st and 2nd Feb. 2019



"Enlightened Minds" The Psychology Club under IQAC conducted a Psychological test on Academic Achievement Motivation on students of various departments on 9th February, 2019



Dept.of Cosmetology organized workshop on "Beauty Culture and Skin Care on "20thFebruary, 2019



**NSS and Youth Welfare Department celebrated
International Women's Day on 8th March, 2019**



Youth welfare Department in collaboration with Nehru Yuva Kendra and Punjab Folk Art Centre Gurdaspur organized Cultural programme on 28th March, 2019



Department of Home Science to organize Nutritious Bhalla Chaat Stall to promote “Earn While You Learn” Scheme.
(3rd April, 2019)



NSS Department organized an educational trip to celebrate 100 years of Jalian wala bagh at Amritsar on 10th April 2019



Online International Yoga Day Was Celebrated by the College On 21st June 2019







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Gender Sensitization Action Plan 2019-20

Sr.No.	Programme to be Organised	Name of the Programme	Date
1.	New Session of the college to commence	New Session of the College commenced by Havan and Address by Madam Principal in which she stressed on Quality education, dedication and discipline.	12.7.2019
2.	Orientation Programme for all First Year Students to be conducted	Orientation Programme for all First Year Students was conducted faculty wise.	13.7.2019
3.	Youth welfare department to organize Nukkad Natak (Street Play) on harmful effect of social media.	Nukkad natak (Street Play) was staged in the college by Anonymous Theatre Group. The theme of the natak was social media and it was titled "Padhe likhe Unpad". The students greatly appreciated the	5.August 2019


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		performance as it Touched almost all the contemporary social problems.	
4.	Postgraduate Department of Fashion Designing to conduct three day workshop	Postgraduate Department of Fashion Designing conducted three - day workshop. The workshop was conducted by Mrs. Somi Dhanjal, representative of Pidilite Industry. The Workshop was greatly appreciated by staff and students.	8 th to 10 th August 2019.
5.	Volunteers of NSS programme to celebrate Raksha- bandhan at BSF Head Quarters Gurdaspur.	25 volunteers along with NSS program officers Mrs Sangeeta Malhotra and Mrs Deepak Jyoti celebrated Rakshabandhan at BSF Head Quarters Gurdaspur. Handmade rakhis were tied to jawans of BSF and sweets made by home Science students were offered to them.	14 th August, 2019
6.	A popular television show "Canteeni Mandeer" to be	Shooting of popular television show "Canteeni Mandeer" was held on college campus. It was	19 th August, 2019


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	shot on college campus.	subsequently uploaded on you tube.	
7.	IQAC & PG Department of Computer Science and IT to organize Inter class Poster making competition on Cyber Security	PG Department of Computer Science and IT organized Inter class Poster making competition on Cyber Security.	21 st August, 2019
8.	International Youth Day to be celebrated	Fine Arts Dept. organized Slogan writing and poster making competition on International Youth Day.	23 rd August, 2019
9.	Dept. of Home Science to conduct an awareness lecture for staff and students on naturopathy.	Dept. of Home Science conducted an awareness lecture for staff and students on naturopathy. The speaker was Mr. Ranjit Singh of Shine Care India Ltd from Chandigarh. He spoke about natural ways to achieve holistic health.	23 rd August, 2019


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10	Women Equality Day to be celebrated	Youth Welfare Department celebrated Women Equality Day. The eminent speaker was Dr. Neeru Sharma, Principal of Pt. Mohan Lal S.D College for Women Gurdaspur. She spoke about the importance of this day and it's political, social and economic ramifications.	26 th August, 2019
11.	Home Science and NSS Dept to celebrate Poshan Maah on Iron Deficiency-Anemia and Role of Calcium in maintaining health of women by organizing seminar.	Home Science and NSS Dept celebrated Poshan- Maah by organizing lectures on Iron Deficiency-Anemia and Role of Calcium in maintaining health of women. Ms. Minna Bagga Specialist in Nutrition and Dietetics from S.R.Govt. college Amritsar and Mrs Guljeet kaur Sr Dietitian from Fortis Escort Hospital, Amritsar were the eminent speakers.	14 th September 2019
12.	"Enlightenment Minds" The Psychology Club to organize an	"Enlightenment Minds" The Psychology Club organized an Extension lecture on "Understanding Mental Illness", Dr.Rupinder Babbar MO (Psychiatry)	21 st Sept., 2019


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	Extension lecture on "Understanding Mental Illness	in Civil Hospital, Gurdaspur delivered her lecture on the causes of different Mental Illness ,mainly stress on women.	
13.	Naitik Sikhiya competitive examination to be organized by Guru Gobind Singh Study circle Gurdaspur	Natik Sikhiya competitive examination of Guru Gobind Singh Study circle, Gurdaspur was organized by the Librarian Mrs. Hardeep Kaur and Post Graduate Punjabi department. 85 students participated in this competitive Examination.	14 Oct.2019
14.	P.G. Dept. of Fashion Designing & Dept. of Cosmetology to organize Decorative Karwa Thali & Mehendi mela on Karvachauth.	PG department of Fashion Designing organised exhibition cum sale on Karvachauth. Students of Cosmetology Dept. provided their mehndi services at very nominal prices.	17th October, 2019
15.	Mahila Sammelan to be organized	“Mahila Sammelan” was organized. Dr. Reena Talwar and Dr. Anjna Malhotra were the main speakers on this	26 th October, 2019


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		occasion. Dr. Reena expressed her views on Maharishi Dayanand: life and philosophy, Dr Anjna expressed her views on Maharishi Dayanand's contribution to women's upliftment	
16.	Vigilance Awareness Seminar to be held	Vigilance Awareness Seminar was held. In this seminar DSP Kawaljeet Kaur, Sub Inspector Kamal Singh, Sub Inspector Vikram Singh and Lt. Dr. Anjna Malhotra shared their views with students.	3 rd Nov,2019
17.	Medical Camp to be organized at adopted village Vadda Sahowal.	General Health check -up of around 47 village women was done during Medical camp organized at adopted village Vadda Sahowal.	11 th Jan, 2020
18.	One week Stitching Training to be started for village girls at adopted village Vadda Sahowal.	During 7 Days NSS Camp, NSS Camp One week Stitching &Tailoring Training programme was started for 23 village girls at adopted village Vadda Sahowal.	12 th Jan, 2020


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19.	Dhiyaan Di Lohri to be celebrated in Adopted Village Vada Sahowal under "Beti Bachao Abhiyan".	Dheeyan Di lohri was celebrated at adopted Village on 3rd day of NSS camp. 15 Girls who were having their first lohri were invited along with their mothers and local villagers on Dhiyaan Di Lohri. Chief Guest of the program, Principal Mrs Ratna Sharma was honoured by Village Sarpanch Mrs. Sulakhni Devi . A cultural program was organized by NSS volunteers and villagers. Newly born Girls were gifted with woolen baby sets. Peanuts, Rewari and popcorns were distributed to villagers present over there. Small children of village were given money for kites. NSS volunteers awakened the villagers about "Beti Bachao Beti Padhao."	13 th January 2020
20	Workshop on Textile printing to be planned at the village	A workshop on Textile printing was conducted for village women by Fashion Design and Home Science Dept. Block	15 th Jan, 2020


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Dated. 13-05-2024

		printing and Stencil printing was taught to village women. They made hankies, table cloth and cushion covers with block printing. Mrs. Sangeeta Malhotra and Mrs. Meenu Gupta gave training to them.	
21.	To organize First Aid & Home Nursing Training	NSS Dept. organized First Aid & Home Nursing training for 250 students by inviting Mr. Rajiv Kumar , Secretary of District Red Cross Society , Gurdaspur	15 th Jan, 2020
22.	Two Days ,” Happiness Programme” by Art of living institution to be organized in college for Holistic Development of Students and Faculty	“A Happiness Programme” by Art of living institution was organized in the college campus. Mr. Shailender Mahant and Mrs. Mohini Saini both instructors of “Art of Living” gave lectures on stress management and meditation techniques	16 th Jan, 2020
23.	Workshop on Healthy Cooking and skin care to be organized for village	Mrs.Sangeeta Malhotra and Mrs. Meenu Gupta. Recipe of Alsi Pinni and Coconut Burfi was taught to village women.	16 th January 2020


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	women at Vada Sahowal.	Mrs.Sonia, Asst. Prof.in Cosmetology gave lecture on Skincare & Makeup.	
24.	Entrepreneurship Awareness Programme to be Conducted	Entrepreneurship Awareness Programme was conducted by staff of Lovely Professional University, Phagwara.	22 nd January 2020
25.	To celebrate National Girl Child Day.	National Girl Child Day was celebrated. Mrs. Neelam Mahant ,BJP Leader &Ex- Chairperson planning Board, Gurdaspur was the chief guest and main speaker. Among students, Miss Sunaina Thakur, Roshni and Bharti gave their Speeches on importance of celebrating this Day.	24 th January 2020
26.	"World Cancer Awareness Day" to be organized	"World Cancer Awareness Day" was organized during which Dr. Surinder Kaur Pannu (Renowned Gynaecologist of Gurdaspur) was the main speaker.	4 th February 2020


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Dated. 13-05-2024

27.	International conference (under CPE) on "Women: An Equal World is an Enabled World" to be celebrated by Women Development Cell.	International conference (under CPE) on "Women: An equal world is an enabled world" was organized. Mrs. Surjit Kaur, famous writer and social activist of Canada, was the Chief Guest. Dr Kanwaljeet Kaur Dhillon, Secretary, National Women Federation of India and Chairperson, 'DISHA' Women organization, Brampton Canada was the Keynote Addresses. Dr Harchand Singh Bedi, Director, Emigrants Study Centre GNDU presided over the inaugural session. Dr. Jaspal Kaur, HOD, Dept of Pbi, University of Delhi, presided over the technical session. Dr. Kuljit Kaur, Dept of Computer science GNDU, Amritsar, Dr. Rachna Sharma, Dept of Sociology, GNDU, Amritsar, Dr. Aashish Kumar of Delhi University, Delhi and Dr. Parminder Kaur Kahlon, Dept of Law, GNDU Regional Centre Gurdaspur presented	6 th March 2020
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		their research papers on various issues.	
28.	International Women Day to be celebrated	Women Development Cell organized expert talk on International Wmen Day. Dr. Parbjit Kaur & Dr. Reena Talwar were the eminent speakers.	8 th March 2020
29.	Sanskrit Dept. to organize a Webinar on Conflict Management- Lessons From Panchatantra	Sanskrit Dept. organised a Webinar on Conflict Management-Lessons From Panchatantra. Retd. Major General Sh.Amil Kumar Shori (Chairman,GGSDCollege,KheriGurna) delivered a very relevant lecture by explaining the stories from Panchatantra of Vishnu Sharma	15 th May 2020
30.	As per guidelines of Ministry Of Ayush NSS and Youth Welfare Department to organize online celebration of InternationalYoga Day	NSS and Youth Welfare Department organised online celebration of International Yoga Day. Theme of 6th International Yoga Day was YOGA @ HOME and yoga with family .Mrs.Sonia , Asst Professor in Cosmetology Department was invited for giving online training of	21 st June 2020


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		different Yog Asana to students and faculty members who joined this event at Google Meet	
31.	To celebrate International day against Drug Abuse & Illicit Trafficking	NCC cadets celebrated online International day against Drugs abuse & illicit Trafficking Cadets educated the people of their villages against this menace. Cadets made posters, slogans, wrote poems on this issue.	26 th June 2020


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New Session of the college commenced with holy Hawan on 12.7.2019



Youth welfare department organized Nukkad natak (StreetPlay) on harmful effect of social media on 5th August 2019



Postgraduate Department of Fashion Designing to conduct three day workshop
(8th to 10th August 2019)



Volunteers of NSS Dept. celebrated Raksha- bandhan at BSF Head Quarters
Gurdaspur.(14th August, 2019)



Poster making competition organized by Fine Arts Dept. on International Youth Day
on 23rd August 2020



Statue of Martyrs were cleaned by NCC cadets On International Youth Day



Dept. of Home Science conducted an awareness lecture for staff and students on naturopathy on 23rd August, 2019



Women Equality Day celebrated by Youth Welfare Dept. on 26th August, 2019



Home Science Dept. celebrated Poshan Maah by organizing lectures on Iron Deficiency-Anemia and Role of Calcium in maintaining health of women on 14th September 2018



"Enlightenment Minds" The Psychology Club organized an Extension lecture on
"Understanding Mental Illness on 14th September 2019



Naitik Sikhiya competitive examination organized by Guru Gobind Singh Study circle
Gurdaspur on 14 Oct.2019



P.G. Dept. of Fashion Designing & Dept. of Cosmetology organized Decorative Karwa Thali & Mehandi mela on Karvachauth 17th October, 2019



Women Development Cell celebrated Mahila Sammelan on 26th October 2019



Vigilance Awareness Seminar held on 3rd Nov, 2019



NSS dept.organized Medical Camp at adopted village VaddaSahowal on 11thJan, 2020



One week Stitching Training organised for village girls at adopted village Vadda Sahawal on 12th Jan, 2020



Dhiyaan Di Lohri celebrated in Adopted Village Vada Sahowal



Workshop on Textile Printing was organized at the village on 15th Jan, 2020



First Aid & Home Nursing Training was organized on 16th January 2020



Two Days "Happiness Programme" by Art of living institution organized in college for Holistic Development of Students and Faculty on 16th Jan, 2020



Workshop on skin care organized for village women at Vada Sahowal on 16th January 2020



Workshop Healthy Cooking organized for village women at Vada Sahowal on 16th January 202



National Girl Child Day celebrated by NSS Dept. on 24th January 2020



"World Cancer Awareness Day" organized by NSS DEpt. Dr. S.K. Pannu was the eminent speaker on 4th February 2020



International Conference on "Women: An Equal World is an Enabled World" celebrated by Women Development Cell on 6th March 2020



Women Development Cell organized expert talk on International Women Day on 8th March. Dr. Parbjit Kaur & Dr. Reena Talwar were the eminent speakers.



As per guide lines of Ministry Of Ayush NSS and Youth Welfare Department to organize online celebration of International Yoga Day On 21st June 2020

शांति देवी आर्य महिला कालेज में अंतर्राष्ट्रीय योग दिवस मनाया

● **हाथिगढ़ की ले डिजिटल योग क्लब सिलवर्डी**




हाथिगढ़, 22 मूल (गुरुवार, 22 मूल) को आर्य महिला कालेज में अंतर्राष्ट्रीय योग दिवस मनाया गया। इस अवसर पर, आर्य महिला कालेज की प्रिंसिपल डॉ. रीता कालावत ने बताया कि योग के माध्यम से हम अपने शरीर और मन को स्वस्थ रख सकते हैं। उन्होंने कहा कि योग के माध्यम से हम अपने शरीर को स्वस्थ रख सकते हैं।

इस अवसर पर, आर्य महिला कालेज की प्रिंसिपल डॉ. रीता कालावत ने बताया कि योग के माध्यम से हम अपने शरीर और मन को स्वस्थ रख सकते हैं। उन्होंने कहा कि योग के माध्यम से हम अपने शरीर को स्वस्थ रख सकते हैं।



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KARNATAKA STATE GOVERNMENT
KARNATAKA STATE GOVERNMENT

Dinahanagar
Punjab
India

2020-06-20(Sat) 12:27(FM)

43°C
109°F

**International day against Drug Abuse & Illicit Trafficking was celebrated by NCC Dept.
on 26th June 2020**





Ref.No. 6895.A.SD/GEN

Dated.13-05-2024

Gender Sensitization Action Plan 2020-21

Sr.No.	Programme	Name of the Programme	Date
1	To make Mentor- Mentee groups for newly admitted students for the new session.	IQAC distributed the college students and assigned Teachers and made Mentor- Mentee groups for the new session.	1 st July,2020
2.	Doctor's Day to be celebrated. On this day all the doctors of Civil Hospital Singowal to be honored by College staff members.	Doctor's Day was celebrated. On this day all the doctors of Civil Hospital, Singhowal were honored with bouquets and college mementos by college staff members.	1 st July,2020
3.	Workshop to be organized on "Google Classroom" for College Faculty by Er. Manav Mahajan, from ATECH, Gurdaspur	Workshop on "Google Classroom" for College Faculty by Er. Manav Mahajan, ATECH Gurdaspur for enabling them to conduct online classes.	20 th July,2020
4.	To organize five days FDP on "Assessing- Reassessing Skills During Covid."	IQAC organized five days FDP on "Assessing- Reassessing Skills During Covid"	4 th to 8 th August 2020
5.	Post graduate Department of English- to organize six days Faculty Development Programme on "Imparting Soft Skills And Life Skills For Success"	Post graduate Department of English organized six days Faculty Development Programme on "Imparting Soft Skills And Life Skills For Success".	17 th to 22 nd August
6.	To organize One week awareness campaign	One week awareness campaign "Jagrukta Saptah" against COVID-19 in collaboration	29 th Sept, 2020

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	<p>“Jagrukta Saptah” against COVID-19 in collaboration with Dept.of District Youth Services Gurdaspur.</p>	<p>with Dept. of District Youth Services Gurdaspur was organized. More than 200 students participated in Intra college online Quiz on COVID-19 organized by District Youth Services Gurdaspur. 23 Volunteers made Posters on Importance of Hand Sanitization, Wearing Mask and Maintaining Physical Distancing to combat Corona Virus. Pamphlets for creating awareness regarding Covid-19 provided by Deputy Commissioner, District Gurdaspur were distributed to public by staff and students at local Bus Stand, Dinanagar</p>	
7.	<p>Exhibition cum sale of Karwa Thali & Mehndi stalls on the festival of Karwachauth to be organized in College premises.</p>	<p>Exhibition cum sale of items of Karwachauth and Mehndi stall at nominal prizes was organized in college premises by Fashion Designing and Cosmetology Departments.</p>	3 Nov,2020
8.	<p>Exhibition cum sale of diyas to be organized on the occasion of Diwali</p>	<p>Exhibition cum sale of Diwali items on the occasion of Diwali was organized by Fashion Designing Department.</p>	13th Nov,2020
9.	<p>To organize Expert talk on constitutional growth</p>	<p>Expert talk on constitutional growth was organized. Retd. Major General Anil Shorue and Dr. Satnam Deol, HOD, Deptt.of Pol.Sci. GNDU Amritsar shared their Views with Cadets of 1Pb girls battalion NCC</p>	1 st Dec. 2020


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Dated.13-05-2024

10.	To Organize Webinar on present scenario of human rights	Webinar was Organized on 'Present Scenario of Human Rights'. Lt Dr. Anjana Malhotra shared her views with studebts and staff.	10 th Dec,2020
11.	Cultural Program on Folk dances of different States to be organized	Cultural program"Lok- Utsav" was organized which was sponsored by North Zone Cultural Centre Patiala. Folk dances of Nine States were performed by different artists .	24 th Dec , 2020
12.	Quarterly IQAC Meeting to be held to discuss the curriculum & Activities	Quarterly IQAC Meeting was held and discussions were done and activities were planned	10 th Jan, 2021
13.	Lohri festival to be celebrated in the College campus	Lohri Festival was celebrated Peanuts & Sweets were distributed among the students and staff.	13 th Jan, 2021
14.	Hawan to be solemnized and students to be blessed to mark the Makar Sankranti festival and National Youth Day.	Hawan was solemnized by Madam Principal, Staff Members and Students. Director Mrs. Ratna Sharma gave an enlightening lecture on Importance of Makar Sakranti and National Youth Day after Hawan Yagya.	14 th Jan, 2021
15.	National Girl Child Day to be celebrated .	National Girl Child Day was celebrated .Mrs Rachna Sharma from Dept of Social Science, GNDU was the Eminent Speaker. All the five NSS Program officers were present at the function. Students of Fine Arts Dept made Posters on the theme of National Girl Child Day under the guidance of HOD, Fine Arts Dept Mrs Sonika Gupta.	24 th Jan.,2021


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16	"World Cancer Awareness Day" to be observed by NSS Department	"World Cancer Awareness Day" was organized by NSS Department. Dr. Ananya Babbar, Gynaecologist, Babbar hospital, Gurdaspur was the main speaker of the day	4 th Feb.,2021
17.	World Fraternity Day to be organized	World Fraternity Day was observed by conducting webinar cum online Inter – College Poetical Recitation competition in collaboration with 1 Pb. Girls battalion,Amritsar.	4 th Feb.,2021
18.	International Women Day be Celebrated by organizing expert talk.	International Women day was Celebrated by NSS & Youth Welfare Dept. Principal Mrs.Ratna Sharma, Dr.Reena Talwar and Mrs. Neenu Sharma addressed the students and threw light on the importance of this day.	10 th March,2021
19.	A series of Hawan/Prayer and path has been planned by the staff of SDAM College for the well- being of all during the 2 nd wave of Covid -19	A series of Hawan / Prayer and path were done by the staff of SDAM College for the well- being of all amidst alarming reports of increase in Covid-19 Cases	20 th March 2021
20.	Slogan writing & Tree Plantation Competition on Poshan Pakhwada 2021 to be organized	Slogan writing Competition & Tree Plantation on Poshan Pakhwada 2021 was organized by NSS & Home Science Department.	31st March,2021
21.	One day National webinar on Legal Rights and Women Empowerment to be organized	One Day National Webinar was organized on Legal Rights and Women Empowerment .In this webinar Dr. Vinay Kapoor, VC of Dr. B. R Ambedkar National law University, Sonipat	17th May 2021


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		and Col. Aridhaman Sharma, Commanding officer of 1 Punjab girl's battalion NCC were the main speakers. Dr Anjna Malhotra, coordinator, Dr. Ambedkar study centre was the moderator in this webinar.	
22.	To organize Webinar on "Importance Of Profession Ready Training And Placement Program"*In Clinical Research Pharma Co - vigilance And Associated Domains,	Science department of Shanti Devi Arya Mahila College Dinanagar in association with CLINI INDIA organized Webinar on "Importance Of Profession Ready Training And Placement Program"*In Clinical Research, Pharmacovigilance And Associated Domains, Resource person for the webinar was Mr. Vishal Chaudhary. (Head of operation and responsible to handle technical as well as training and placement support to Clini India campus in Pune, Mumbai, Bangalore and Hyderabad.)	31 st May 2021
23.	PG department of Hindi to organize an International Webinar on "Changing Scenario of life in Covid".	PG department of Hindi organized an International Webinar on " Changing Scenario of life in Covid". On this occasion participants from different states of India and abroad joined the webinar. Prof.Mohan Kant Gautam (Hon. Chancellor of European University of East and West,Netherlands). Prof. Parmeshwari Sharma (Jammu University, Jammu), Dr. Sunil Kumar (GNDU Amritsar) were the eminent speakers.	2 nd June 2021

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24.	To organize ONE WEEK Online Hobby Classes by Computer Science, Home Science, FD, Cosmetology, Fine Arts and Physical Education Departments.	ONE WEEK Free Online Hobby Classes were organized by Computer Science, Home Science, FD, Cosmetology, Fine Arts and Physical Education Departments. More than 500 students joined these classes from different villages of the surrounding area of Dinanagar.	8 th -16 th June 2021
25.	The students of Fine Arts department to participate in Poster making competition on the occasion of World Environment Day to be organised by Hindu Kanya Mahavidyalaya, Jind, Haryana.	Mehak got 1st and Apurva got 2nd position in state-level poster making competition on the occasion of World Environment Day on 5th June, 2021 organised by Hindu Kanya Mahavidyalaya, Jind, Haryana.	10 th June 2021
26.	Fine Arts department to participate in Online Painting competition organized by SAHITYA KALASH PATIALA (CLUSTER PATHANKOT) on "World Environment Day".	Tanvi Sharma of B.Sc(Medical)-2nd Semester got third position in online painting competition organized by SAHITYA KALASH PATIALA (CLUSTER PATHANKOT) on "World Environment Day".	16 th June 2021
27.	Youth Welfare department to participate in Online Inter- College Cultural Festival : "Golden Spirits" 2021 to be organized by S.L.BAWA DAV College, Batala.	Our College bagged Champions Trophy in Online Inter-College Cultural Festival "Golden Spirits 2021" organised by S.L. BAWA DAV College,	17 th June 2021
28.	Physical Education and NSS departments to celebrate International	International Yoga Day was celebrated on 21 June 2021 by NSS and Physical Education departments. One day online Webinar on "	21 st June 2021


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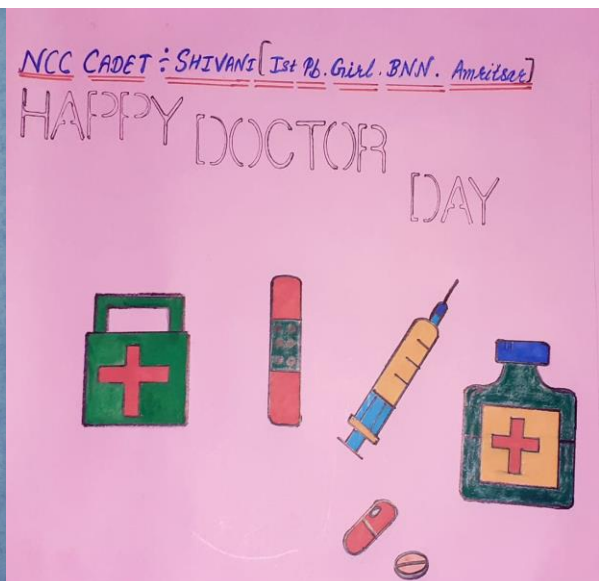
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	Yoga Day in collaboration with Isha Foundation.	Yoga for Immunity, Respiratory & Emotional well-Being” was organized in collaboration with Isha Foundation. From Isha Foundation Dr. Monica Gupta played active role in organizing this webinar and Miss Tayagini, Yoga expert was the moderator of this event	
29.	The students of NCC, NSS, Science departments to attend webinar on Anti-Drug campaign organized by Punjab Government.	The students of NCC, NSS, Science departments to attend webinar on Anti- Drug campaign organized by Punjab Government.	23 rd -24 th June 2021


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On Doctor's Day all the doctors of Civil Hospital Singhowal were honored by College staff members and NCC cadets on 1st July, 2020



**PG Dept. of Computer Science & IT Organized A Workshop on
“Google Classroom” for College Faculty by inviting Er. Manav
Mahajan, from ATECH, Gurdaspur on 20th July, 2020**



One week awareness campaign “Jagrukta Saptah” was organized by NSS Dept. against COVID-19 in collaboration with District Youth Services Gurdaspur on 29th Sept, 2020.



Exhibition cum sale of Karwa Thali & Mehndi stalls organized by Fashion Designing Dept. on the festival of Karwachauth in College premises on 3 Nov, 2020.



Exhibition cum sale of Diyas was organized by Fashion Designing Dept. on the occasion of Diwali on 13th Nov,2020.



Fit India Rally was organized To Promote Healthy Life Style During COVID Pandemic by NSS Dept. on 7th Dec,2020.



24th Cultural Program on Folk dances of different States to be organized on Dec , 2020.



Lohri festival was celebrated in the College campus on 13th Jan, 2021.



Hawan to be solemnized and students to be blessed to mark the Makar Sankranti festival and National Youth Day on 14th Jan, 2021.



National Girl Child Day was celebrated by NSS & Youth Welfare Dept on 24th January 2021 Mrs Rachna Sharma from Dept of Social Science, GNDU was the Eminent Speaker.



"World Cancer Awareness Day" was observed by NSS Department by inviting Dr. Ananya Babbar , a Famous Gynaecologist from Civil Hospital Gurdaspur on 4thFeb.,2021



International Women Day be Celebrated by organizing expert talk on 8th March, 2021.



A series of Hawan/Prayer and path has been planned by the staff of SDAM College for the well being of all during the 2nd wave of Covid -19 on 20th March 2021.



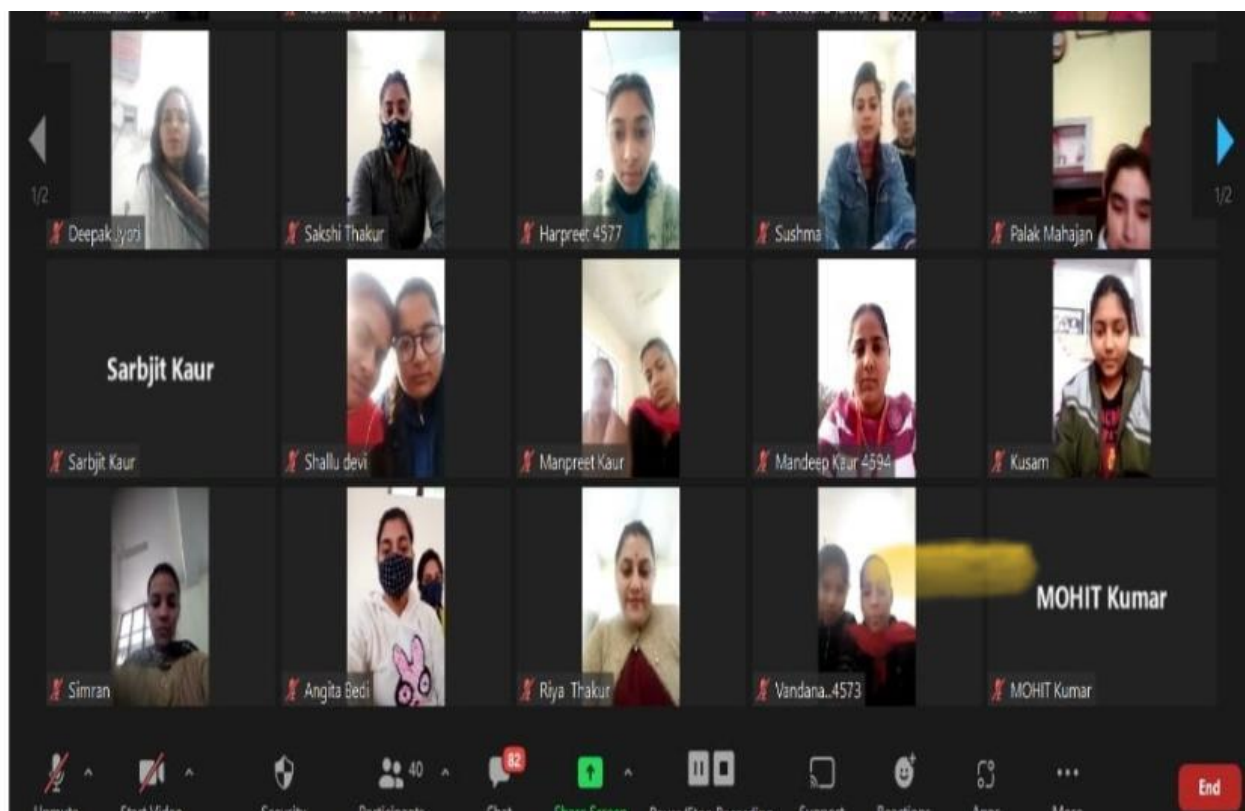
Tree plantation and Slogan writing Competition organized on Poshan Pakhwada on 25th March,2021.



One day National webinar on Legal Rights and Women Empowerment to be organized on 17 May 2021.



To organize Webinar on "Importance of Profession Ready Training And Placement Program"*In Clinical Research Pharma covigilance And Associated Domains on 31st May 2021.



PG department of Hindi organized an International Webinar on " Changing Scenario of life in Covid" on 2nd June 2021 . On this occasion participants from different states of India and abroad joined the webinar.

TC No. PUNBIL01272

दीनानगर

कोरोना काल में बदलते सामाजिक जीवन पर एक दिवसीय अंतरराष्ट्रीय वेबीनार का सफल आयोजन

विचार प्रवाह

दीनानगर 3 जुलाई 2021 को रावित दीनो आर्य ने 'अंतरराष्ट्रीय वेबीनार' का आयोजन किया। इस वेबीनार में अंतरराष्ट्रीय स्तर पर विभिन्न देशों के छात्रों और शिक्षकों ने भाग लिया। वेबीनार का विषय 'कोरोना काल में बदलते सामाजिक जीवन' था।

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RAAVI VOICE NEWS BUREAU CHIEF- SANDEEP KUMAR

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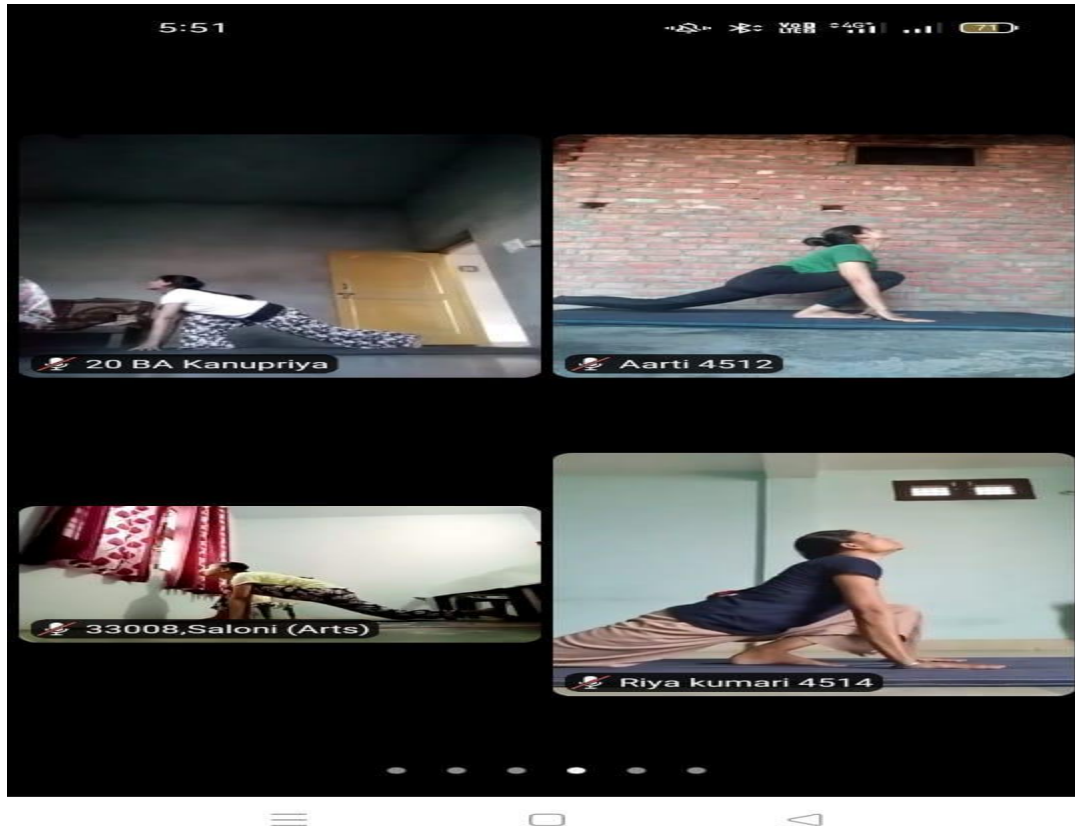
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Youth Welfare Dept. bagged Champions Trophy in an Online Inter-College Cultural Festival “Golden Spirits 2021” organised by S.L. BAWA DAV College, Batala on 17th June 2021



International Yoga Day was celebrated on 21 June 2021 by NSS and Physical Education departments. One day online Webinar on “Yoga for Immunity, Respiratory & Emotional well-Being” was organized in collaboration with Isha Foundation.





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Ref.No. 6895.A.SD/GEN

Dated.13-05-2024

Gender Sensitization Action Plan 2021-2022

SR. NO.	Programme to be organised	Name of The Programme	Date
1.	Orientation Programme to be organized	Orientation Program commenced for the new session.	13 th July 2021
2.	To make Mentor-Mentee groups for the new session	IQAC distributed the college students and assigned teachers and made Mentor-Mentee groups.	14 th July 2021
3.	Science, NSS, NCC and Red Cross departments to organize one day Covid-19 vaccination camp	Science, NSS, NCC & Red Cross departments organised one day Covid-19 vaccination camp on 7th August 2021.	7th August 2021
4.	Youth Welfare department to organize free workshop on folk dances under Punjab	Punjab Folk Art Centre, Gurdaspur is organising two week free workshop of Giddha and Sammi, (Folk Dances) of Punjab in collaboration with Shanti Devi Arya Mahila College Dinanagar, Punjab, under Scheme of performing Arts Ministry of Culture, Govt. of India.	9th August 2021


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	Folk Art Centre, Gurdaspur		
5.	International Youth Day to be celebrated	On International Youth Day, NCC Cadets visited the temple of Shaheed situated at Village Paniaar, near Gurdaspur. Cadets cleaned the temple and offered their gratitude with flowers. .	12 th August 2021
6.	To organize 3rd Vaccination Camp	NSS ,NCC and Red Cross Departments organized 3rd Vaccination Camp on 13th August, 2021. A team from Civil Hospital, Dinanagar visited the college campus. And more than 200 students were vaccinated.	13 August 2021
7.	Youth Welfare department and Post Graduate department of Punjabi to celebrate Teej Festival.	Youth Welfare and Post Graduate departments of Punjabi celebrated Teej Festival on 16th August 2021. Honourable Mrs. Aruna Chaudhary, Cabinet Minister, Punjab was the Chief Guest and honourable Mr. Ashok Chaudhary, senior Congress leader was the Guest of Honour. Honourable Mrs. Aruna Chaudhary inaugurated the Auditorium (with state of art facilities). Miss Teej Contest was conducted on this day	17 th August 2021
8.	PG department of Fashion Designing to organise Rakhi making competition	PG department of Fashion Designing organised Rakhi Making Competition and an exhibition cum sale for celebration of Raksha Bandhan Festival	21 st August 2021
9.	To receive honour of Green Champion Award by Mahatma Gandhi National Council and Ministry of Higher Education (MGNCRE), Govt. of India.	College was honoured with Green Champion Award by Mahatma Gandhi National Council and Ministry of Higher Education (MGNCRE), Govt. of India. The award is given by Deputy Commissioner, Mohammad Ishfaq to Principal Dr. Reena Talwar and NSS Programme Officers.	24 th August 2021

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10.	To Organize 'Teachers honouring Ceremony' by Bharat Vikas Parishad	On the occasion of Teacher's Day, Bharat Vikas Parishad, Dinanagar honoured teachers and students on 6th September, 2021 under the supervision of Niresh Tripathi. On this day, Principal Dr. Reena Talwar, Dr. Sushma Gupta, Dr. Kulwinder Kaur, Mrs. Sunita Verma and Mrs. Sangeeta Malhotra were honoured. Students who got First Position in GNDU, Miss Ruby, Miss Komalpreet, Miss Lisha Mahajan, Miss Ramanpreet and Miss Lovepreet were also honoured.	6 th September 2021
11.	Directorate of Youth Services Punjab in collaboration with Punjab State Aids Control Society Chandigarh to organize District Level Competitions of Red Ribbon Clubs.	Directorate of Youth Services Punjab in collaboration with Punjab State Aids Control Society Chandigarh organised District Level Competitions of Red Ribbon Clubs at Shanti Devi Arya Mahila College Dinanagar under the able guidance of Mr. Ravipal, Assistant Director, Youth Services Gurdaspur on 25 September 2021. Sh. Dalwinder Singh Dayalpuria, famous singer of Punjab and Mr. Honey Jhakku, Manager, PNB Jalandhar were invited as Guest of Honour and they also acted as Judges.	25 th September 2021
12.	To organise a seminar on the topic "Holistic Nourishment" to celebrate "National Nutrition Month"	Home Science & NSS departments in collaboration with Inner Wheel Club of Gurdaspur, organized a Seminar on the topic "Holistic Nourishment" to celebrate 'National Nutrition Month' on 29th September 2021. The esteemed speakers of day were Dr. Mrs. Vibha Sharma, a famous nutritionist and Ayurveda expert from Gurdaspur and Dr. Mrs. Gayatri Mahajan, owner of Fat To Fit Clinic and consultant dietician of MHS Pathankot.	29 th September 2021
13.	To organize Inaugural Hawan and Orientation programme	Inaugural Hawan organized at College Campus on 12th Oct., 2021. Swami Sadanand Ji, President, Mr. Dharam Indu Gupta, Secretary and Mrs. Namita Gupta along with other Managing Committee members were present in this Hawan. Principal Dr. Reena Talwar	13th October 2021

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		welcomed the new students and told them regarding the rules & regulations of college and also guided them to achieve their	
14.	To organize lecture on Girl Education.	Under the aegis of 'Guru Nanak Multiversity', Bhai Jaswinder Singh Khalsa initiated an EDUCATE PUNJAB PROJECT to sponsor girl education.	18th October 2021
15.	To organize workshop on "Networking"	PG department of Computer Science and IT organized workshop on "NetworkinG" Er. Manav Mahajan delivered a practical session on "Networking" in which he also shared his practical experiences with participants.	3rd November 2021
14.	To organize a webinar to observe the International Day for the Elimination of violence against women.	PG department of Political Science under the aegis of IQAC organized a webinar to observe the International Day for the Elimination of violence against women. Dr. Khushboo Mahajan Research Associate in Pol. Sci. Dept. from Punjab University was the main speaker.	25th November 2021
15.	ECO Club to organise students trip to Science City.	ECO Club organised students trip to Science City to make students aware of factual knowledge.	27th November 2021
16.	To organize COVID Vaccination Camp	COVID Vaccination Camp was organized at Main Dispensary, Dinanagar. 130 students got vaccinated in this camp under the supervision of Principal Dr. Reena Talwar	2nd December 2021
17.	Department of Psychology to organize webinar on the topic "Career Opportunities in"	Department of Psychology under the aegis of IQAC organized a webinar on the topic "Career Opportunities in Psychology". Dr. Zahoor Ahmed Lone, Assistant Professor, Dept. of Psychology, Lovely Professional University, Phagwara was the eminent speaker of the day.	4th December 2021

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	Psychology		
18.	PG department of Fashion Designing and Home Science to organize a workshop of Tie and Dye .	PG department of Fashion Designing and Home Science to organize a workshop of Tie and Dye .	6 th December 2021
19.	To organize "Cyber Security Awareness Campaign for staff and students.	PG department of Computer Science & IT organized "Cyber Security Awareness Campaign". This campaign has been started by UGC to aware the people in this digital India where we all are using digital services.	6 th December 2021
19.	To celebrate Human Rights Day.	PG department of Political Science under the aegis of IQAC organized an Essay writing competition on 10 th December 2021 to celebrate the Human Rights Day-the day on which the United Nations General Assembly adopted, in 1948, the Universal Declaration of Human Rights.	11 th December 2021
20.	Psychology Club To organize a session on "Psychological Testing".	The Psychology club "The Enlightened Minds" under the aegis of IQAC organized a session on "Psychological Testing" by Dr. Sonam Gupta.	11 th December 2021
21.	Department of Biotechnology to organize Educational trip to CSIR-IHBT Palampur	Department of Biotechnology organised an educational trip to CSIR-IHBT Palampur 1. Mrs. Mamta Kashiv and Ms. Gurpriya Saini of Biotech. department accompanied the students.	12 th December 2021
22.	To organise a webinar on "Sexual Harassment of Women at Workplace": Prevention,	Dr. Ambedkar studies Centre organised a webinar on "Sexual Harassment of Women At Workplace": Prevention, Prohibition and Redressal .Mrs Navdeep Kaur Gill, Secretary, District Legal Services Authority, Gurdaspur and Advocate Prabhdeep Singh Sandhu, Member District Legal Services Authority Gurdaspur were the	13 th December 2021

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	Prohibition and Redressal.	mainspeakersofthisWebinar	
23.	NSS Department to organize Online webinar on Swami Vivekanand Ji's life to celebrate National Youth Day.	NSS Department organised an online webinar on Swami Vivekanand Ji's life and his Contribution for Society to celebrate National Youth Day on 12 January 2022. Dr Anjana Malhotra from Political Science Department was the mainspeaker.	12 th January 2022
24.	NSS department to celebrate "National Girl Child Day"	NSS department celebrated "National Girl Child Day" through online medium under the able guidance of Principal Dr. Reena Talwar.	24 th January 2022
25.	Career Guidance Cell to organize a career guidance event.	Career Guidance Cell organized a career guidance event for the students. The aim of the event was to guide the students from various streams to overcome wide variety of confusions, issues and provide ultimate guidance to take them to their ultimate goal.	27 th January 2022
26.	NSS department and Buddy group to organise Covid vaccination camp	After a series of so many successful ventures, the NSS department and Buddy group organised one more vaccination camp in college campus. In this programme, mainly the students between 15 to 18 years of age participated and got vaccination dose. More than 65 students got first dose and few others got second dose.	27 th January 2022
28.	To celebrate "World Cancer Day"	Science department celebrated "World Cancer Day". The theme of World Cancer Day 2022 is "Close the Care Gap". On this day students participated in poster and slogan making competitions.	4 th February 2022
29.	To organize Self Defence classes by Mr. Gurwant Singh,	NSS Department organized Self Defence Classes for 250 Volunteers during 7 days camp under the supervision of expert in Martial Art and Black Belt Mr. Gurwant Singh,	12 th February

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30.	To organize First Aid & Home Nursing Training	NSS & Red Ribbon Club organized 2 days First Aid & Home Nursing Traing by inviting Mr. Rajeev Kumar , Secretary, Dist. Red Cross Society Gurdaspur.	14 th February
31.	To organize Meditation Session of ART OF LIVING	NSS Department organized 2 Days ART OF LIVING Session by inviting instructor from Gurdaspur. Mr. Shailender Mahant	15 th February
32.	To organize workshop of Textile Printing & Cooking for women in adopted village Tangoshah	Fashion Designing Dept. organized workshop of BlockPrinting, Stencil Printing and Tie &Dye and Home Science Dept. organized workshop on Food Presevation for women in adopted village Tangoshah	16 th February
33.	To celebrate International Women'sDay.	N.S.S department organized workshop on Women Entrepreneurship and Skill Development to celebrate International Women's Day . The speakers during this workshop, were,Mrs. Ranjit Kaur (Managing Director Waheguru Kripa Self Help Group), Mrs. Sunita Sharma (ownerl , Classic Beauty Parlour and Institute), Mrs. Milan Mahajan (Healthand Wellness Consultant)	8 th March 2022
34.	'Teacher Award Ceremony' tobe organized.	'Teacher Award Ceremony' was organised in the capacious auditorium. Professor Lakshmikanta Chawla, Former Cabinet Minister Punjab,Senior BJP leader graced the occasionas the chief guest. During this event, 20 Principals and 100 Teachers of Schools were honoured with mementos.	12 th March 2022
35.	To organize a seminar on "Consumer Rights" to celebrate 'World Consumer Rights Day'.	Post Graduate departments of Economics and Commerce, organised a seminar on "Consumer Rights" to celebrate 'World Consumer Rights Day'. Advocate MrSatyan Khajuria and Advocate Ms. HarpreetKaurwere the eminentspeakers	15 th March 2022

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36.	To organize an "Entrepreneurship Awareness Programme"	MSME Development Institute Ludhiana under Ministry of MSME Government of India organised "Entrepreneurship Awareness Programme" for educated unemployed youth. Ministry of MSME has planned to organise such programs under "One District One College" scheme and the ministry has chosen Shanti Devi Arya Mahila College..	21 st March 2022
37.	To observe "World TB Day".	N.S.S. & Science departments observed "World TB Day" by organizing declamation contest on the Theme of World TB Day 2022 was 'Invest to End TB. Save Lives'	24 th March 2022
38.	Red Ribbon Club to organize a 'Nukkad Natak'.	Red Ribbon Club organised a "Nukkad Nataka" named as "Vehngi" performed by renowned "Red Arts Theatre Group" which was staged on 31 st March on the topic "Importance of Teachers and Education". These performers are on the mission to make a bridge between students and teachers	31 st March 2022
39.	To organize workshop on "Personality Development"	Post Graduate department of Computer Science and IT and Placement Cell organized a workshop on "Personality Development". Ms. Pallavi Nayyar (Project Manager) and Ms. Kamna Jaryal (Business Development Manager) from Rozgar Map, SPRN Entrepreneurs private limited company, were the eminent speakers of the two sessions of	5 th April 2022
40.	To celebrate 'World Health Day'.	N.S.S., N.C.C., Red Ribbon Club, Red Cross, Youth Welfare Departments celebrated "World Health Day" under Ek Bharat Shreshtha Bharat (EBSB) programme, and organized a Blood Donation camp which was sponsored by Red Cross Society Gurdaspur	7 th April 2022
41.	PG department of English to organize College Mandeer	PG department of English under "Ek Bharat Shreshtha Bharat Club" organised an entertaining show with "College Mandeer" on 17 th May, 2022. The show College Mandeer was entertaining one and broadcasted both on television and YouTube.	17 th May 2022

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42.	PG department of Hindi to organize an International Webinar on "Changing Scenario of life in Covid"	. PG department of Hindi organized an International Webinar on "Changing Scenario of life in Covid"	2nd June 2022
43.	To organize self-grooming classes	Cosmetology Dept. organized 7 Days Self Grooming Classees to enhance self - beautification. .Mrs. Sonia gave tips on Makeup, Hair Styles and skin care.	20 th June 2022
44.	To celebrate International Yoga Day	International Yoga Day was celebrated by NSS and Physical Education departments.	21 st June 2022
46.	Youth Welfare Dept. to organize Workshop on Folk Dances	A summer workshop was organized by Youth Welfare Dept. in collaboration with Punjab Folk Art Centre Gurdaspur.	23- June 2022

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REPORT OF ACTIVITIES UNDER GENDER SENSITIZATION PLAN 2021-22

Hawan and Orientation Program commenced for the new session on 13th July 2021



IQAC assigned teachers and made Mentor-Mentee groups on 14th July 2021



Science, NSS, NCC & Red Cross departments organized one day Covid-19 vaccination camp on 7th August 2021



ਸ਼ਾਂਤੀ ਦੇਵੀ ਆਰੀਆ ਮਹਿਲਾ ਕਾਲਜ ਦੀਨਾਨਗਰ ਚ ਲਗਾਏ ਗਏ ਵੈਕਸੀਨੇਸ਼ਨ ਕੈਂਪ ਦੌਰਾਨ ਟੀਕਾਕਰਨ ਕਰਦੇ ਹੋਏ ਸਿਹਤ ਵਿਭਾਗ ਦੀ ਟੀਮ ਅਤੇ ਹਾਜਰ ਕਾਲਜ ਸਟਾਫ ਤੇ ਵਿਦਿਆਰਥਣਾਂ।

ਸ਼ਾਂਤੀ ਦੇਵੀ ਕਾਲਜ 'ਚ ਵੈਕਸੀਨੇਸ਼ਨ ਕੈਂਪ ਲਾਇਆ

ਸ਼ਾਮ ਸਿੰਘ ਘੁੰਮਣ, ਦੀਨਾਨਗਰ : ਸ਼ਾਂਤੀ ਦੇਵੀ ਆਰੀਆ ਮਹਿਲਾ ਕਾਲਜ ਦੀਨਾਨਗਰ ਵਿਖੇ ਵੈਕਸੀਨੇਸ਼ਨ ਕੈਂਪ ਲਗਾਇਆ ਗਿਆ। ਕਾਲਜ ਦੇ ਸਾਇੰਸ, ਐਨਸੀਸੀ ਤੇ ਐਨਐਸਐਸ ਵਿਭਾਗ ਵੱਲੋਂ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਰੀਨਾ ਤਲਵਾੜ ਦੀ ਅਗਵਾਈ ਹੇਠ ਸਿਹਤ ਵਿਭਾਗ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਲਗਾਏ ਗਏ ਕੈਂਪ ਦੌਰਾਨ 100 ਦੇ ਕਰੀਬ ਵਿਦਿਆਰਥਣਾਂ,

ਟੀਚਿੰਗ ਸਟਾਫ ਅਤੇ ਨਾਨ ਟੀਚਿੰਗ ਸਟਾਫ ਦੀ ਨੂੰ ਵੈਕਸੀਨ ਲਗਾਈ ਗਈ। ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਰੀਨਾ ਤਲਵਾੜ ਨੇ ਕਿਹਾ ਕਿ ਕਰੋਨਾ ਸੰਕਟ ਦੇਸ਼ ਸਾਹਮਣੇ ਇਕ ਬਹੁਤ ਵੱਡੀ ਚੁਣੌਤੀ ਹੈ ਅਤੇ ਅਸੀਂ ਇਸ ਚੁਣੌਤੀ ਦਾ ਤਾਂ ਹੀ ਸਾਹਮਣਾ ਕਰ ਸਕਾਂਗੇ ਜੇਕਰ ਅਸੀਂ ਸਾਰੇ ਰਲ ਕੇ ਸਰਕਾਰ ਦੀਆਂ ਹਦਾਇਤਾਂ ਦਾ ਪਾਲਣ ਕਰੀਏ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਹੁਣ ਜਦੋਂ ਕਰੋਨਾ

ਦੀ ਤੀਸਰੀ ਲਹਿਰ ਦਾ ਖਤਰਾ ਵੀ ਮੰਡਰਾ ਰਿਹਾ ਹੈ ਤਾਂ ਲੋਕਾਂ ਨੂੰ ਬਿਨਾਂ ਕਿਸੇ ਦੇਰੀ ਦੇ ਵੈਕਸੀਨ ਜ਼ਰੂਰ ਲਗਵਾ ਲੈਣੀ ਚਾਹੀਦੀ ਹੈ। ਇਸ ਮੌਕੇ ਸਿਹਤ ਵਿਭਾਗ ਦੀ ਟੀਮ ਵਿਚ ਨਰਸਿੰਗ ਫੋਰ ਤੇ ਬਲਵਿੰਦਰ ਕੌਰ ਏਐਨਐਮ, ਸੁਮਿਤ ਮਹਾਜਨ ਬੀਐਲਓ, ਰਿਤਿਕਾ ਸ਼ਰਮਾ ਐਟਰਨੀ ਓਪਰੇਟਰ ਅਤੇ ਕਾਲਜ ਦਾ ਸਟਾਫ ਵੀ ਮੌਜੂਦ ਸੀ।

Youth Welfare department organized free workshop on folk dances under Punjab Folk Art Centre, Gurdaspur on 9th August 2021

Free Training Specially For All First Year Students of Degree Classes Batch 2021

Punjab Folk Art Centre, Gurdaspur

Organizes

GIDDHA & SAMMI WORKSHOP

Under the Scheme of Performing Arts
(Ministry of Culture, Govt. of India)

In Collaboration with
SHANTI DEVI ARYA MAHILA COLLEGE, DINANAGAR

Start from 02nd August, 2021

Please join the following WhatsApp group to learn Punjabi Folk Arts.
Avail the Free advantages . Limited seats.

WhatsApp Group <https://chat.whatsapp.com/l6q8sSLgFBgCY58tIbtLjZ>

एसडीएम कॉलेज में गिद्धा व सम्मी प्रशिक्षण की वर्कशॉप शुरू

रजिंदर सैनी
दीनानगर 8 अगस्त। स्थानीय शांति देवी आर्य महिला कॉलेज में भारत सरकार के मिनिस्ट्री आफ कल्चर की परफॉर्मिंग आर्ट स्क्रीम के तहत पंजाब आर्ट सेंटर गुरदासपुर और कॉलेज के युवा भलाई विभाग के संयुक्त सहयोग से पंजाब के प्रसिद्ध लोक नाच, गिद्धा



और सम्मी के प्रशिक्षण के लिए 15 दिवसीय वर्कशॉप का आयोजन किया जा रहा है। जिसका मुख्य उद्देश्य युवा वर्ग को भारतीय संस्कृति के साथ जोड़कर उन्हें अपनी पुरातन विरासत के साथ जोड़ना है। ताकि युवा पीढ़ी अपनी विरासत के साथ जुड़ी रहे। इस अवसर पर पंजाब फोक आर्ट सेंटर गुरदासपुर के

अध्यक्ष हरमंजीत सिंह, प्रिं डॉ रीना तलवार, युवक भलाई विभाग की डीन डॉ कुलविंदर कौर छीना, कोऑर्डिनेटर दीपक ज्योति, कोच मिस काजल तथा जीवन सहित वर्कशॉप में भाग ले रहे विद्यार्थी उपस्थित थे।

रावी वॉयस
www.raavivoice.com

International Youth Day was celebrated by NCC Dept. by paying Homage to Statue of Martyrs on 12th August 2021



**Youth Welfare department and Post Graduate department of Punjabi
celebrated Teej Festival on 17th August 2021**





PG department of Fashion Designing organized Rakhi Making Competition and an exhibition cum sale for celebration of Raksha Bandhan Festival on 21st August 2021



College received honor of Green Champion Award by Mahatma Gandhi National Council and Ministry of Higher Education (MGNCRE), Govt. of India under ONE DISTRICT ONE GREEN CHAMPION CAMPAIGN on 24th August 2021



**‘Teachers honouring Ceremony’ was organized by Bharat Vikas Parishad.
6th September 2021**





Directorate of Youth Services Punjab in collaboration with Punjab State AIDS Control Society Chandigarh organized District Level Competitions of Red Ribbon Clubs on 25th September 2021



A Seminar was organized by Home Science Dept. on the topic "Holistic Nourishment" to celebrate "National Nutrition Month on 29th September 2021



शांति देवी आर्य महिला कॉलेज में पोषण माह के तहत सेमिनार का करवाया आयोजन

सेमिनार

पोषक भोजन और स्वस्थ जीवन शैली अपनाने की दी प्रेरणा

स्टेट समाचार/दीनानगर/रवि रायचाल

शांति देवी आर्य महिला कॉलेज दीनानगर में होम साइंस तथा एनएसएस विभागों द्वारा इनरव्हेल क्लब गुरुदासपुर के सहयोग से प्रिंसिपल डॉ रीना तलवार की अध्यक्षता में पोषण अभियान के अंतर्गत पोषण माह मनाया गया।

होलिस्टिक न्यूट्रिशन विषय पर करवाए गए इस सेमिनार में मुख्य वक्ता के तौर पर गुरुदासपुर की डॉक्टर विभा शर्मा तथा पठनकोट से डाइटिशियन गायत्री महाजन ने अपने विचार छात्रों के समक्ष रखे। होम साइंस विभाग की अध्यक्ष मिस संगीता मल्होत्रा ने मंच का संचालन करते हुए पोषण अभियान का महत्व बताया तथा



इसके मिशन के तहत भारत को 2022 तक कुपोषण मुक्त करने के लिए सरकार के प्रयासों से अवगत करवाया। प्रिंसिपल डॉ रीना तलवार ने छात्रों को संबोधित करते हुए उन्हें सात्विक भोजन ग्रहण करने के लिए

कहा तथा भोजन बनाते समय मन में भक्ति भाव रखने के लिए प्रेरित किया। उन्होंने बताया कि 'जैसा खाए अन्न वैसा होगा मन' पंक्ति का बहुत ही सुंदर शब्दों में उल्लेख किया। डॉक्टर विभा शर्मा ने पोष्टिक भोजन तथा एक स्वस्थ

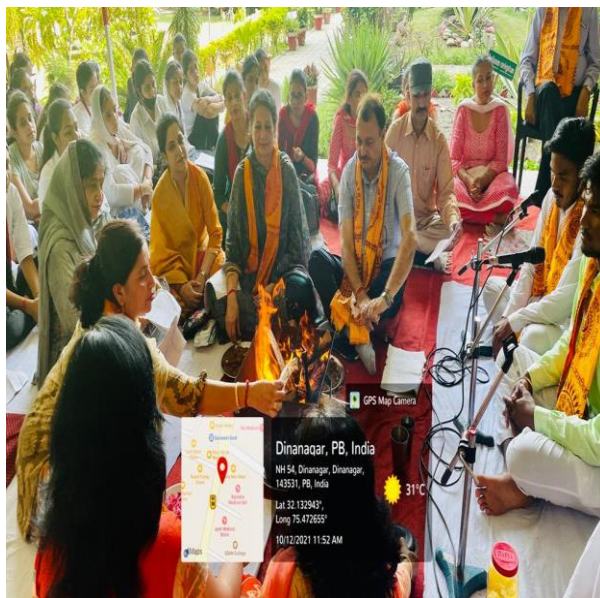
जीवनशैली अपनाने के लिए प्रेरणा दी तथा घर में पका हुआ भोजन खाने की सलाह दी तथा भोजन में फल सब्जियों और तेल वाले बीज तथा दूध दही को मुख्य तौर पर शामिल करने के लिए सुझाव दिए। डाइटिशियन मिस्टर गायत्री महाजन ने नौजवान लड़कियों में अक्सर पाई जाने वाली समस्या पीकोर्ड जोकि महावारी के साथ संबंधित है उस पर रोशनी डालते हुए कहा कि इस समस्या का इलाज हमारे भोजन में ही छिपा है।

उन्होंने छात्रों को सही समय पर गुणवत्ता से भरपूर भोजन करने की सलाह दी और साथ-साथ जंक फूड से दूर रहने के लिए कहा छात्रों ने छात्रों की समस्याओं को सुनते हुए उस पर गंभीरता से विचार पेश किए

छा इस अवसर पर इनव्हेल क्लब की प्रधान मिस सुनीता शर्मा, पूर्व प्रधान मिस रेनु अग्रवाल, मिस पुनम मिश्र, उपप्रधान मिस दीप्ति अग्रवाल ने मुख्य तौर पर हिस्सा लिया तथा क्लब की तरफ से डॉ रीना तलवार तथा दोनों वक्ताओं को क्लब का स्मृति चिन्ह भेंट किया।

प्रिंसिपल रीना तलवार ने कालेज का स्मृति चिन्ह भेंट करते हुए इन व्हीलर क्लब की प्रधान का धन्यवाद किया तथा भविष्य में भी ऐसे प्रोग्रामों के लिए सहयोग देने के लिए बचनबद्ध किया छा इस प्रोग्राम में एनएसएस विभाग के प्रोग्राम ऑफिसर डॉ सुषमा गुप्ता, मिस सुनीता वर्मा, मिस दीपक ज्योति, मिस ज्योति सेनी, डॉ उमेश, पुनम महाजन तथा मीनल गुप्ता ने भाग लिया।

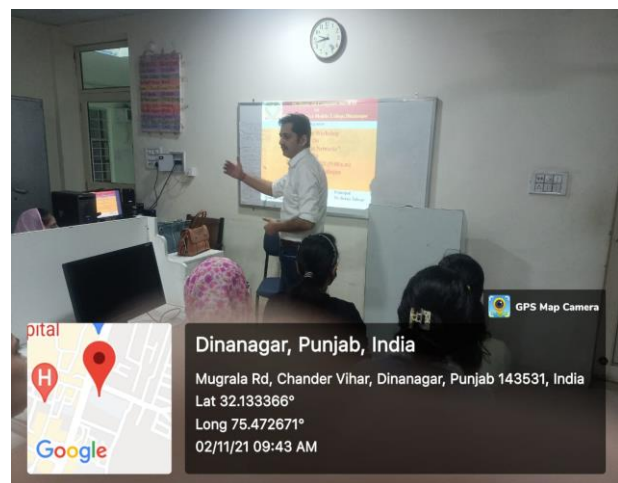
Sanskrit Dept. of College organized Hawan to bless the students on 13th October 2021-




Under the aegis of 'Guru Nanak Multiversity', Bhai Jaswinder Singh Khalsa initiated an EDUCATE PUNJAB PROJECT to sponsor girl education. on 18th October 2021



PG department of Computer Science and IT organized 2 Days workshop on "Networking" Er. Manav Mahajan delivered a practical session on "Networking" on 3rd November 2021



Political Science Dept. organized a webinar speaker on 25th November 2021 to observe the International Day for the Elimination of violence against women. Dr. Khushboo Mahajan Research Associate in Pol. Sci. Dept. from Punjab University was the main speaker



PG Department of Political Science
(under the aegis of IQAC)
of
Shanti Devi Arya Mahila College, Dinanagar
Organizes

Online Extension Lecture
on
"Elimination of Violence against Women"
on
25th November, 2021.
(12:00 p.m)

Zoom Link:- <https://us02web.zoom.us/j/6470599252>

Co-Ordinator
Mrs. Randeep Dhoot
Head of Political Science Deptt.

Speaker of the day
Dr. Khushboo Mahajan
Panjab University, Chandigarh

Principal
Dr. Reena Talwar

ਚੜ੍ਹਦੀਕਲਾ 5/12

ਸ਼ਾਂਤੀ ਦੇਵੀ ਕਾਲਜ 'ਚ ਔਰਤਾਂ 'ਤੇ ਹੋਣ ਵਾਲੀ ਹਿੰਸਾ ਦਾ ਖਾਤਮਾ ਵਿਸ਼ੇ 'ਤੇ ਸੈਮੀਨਾਰ



ਚੀਨਾ ਨਗਰ, 27 ਨਵੰਬਰ (ਭਾ. ਭੋਮ ਸਰੋਗਤ) : ਸਥਾਨਕ ਸ਼ਾਂਤੀ ਦੇਵੀ ਆਰੀਆ ਮਹਿਲਾ ਕਾਲਜ ਦੇ ਪੋਸਟ ਗਰੈਜੂਏਟ ਰਾਜਨੀਤੀ ਵਿਭਾਗ ਵੱਲੋਂ ਔਰਤਾਂ ਤੇ ਹੋਣ ਵਾਲੀ ਹਿੰਸਾ ਦਾ ਖਾਤਮਾ ਵਿਸ਼ੇ ਨੇ ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਤਲਵਾਰ ਦੀ ਪ੍ਰਧਾਨਗੀ ਅਤੇ ਵਿਭਾਗ ਮੁਖੀ ਪ੍ਰੋ. ਰਣਦੀਪ ਧੂਤ ਦੀ ਦੇਖ-ਰੇਖ ਅਤੇ ਪ੍ਰਬੰਧਾ ਅਧੀਨ ਸੈਮੀਨਾਰ ਕਰਵਾਇਆ ਗਿਆ।

ਕਾਲਜ ਦੀ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਰੀਨਾ ਤਲਵਾਰ ਨੇ ਇਸ ਮੌਕੇ ਮੁੱਖ ਵਕਤਾਬ : ਖੁਸ਼ਬੂ ਮਹਾਜਨ, ਪੰਜਾਬ ਯੂਨੀਵਰਸਿਟੀ ਚੰਡੀਗੜ੍ਹ ਦਾ ਸਵਾਗਤ ਕਰਦੇ ਹੋਏ ਇਸ ਵਿਸ਼ੇ ਤੇ ਬੋਲਦਿਆਂ ਹੋਇਆ ਕਿਹਾ ਕਿ ਔਰਤਾਂ ਨੂੰ ਘਰੇਲੂ ਹਿੰਸਾ ਤੋਂ ਬਚਣ ਲਈ ਇਸ ਸਬੰਧੀ ਕਾਨੂੰਨਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਰੱਖਣੀ ਚਾਹੀਦੀ ਹੈ, ਤਾਂ ਕਿ ਉਹ ਅਜਿਹੇ ਸਮਾਜਿਕ ਮੱਦੇ ਵਰਤਾਰਿਆਂ ਤੋਂ ਬਚ ਸਕਣ।

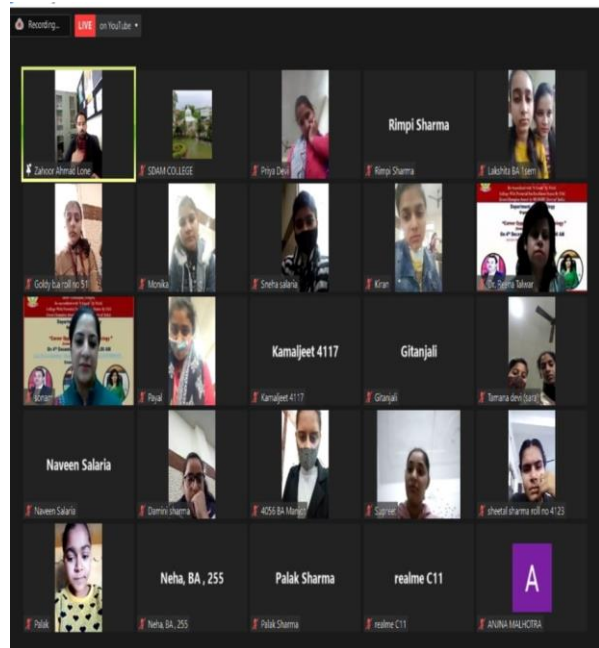
ਮੁੱਖ ਵਕਤਾਬ ਡਾ. ਖੁਸ਼ਬੂ ਮਹਾਜਨ ਨੇ ਔਰਤਾਂ ਪ੍ਰਤੀ ਹੋਣ ਵਾਲੀ ਹਿੰਸਾ ਦੇ ਵੱਖ ਵੱਖ ਪਹਿਲੂਆਂ ਬਾਰੇ ਵਿਸਥਾਰ ਪੂਰਵਕ ਜਾਣਕਾਰੀ ਦਿੱਤੀ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਇਸ ਬੁਰਾਈ ਲਈ ਪਰੰਪਰਾਗਤ ਰੂੜੀਵਾਦੀ ਧਾਰਾਵਾਂ ਜੋ ਹਮੇਸ਼ਾਂ ਔਰਤ ਨੂੰ ਸਮਾਜ ਵਿੱਚ ਦੂਜੇ ਸਥਾਨ ਦਿੰਦੀਆਂ ਅਤੇ ਉਸ ਦੇ ਹੱਕਾਂ ਤੇ ਉਸ ਨੂੰ ਵਾਧਾ ਰੱਖਦੀਆਂ ਰਹੀਆਂ, ਜ਼ਿੰਮੇਵਾਰ ਹਨ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਔਰਤਾਂ ਨੂੰ ਚਾਹੀਦਾ ਹੈ ਕਿ ਉਹ ਆਪਣੇ ਹੱਕਾਂ ਪ੍ਰਤੀ ਜਾਗਰੂਕ ਹੋਵੇ ਅਤੇ ਆਪਣੇ ਹੱਕਾਂ ਪ੍ਰਤੀ ਸੰਘਰਸ਼ ਸ਼ੀਲ ਹੋਵੇ। ਇਸ ਸੈਮੀਨਾਰ 'ਚ ਡਾ. ਖੁਸ਼ਬੂ ਮਹਾਜਨ, ਪ੍ਰੋ. ਸੋਨੀਤਾ ਮਲਹੋਤਰਾ, ਡਾ. ਅੰਜਨਾ ਮਲਹੋਤਰਾ, ਮਨਵਿੰਦਰਾ ਬਾਜਵਾ ਆਦਿ ਹਾਜ਼ਰ ਸਨ। ਇਸ ਪ੍ਰੋਗਰਾਮ ਨੂੰ ਵਧੀਆ ਢੰਗ ਨਾਲ ਚਲਾਉਣ ਲਈ ਤਕਨੀਕੀ ਮਾਹਿਰਾਂ ਦੀਪਕ ਜੌਤੀ ਅਤੇ ਪ੍ਰਿਯੰਕਾ ਨੇ ਵੀ ਅਹਿਮ ਭੂਮਿਕਾ ਨਿਭਾਈ।



COVID Vaccination Camp for Booster Dose was organized on 2nd December 2021-



Department of Psychology organized webinar on the topic "Career Opportunities in Psychology on 4th December 2021 Eminent Speaker was Dr. Zahoor Ahmed from Psychology Dept. of Lovely University.



PG department of Fashion Designing and Home Science to organize a workshop of Tie and Dye on 6th December 2021



P.G. Dept. Of Computer Science & IT organized Poster Making Competition under "Cyber Security Awareness Campaign to aware staff and students on 6th December 2021-



Psychology Club organized a session on "Psychological Testing" by Dr. Sonam Gupta on 11th December 2021



Department of Biotechnology organized Educational trip to CSIR-IHBT Palampur on 12th December 2021



Dr. Ambedkar studies Centre organised a webinar on "Sexual Harassment of Women At Workplace": Prevention, Prohibition and Redressal Mrs Navdeep Kaur Gill, and Advocate Prabhdeep Singh Sandhu, Member District Legal Services Authority Gurdaspur were the eminent speakers on 13th December 2021

ਸ਼ਾਂਤੀ ਦੇਵੀ ਕਾਲਜ ਚ ਡਾ. ਅੰਬੇਡਕਰ ਸਟੱਡੀ ਸੈਂਟਰ ਦੁਆਰਾ ਜਿਨਸੀ ਸੋਸ਼ਣ ਹਰਾਸਮੈਂਟ ਤੇ ਸੈਮੀਨਾਰ ਕਰਵਾਇਆ

ਦੀਨਾਨਗਰ/ਡਾ.ਰਮੇਸ਼ ਸਰਗਲ
ਸ਼ਾਂਤੀ ਦੇਵੀ ਕਾਲਜ ਦੀਨਾਨਗਰ
ਡਾ. ਅੰਬੇਡਕਰ ਸਟੱਡੀ ਸੈਂਟਰ ਦੁਆਰਾ
ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਗੀਨਾ ਤਲਵਾੜ ਦੀ
ਪ੍ਰਧਾਨਗੀ ਹੇਠ ਵਰਕਸਪੇਸ 'ਤੇ ਔਰਤਾਂ
ਦੇ ਜਿਨਸੀ ਸੋਸ਼ਣ 'ਤੇ ਵੈਬੀਨਾਰ
ਕਰਵਾਇਆ ਗਿਆ। ਜਿਲ੍ਹਾ ਕਾਨੂੰਨੀ
ਸੇਵਾਵਾਂ ਅਥਾਰਟੀ ਗੁਰਦਾਸਪੁਰ ਸੀਮਤੀ
ਡਾ. ਨਵਦੀਪ ਕੌਰ ਗਿੱਲ ਅਤੇ ਡਾ.
ਐਲਐਸਏ ਦੇ ਮੈਂਬਰ ਐਡਵੋਕੇਟ ਪ੍ਰਭਦੀਪ
ਸਿੰਘ ਸੰਧੂ ਇਸ ਵੈਬੀਨਾਰ ਦੇ ਮੁੱਖ ਬੁਲਾਰੇ
ਸਨ। ਸੀਮਤੀ ਨਵਦੀਪ ਕੌਰ ਗਿੱਲ ਨੇ
ਜਿਨਸੀ ਸੋਸ਼ਣ ਸਬੰਧੀ ਕਾਨੂੰਨੀ
ਵਿਵਸਥਾਵਾਂ ਬਾਰੇ ਦੱਸਦਿਆਂ ਕਿਹਾ ਕਿ
ਜੇਕਰ ਕੰਮ ਵਾਲੀ ਥਾਂ 'ਤੇ ਕਿਸੇ ਨਾਲ
ਕੋਈ ਅਸਲੀਲ ਵਿਵਹਾਰ ਹੁੰਦਾ ਹੈ ਜਾਂ
ਉਸ ਨੂੰ ਅਸਲੀਲ ਨਜ਼ਰੀਏ ਨਾਲ ਦੇਖਿਆ
ਜਾਂਦਾ ਹੈ ਜਾਂ ਵਿਤਕਰਾ ਕੀਤਾ ਜਾਂਦਾ ਹੈ
ਤਾਂ ਕਾਨੂੰਨ ਵਿੱਚ ਅਜਿਹੀਆਂ
ਵਿਵਸਥਾਵਾਂ ਹਨ ਤਾਂ ਜੋ ਔਰਤਾਂ ਨੂੰ
ਸੁਰੱਖਿਆ ਪ੍ਰਦਾਨ ਕੀਤੀ ਜਾਵੇ ਅਤੇ
ਦੋਸੀਆਂ ਨੂੰ ਸਜ਼ਾਵਾਂ ਦਿੱਤੀਆਂ ਜਾ
ਸਕਣ, ਉਨ੍ਹਾਂ ਜਿਨਸੀ ਸੋਸ਼ਣ ਐਕਟ
2013 ਦੀਆਂ ਧਾਰਾਵਾਂ ਬਾਰੇ ਵਿਸਥਾਰ
ਸਹਿਤ ਦੱਸਿਆ ਅਤੇ ਵਿਦਿਆਰਥਣਾਂ ਨੂੰ
ਆਪਣੇ ਦਫਤਰ ਦਾ ਪਤਾ ਦਿੰਦਿਆਂ ਕਿਹਾ
ਕਿ ਜੇਕਰ ਉਨ੍ਹਾਂ ਨੂੰ ਕੋਈ ਸਮੱਸਿਆ ਆਉਂਦੀ
ਹੈ ਤਾਂ ਵਿਦਿਆਰਥਣਾਂ ਮੇਡਮ ਨਵਦੀਪ ਨਾਲ ਜਾ
ਕੇ ਆਪਣੀ ਸਹਿਯੋਗ ਦਰਜ ਕਰਵਾ ਸਕਦੇ ਹੋ
ਅਤੇ ਸਲਾਹ ਲੈ ਸਕਦੇ ਹੋ। ਇਸ ਤੋਂ ਬਾਅਦ ਐਡਵੋਕੇਟ
ਪ੍ਰਦੀਪ ਸਿੰਘ ਨੇ ਭਾਰਤੀ ਸੰਵਿਧਾਨ ਅਤੇ ਇੰਡੀਅਨ



ਰੋਜ਼ਾਨਾ
ਲੋਕ ਬਾਣੀ

ਪੀਨਲ ਕੋਡ ਦੀਆਂ ਕਈ ਧਾਰਾਵਾਂ ਬਾਰੇ
ਦੱਸਦਿਆਂ ਕਿਹਾ ਕਿ ਭਾਰਤ ਸਰਕਾਰ
ਲਈ ਔਰਤਾਂ ਦੀ ਸੁਰੱਖਿਆ ਸਭ ਤੋਂ
ਵੱਡੀ ਗੱਲ ਹੈ ਅਤੇ ਇਸ ਲਈ ਕਈ ਕਾਨੂੰਨ ਬਣਾਏ
ਗਏ ਹਨ, ਜਿਨ੍ਹਾਂ ਨੂੰ ਫੋਲਾਉਣ ਦੀ ਲੋੜ ਹੈ।
ਜਾਗਰੂਕਤਾ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਗੀਨਾ ਤਲਵਾੜ ਨੇ ਇਸ
ਮੌਕੇ ਬੋਲਦਿਆਂ ਕਿਹਾ ਕਿ ਭਾਰਤੀ ਸੰਸਕ੍ਰਿਤੀ 'ਚ

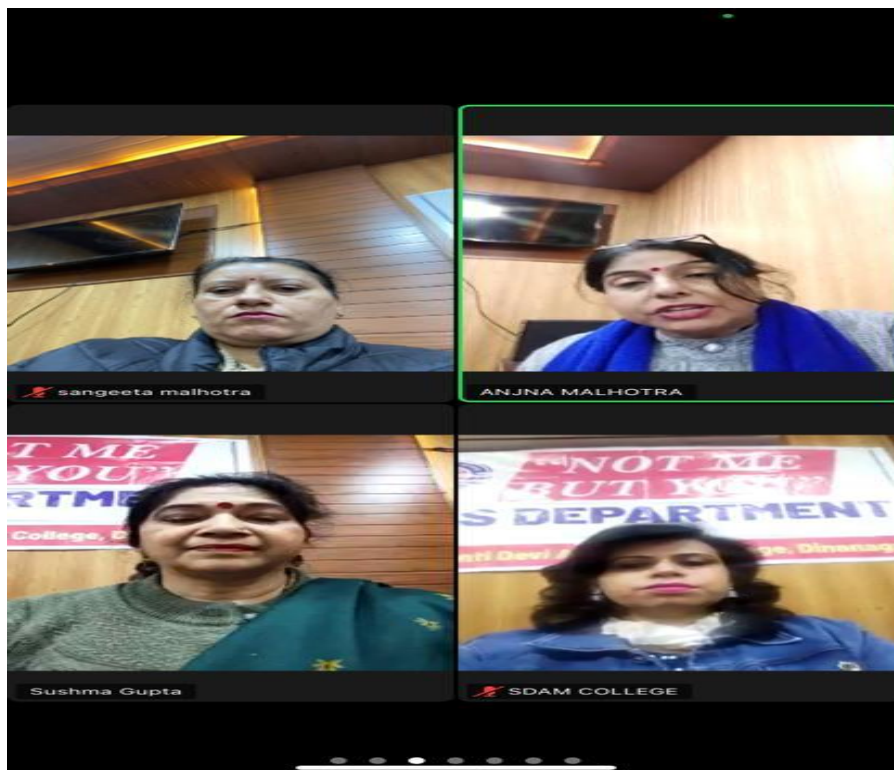
ਔਰਤਾਂ ਦਾ ਬਹੁਤ ਵੱਡਾ ਸਥਾਨ ਹੈ
ਪਰ ਅੱਜ ਦੇ ਆਧੁਨਿਕ ਯੁੱਗ 'ਚ ਉਨ੍ਹਾਂ
ਨੂੰ ਖੇਤਰ 'ਚ ਕੰਮ ਕਰਦੇ ਸਮੇਂ ਕਈ
ਸਮੱਸਿਆਵਾਂ ਦਾ ਸਾਹਮਣਾ ਕਰਨਾ
ਪੈ ਰਿਹਾ ਹੈ। ਮੀ. ਟੂ ਮੁਹਿੰਮ ਵੀ ਇਸੇ
ਸਮੱਸਿਆ ਨੂੰ ਉਜਾਗਰ ਕਰਦੀ ਹੈ।

ਕਾਨੂੰਨ ਦਾ ਸਹਾਰਾ ਲੈ ਕੇ ਅਜਿਹੇ
ਅਪਰਾਧਾਂ ਨੂੰ ਰੋਕਿਆ ਜਾ ਸਕਦਾ ਹੈ।
ਵੈਬੀਨਾਰ ਦੇ ਕੋਆਰਡੀਨੇਟਰ ਅਤੇ ਡਾ.
ਅੰਬੇਡਕਰ ਸਟੱਡੀ ਸੈਂਟਰ ਦੇ ਨਿਰਦੇਸ਼ਕ
ਡਾ. ਬਤਰਾ ਨੇ ਕਿਹਾ ਕਿ ਸਿੱਖਿਆ
ਦੇ ਪ੍ਰਸਾਰ ਅਤੇ ਸੰਵਿਧਾਨ ਵਿੱਚ
ਬਰਾਬਰੀ ਦੇ ਅਧਿਕਾਰ ਵਿੱਚ ਔਰਤਾਂ
ਨੂੰ ਕੰਮ ਵਾਲੀ ਥਾਂ 'ਤੇ ਕੰਮ ਕਰਨ ਲਈ
ਕਈ ਮਾਪਦੰਡ ਦਿੱਤੇ ਗਏ ਹਨ, ਪਰ
ਸੁਰੱਖਿਅਤ ਨਾ ਹੋਣ ਕਾਰਨ
ਵਾਤਾਵਰਨ, ਔਰਤਾਂ ਨੂੰ ਕਈ
ਸਮੱਸਿਆਵਾਂ ਦਾ ਸਾਹਮਣਾ ਕਰਨਾ
ਪੈਂਦਾ ਹੈ, ਜਿਸ ਕਾਰਨ ਉਨ੍ਹਾਂ ਨੂੰ
ਸਰੀਰਕ, ਸਮਾਜਿਕ ਅਤੇ ਮਾਨਸਿਕ
ਤਣਾਅ ਦਾ ਵੀ ਸਾਹਮਣਾ ਕਰਨਾ ਪੈਂਦਾ
ਹੈ। ਸਰਕਾਰ ਵੱਲੋਂ ਤਿੰਨ ਕਾਨੂੰਨ
ਬਣਾਏ ਗਏ ਹਨ ਤਾਂ ਜੋ ਔਰਤਾਂ ਨੂੰ
ਸੁਰੱਖਿਅਤ ਮਾਹੌਲ ਦਿੱਤਾ ਜਾ ਸਕੇ
ਅਤੇ ਸ਼ਾਂਤੀ ਦੇਵੀ ਆਰੀਆ ਮਹਿਲਾ ਕਾਲਜ ਔਰਤਾਂ
ਦੇ ਸਸਕਰਤੀਕਰਨ ਲਈ ਲਗਾਤਾਰ ਯਤਨਸ਼ੀਲ ਹੈ,
ਕਾਨੂੰਨਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਜਾਵੇ ਤਾਂ ਜੋ ਉਹ
ਕਿਸੇ ਵੀ ਖੇਤਰ ਵਿੱਚ ਅੱਗੇ ਵੱਧ ਕੇ ਸਫਲਤਾ ਵੱਲ
ਕਦਮ ਵਧਾ ਸਕਣ। ਡਾ. ਅੰਜਨਾ ਮਲਹੋਤਰਾ ਨੇ
ਦੀਪਕ ਜੋਤੀ, ਪ੍ਰਿਅੰਕਾ ਗੁਪਤਾ, ਤਕਨੀਕੀ ਸਟਾਫ਼
ਅਤੇ ਕਾਲਜ ਸਟਾਫ਼ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ।

ਅਦਾਰਾ 'ਲੋਕ ਬਾਣੀ' ਵਿੱਚ ਛਪੀਆਂ ਜਾਂਦੀਆਂ ਖ਼ਬਰਾਂ, ਰਿਪੋਰਟਾਂ, ਲੇਖ, ਕਹਾਣੀਆਂ, ਕਵਿਤਾਵਾਂ ਅਤੇ ਹਰ ਕਿਸਮ ਦੇ ਇਸ਼ਤਿਹਾਰਾਂ ਵਿੱਚ ਦਿੱਤੀ ਗਈ ਸੂਚਨਾ, ਵਿਚਾਰ ਆਦਿ ਨਾਲ ਅਖ਼ਬਾਰ ਦੇ ਪ੍ਰਬੰਧਕਾਂ ਦਾ ਕੋਈ ਜ਼ਿੰਮੇਵਾਰੀ ਨਹੀਂ ਲੈਂਦੇ ਕਿਉਂਕਿ ਸਾਡਾ ਅਖ਼ਬਾਰ ਇਨ੍ਹਾਂ ਨੂੰ ਤਸਦੀਕ ਨਹੀਂ ਕਰਦਾ। ਪਾਠਕਾਂ/ਸ਼ੁੱਭ ਚਿੱਤਰਕਾਂ ਨੂੰ ਬੇਨਤੀ ਹੈ ਕਿ ਉਹ ਇਨ੍ਹਾਂ ਇਸ਼ਤਿਹਾਰਾਂ 'ਤੇ ਕੋਈ ਕਾਰਵਾਈ ਕਰਨ ਤੋਂ ਪਹਿਲਾਂ ਤਾਂਬੇ ਦੀ ਪੜਤਾਲ ਕਰਨ।

Daily Lok Bani (Punjab) R.N.I. Punpun 29016/2008 Editor, Owner, Printer, Publisher, Amandeep Mehra Printed at Rachna Printers, Railway Road Jalandhar Place of Publication : 308 Sangam complex Milap Chowk

NCC &NSS Department organized Online webinar on Swami Vivekanand Ji's life to celebrate National Youth Day on 12th January 2022



NSS Department Celebrated “National Girl Child Day” by organizing poster Making Competition On 24th January 2022



Career Guidance Cell organized a career guidance event on 27th January 2022



NSS department and Buddy group organized Covid Vaccination Camp on 27th January 2022



N.S.S department organized workshop on Women Entrepreneurship and Skill Development to celebrate International Women's Day on 8th March 2022



4FMF+9FH, Golden Avenue Colony, Dinanagar, Punjab 143531, India
Dinanagar
Punjab
India
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77°F
2022-03-07(Mon) 01:06(pm)

ਸ਼ਾਂਤੀ ਦੇਵੀ ਕਾਲਜ ਵਿੱਚ ਮਹਿਲਾ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ

'Teacher Award Ceremony' was organized on 12th March 2022



गुरदासपुर भास्कर 13-03-2022

टीचर्स अवार्ड सेरेमनी में शिक्षण संस्थाओं के 20 प्रिंसिपल और 100 टीचर सम्मानित

हर लड़की सामाजिक सुराङ्गों के खिलाफ आवाज बुलंद करें : पूर्व मंत्री प्रो. चावला

भास्कर न्यूज | गुरदासपुर

प्रतिगठित विद्यार्थी आरंभ महिला कलेज गुरदासपुर में शिक्षण संस्थाओं के टीचर्स अवार्ड सेरेमनी का आयोजन किया गया। इसमें पूर्व कैबिनेट मंत्री प्रजापत प्रो. लक्ष्मीकला चावला ने मुख्यअतिथि का भूमिका निभाया। शिक्षण संस्थाओं के 20 प्रिंसिपल और 100 टीचर सम्मानित किए गए।



मुख्यअतिथि प्रो. लक्ष्मीकला चावला को सम्मानित करती प्रि. डा. टीना व अन्य।

लक्ष्मीकला चावला ने कहा कि हर लड़की को शिक्षण संस्थाओं में टीचर्स अवार्ड सेरेमनी में सम्मानित करने का उद्देश्य है। उन्होंने कहा कि टीचर्स अवार्ड सेरेमनी का आयोजन हर साल किया जा रहा है। उन्होंने कहा कि टीचर्स अवार्ड सेरेमनी का आयोजन हर साल किया जा रहा है। उन्होंने कहा कि टीचर्स अवार्ड सेरेमनी का आयोजन हर साल किया जा रहा है।

Economics Dept. organized a seminar on "Consumer Rights" to celebrate 'World Consumer Rights Day' on 15th March 2022-



“Entrepreneurship Awareness Programme was organized by PG Dept of Commerce on 21st March 2022



Red Ribbon Club organised a "Nukkad Nataka" named as "Vehngi" performed by renowned "Red Arts Theatre Group" on 31st March 2022



Post Graduate department of Computer Science and IT and Placement Cell organized a workshop on " Personality Development". Ms. Pallavi Nayyar and MS. Kamna Jaryal from SPRN Entrepreneurs private limited company were the eminent speakers On 5th April 2022



Red Ribbon Club, Red Cross, Youth Welfare Departments celebrated “World Health Day” and organized a Blood Donation camp which was sponsored by Red Cross Society Gurdaspur on 7th April 2022.



PG department of English to organize College Mandeer on 17th May 2022





PG department of Hindi to organize an International Webinar on "Changing Scenario of life in Covid" on 2nd June 2022

TC No. PUNBIL01272

दीनानगर



कोरोना काल में बदलते सामाजिक जीवन पर एक दिवसीय अंतरराष्ट्रीय वेबीनार का सफल आयोजन

रजिंदर सेनी

दीनानगर 3 जून। शांति देवी आर्य महिला कॉलेज दीनानगर के स्नातकोत्तर हिंदी विभाग द्वारा आंतरिक गुणवत्ता आश्वासन प्रकोष्ठ के तत्वाधान कोरोना काल में बदलता सामाजिक जीवन विषय पर एक दिवसीय अंतरराष्ट्रीय वेबीनार का सफल आयोजन किया गया। प्रिंसिपल डॉ तलवार ने प्रोफेसर मोहन कांत गौतम पूर्व कुलपति यूनिवर्सिटी ऑफ ईस्ट एंड वेस्ट नीडरलैंड, प्रोफेसर रमेश शर्मा हिंदी विभाग जम्मू विश्वविद्यालय, डॉक्टर सुनील कुमार एसोसिएशन गुरु नानक देव यूनिवर्सिटी अमृतसर का हार्दिक अभिनंदन किया। प्रिंसिपल रीना तलवार ने उद्घाटन वक्तव्य में कहा कि मानव जीवन स्वस्थ होना बहुत जरूरी है कोरोना के कारण मध्यवर्गीय परिवार की स्थिति बहुत दयनीय हो गई है प्रकृति ने मनुष्य को सुधारने का मौका दिया यही सुधार सकारात्मक बदलाव को जन्म देता है मनुष्य को परोपकारिता की ओर ले जाता है जिसने लोगों में संवेदना का पैदा किया परंतु स्वार्थी लोग समाज का अध्ययन कर देते हैं जैसे मानव धर्म कर्म, दान, क्षमा को भूल बैठे हैं वह मानव कोरोना कॉल में मानव की ही अंगों की तस्करी करने लगा वह मनुष्य भाग्यशाली

है जिसने भारत भूमि पर जन्म लिया क्योंकि भारतीय संस्कृति बहुत महान है। परंतु आज की पीढ़ी ब्रह्म में फंसकर संस्कृति को भूल बैठी है मुख्य अतिथि डॉक्टर हिंदी विभाग जम्मू विश्वविद्यालय ने कहा कि इतिहास इस बात का साक्ष्य है कि संसार में कोई ना कोई महामारी आई है 1220 में प्लेग 1120 में हेजे की बीमारी आई और अब कोरोना ने पूरे विश्व में कोहराम मचा दिया है पहली लहर के मुकाबले दूसरी लहर में बहुत लोगों की जान चली गई है जब जब देश में आपदा आती है तो सामाजिक जीवन में बदलाव आता है शाकाहारी भोजन का सेवन करना बहुत अच्छा बदलाव आया ईश्वर के दर्शन प्रार्थना ऑनलाइन करना सामाजिक बदलाव का उदाहरण है शैक्षणिक जीवन में बहुत बड़ा बदलाव देखा गया परंतु इसका लाभ कम और हानियां ज्यादा हुईं ई पुस्तक की सुविधा का लाभ हानि ज्यादा हुई पाठक पाठक ना रहकर दर्शक बन गया कोरोना का सबसे अधिक प्रभाव शिक्षा पद्धति पर पड़ा इस दौर में घरेलू हिंसा और तलाक गीत रेशों भी बढ़ी

विशिष्ट वक्ता डॉ सुनील कुमार ने अपने वक्तव्य में बताया कि मनुष्य के जीवन में बहुत बदलाव आए हैं यह मनुष्य दिनचर्या को संशोधित रूप से व्यवस्थित करना था वही जीवन शैली में तमाम प्रकार की चुनौतियां आई है कोरोना ने चाहे भारी बदलाव कर दिया परंतु आंतरिक बदलाव तो वैसा ही है जैसे कोरोना के पूर्व था घर हो या बाहर मशाल जलती रहनी चाहिए या मशाल अंधकार के खिलाफ एक लड़ाई है सामाजिक असंतुलन भी बढ़ा है परंतु साथ ही साथ उत्साहवर्धक कार्य भी हुए हैं जैसे आम जनता के जागरूकता आई दैनिक जीवन में टेक्नोलॉजी का ज्ञान बढ़ा कोरोना परिवार के साथ रहना सिखा दिया आयुर्वेदिक मेडिटेशन का रुझान भी बढ़ता हुआ दिखाई दिया कार्यक्रम के अध्यक्ष डॉ मोहन कांत गौतम

नीदरलैंड ने प्राचीन और वर्तमान समय का संबंध स्थापित करते हुए दयानंद सरस्वती जी के उस अभियान के विषय में कहा कि हम जाती पाती के चक्कर में नहीं पड़ना चाहिए औरत को भी आगे बढ़ने देना चाहिए उनकी आत्मा और हमारी आत्मा में चिंता नहीं है क्योंकि स मा ज सुधारक है यही चाहते थे कि आधुनिकता को अपनाएं परंतु संस्कृत को भी ना भूले मिलकर रहने के लिए संस्कृत और प्रकृति दोनों की जरूरी है संस्कृत द्वारा प्रकृति पर नियंत्रण नहीं किया जा सकता क्योंकि हम प्रकृति के बाद हैं हमारे मूल्यों का परिवर्तन होता रहता है यदि परिवर्तन नहीं करेंगे तो हम एक ही स्थान पर रहकर खतम हो जाएंगे कोरोना हमेशा चेंज कर दिया है कि हम जो काम कर रहे हैं वह किस लिए कर रहे हैं डॉक्टर पुनम महाजन ने कहा कि वैश्विक महामारी विश्व को एक नई दिशा की ओर मूर्ति है जिसके बाद लाखों-करोड़ों लोगों का जीवन कभी भी पहले जैसा नहीं रहता युद्ध की स्थिति जैसा वातावरण तैयार हो जाता है यह महामारी जहां

मानव और उसके भविष्य को गंभीर दीर्घकालिक रूप में परिवर्तित कर देती है जैसे कहते हैं कि दूसरे विश्व युद्ध के बाद औरतों के विकास का रास्ता साफ हो गया जो बिना दूध के तो कदापि संभव नहीं था आपदा में भी अवसर तलाशे जा सकते हैं आज करो ना एक वैश्विक महामारी बन चुकी है और निश्चित तौर पर मानव जीवन पर छोटे-बड़े प्रभाव छोड़ जाएगी केवल स्वास्थ्य ही नहीं यह प्रभाव सामाजिक मनोवैज्ञानिक और मुख्यता आर्थिक स्तर पर विस्तृत हो गई है और आप भली भांति परिचित हैं कि लोग आज इसका प्रभाव नकारात्मक रूप में ही ले रहे हैं आंतरिक गुणवत्ता आश्वासन प्रकोष्ठ के कोऑर्डिनेटर डॉ अनिता कॉलोनी कॉलेज की गतिविधियों से सबको अवगत कराया और रबीना अभिषेक की प्रसंगिकता पर प्रकाश डालते हुए कहा हिंदी विभाग ने जिस विषय पर चयन किया वह बहुत प्रसंगिक है आज के समय में इस विषय पर संवाद रचाई जाने की अति आवश्यकता है त्रिषि फर्जी ना तलवार ने अविनाश की सफलता का श्रेय तकनीकी कोऑर्डिनेटर प्रोफेसर दीपक ज्योति और प्रशासन नेहा सेनी डॉक्टर पुनम महाजन और डिंपी को दिया।

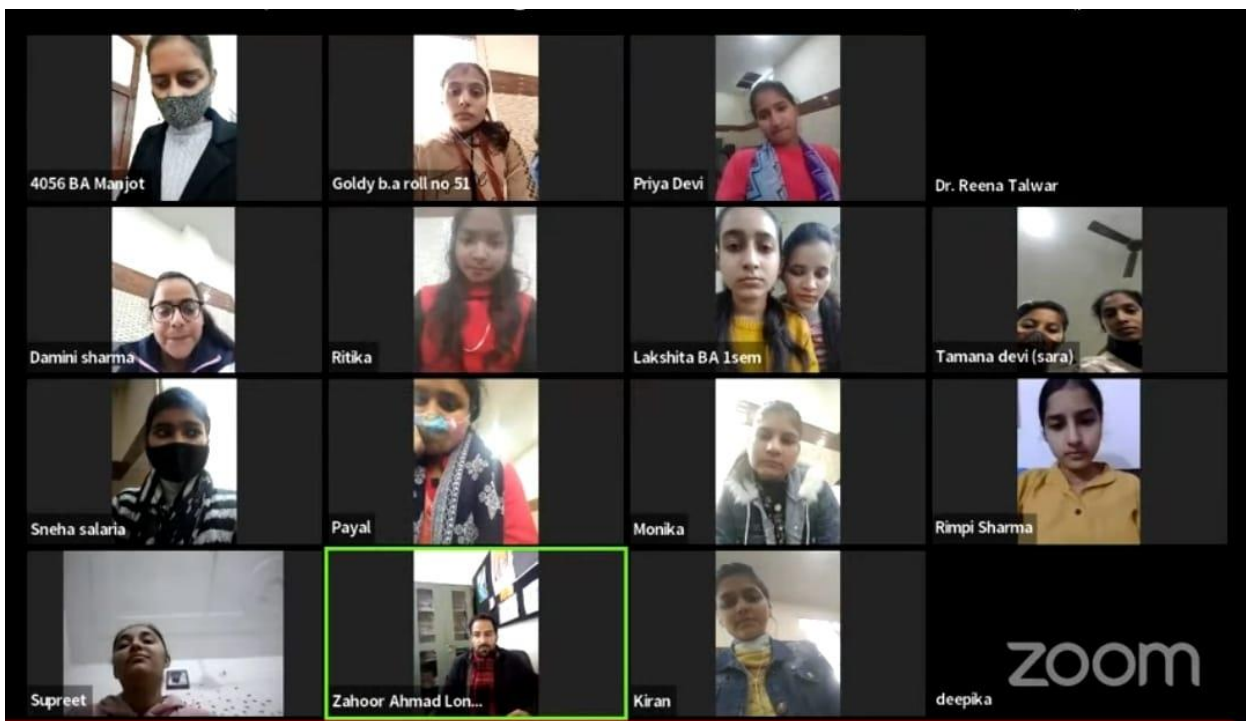


RAAVI VOICE NEWS BUREAU CHIEF- SANDEEP KUMAR

International Yoga Day was celebrated by NSS and Physical Education departments on 21st June 2022 .



All The Students under the guidance of NCC Dept. attended webinar on Anti- Drug campaign organized by Punjab government 23-24th June 2022





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Ref.No. 6895.SD/GEN

Dated.13-05-2024



Annual Gender Sensitization Action Plan 2022-2023

SR. NO.	Programme to be organised	Name Of The Programme	Date
1	Conducting regular meetings of anti-Ragging/ Grievances & Redressal Cell	IQAC Coordinator and Conveners of the Committee	Minimum two meeting per semester
2	Encouraging students applying for scholarship schemes and funds especially for women provided through various Central/ Government Schemes	Registrar and Staff Members	1 st week of July
6	To start the new session with Hawan and conduct Orientation Programme for UG & PG Degree Classes	HawanYagya was done and Orientation Programme was organized	4 th & 8 th August 2022 respectively
7	Mentoring by class tutors / Principal/counselor	Mentor - Mentee Groups were made by IQAC	4 th August 2022
8	To celebrate Rakshabandhan with BSF Jawans	NSS & Home Science Department of our College with Dy.CommandantShRajnishKashyap celebrated Rakshabandhan at BSF Headquarters, Gurdaspur.	11 th August 2022
9	Provide Opportunity/ training for Cultural/ Sports Competitions on gender basis.	Youth welfare Dept.	1-30 September 2022
10	To organize counseling sessions for Healthy Lifestyle and Work-Life Balance for customers of Indusind	Enlightened Minds Club run by Psychology Dept. organized Counselling session	17 th September 2022

Reena Talwar
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	Bank, Gurdaspur.		
11	To celebrate National Nutrition Month for Holistic Development of girls	A lecture on Importance of Nutritious Food was organized by inviting DrDalwinder Sharma an Ayurvedic Doctor	29 th September 2022
12	To organize meetings with students regarding scholarships	Meetings were organized with students belonging to SC/ OBC/BC categories to make them aware about various types of scholarships.	6 th October 2022
13	To organize seminar on "Cyber Security Awareness".	PG Department of Computer Science & IT organized seminar on "Cyber Security Awareness" Mrs. Deepak Jyoti gave awareness about the cybersecurity laws implemented in India.	6 th October 2022
14	To celebrate "World Mental Health Day".	"Enlightenment Minds" Psychology club celebrated "World Mental Health Day". An extension lecture was delivered by Dr. Sonam Gupta, Head Psychology Department on Mental Health.	10 th October 2022
15	To organize NariSammelan	NariSammelan was celebrated under VedParcharSaptah on Nirvana MohatsavDiwas of Swami Maharishi	19 th October 2022

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		Dayanandji and Swami Sarvanandji	
16	Education Department to celebrate World Students' Day.	Education Department celebrated World Students' Day and the birth anniversary of Dr. A.P.J. Abdul Kalam	21 st October 2022
17	To organize Remedial Classes	One week Remedial Classes were organized for academically weak students of 1 st semester classes.	26 th Nov. to 2 nd Dec. 2022
18	To organize a seminar on Legal Awareness	Seminar on Legal Awareness was organised with the support of Legal Services Society, Gurdaspur. By inviting Ms. NavdeepKaur Gill, Civil Judge (Sr.Division) (CJM), Secretary, District Legal Services	12 th January 2023
19	To celebrate Dheeyan Di Lohri under BetiBachaoAbhiyaan	NSS Department celebrated First Lohri of 7 Newly Born girl children in the adopted village Saidipur with villagers.	13 th January 2023
20	To celebrate National Girl Child Day.	National Girl Child Day was celebrated by NSS and Fine Arts Dept. by organizing Postermaking competition. The purpose of the celebration of this day was to raise awareness about the injustice experienced by women in Indian society.	24 th January 2023
21	To celebrate National Voters Day	National Voters Day was celebrated by NSS, RRC club and Buddy group under sveepactivities. Pledge ceremony and a Poster making competition was organized.	25 th January 2023
22	To organize HarGharDhyan Campaign	HarGharDhyan Campaign was	2 nd February, 2023

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	for Meditation & mental Health	conducted by NSS Department in collaboration with Art of Living Foundation and organized a program on meditation and mental health.	
23	To celebrate World Cancer Day	Science Department celebrated World Cancer Day. Mrs. Sunita Verma gave awakening lecture. A declamation contest was also organized.	4 th February 2023
24	Psychology Club to celebrate World Mental Health Day.	An extension lecture was delivered by Dr. Sonam Gupta, Head Psychology Department on Mental Health, focussing on the common mental health conditions like anxiety and mood disorders and suggested the ways to take care of one's mental health.	24 th February 2023
25	To celebrate the International Women Day	Mr. Manav, Chief Manager of SBI Bank along with Ms. Sarita Saini and Mr. Satpal, Staff Members of SBI, Dinanagar	8 th March 2023
26	To organize SDAM Bazaar by Departments of Home Science, Cosmetology, PG Department of Fashion Designing under Earn While You Learn Scheme to encourage students to start their startups and thus promoting women's entrepreneurship	Social Entrepreneurship, Swachhta & Rural Engagement Cell in collaboration with Mahatma Gandhi National Council of Rural Education organised 'Sdam Bazaar'. In this day long bazaar, there were fashion Styling/ Craft and Handiwork works,	16 th March 2023

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		Food Corner, Creative Art Studio and Beauty Corners.	
27	To organize Mentor-Mentee Program	Mentor-Mentee Program was organized by involving all the students and teachers	3 rd April 2023
28	Alumni Association and Fashion Designing Department to organize an Alumni Meet and Fashion Show.	A grand and glamorous Fashion Spectra was held on Alumni Meet. Budding Fashion Designers of College Showcased their talent .	8 th April 2023
29.	To conduct FDP on ICT Technology.	P.G. Dept. of Computer Science & IT organized 6 Days Faculty Development Program for staff.	11 th – 18 th April 2023
30.	To organize a Haemoglobin Estimation Camp.	Science &NSS Department under EBSB organized a Haemoglobin Estimation Camp on Anemia and oral Health. DR. Sukhwinder and Dr. Kusum from CHC Singhowalwere invited as resource persons	26 th April 2023
31.	Library Dept. to organize workshop on use of E- Resources in Library	UG & PG Library organized workshop on use of E- Resources in library. Librarians Mrs. HardeepKaur& Mrs. NamitaBhalla told how to use DELNET and E – Books.	22 nd May 2023
32.	NSS Department to celebrate World Blood Donor's Day.	World Blood Donor's Day was celebrated by NSS Department under Ek Bharat Shreshtha Bharat Mission. NSS Coordinator Mrs. SangeetaMalhotra gave lecture on importance of donating blood.	14 th June 2023
33.	To organize self- grooming classes	Department of Cosmetology organized	20 th to 27 th June 2023

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		Seven-day Self Grooming Classes to enhance self- beautification. Ms. Sonia, Head, Department of Cosmetology taught various methods and techniques of makeup, hair styles, etc	
34	To celebrate International Yoga Day.	NSS, NCC and Physical Education Departments under Ek Bharat Shreshth Bharat Mission, celebrated International Yoga Day. Students attended one week yoga classes. Ek Bharat Shresht Bharat club organised poster making and slogan writing competitions and gave prizes to the winners.	21 st June 2023

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Dinanagar (Distt. Gurdaspur)

Students were encouraged by Registrar and Principal Madam to apply for scholarship schemes and funds especially for women provided through various Central/ Government Schemes on 1st July 2022



HawanYagya was done and Orientation Programme was organized on 4th& 8th August 2022



NSS & Home Science Dept. celebrated Rakshabandhan with BSF Jawans at BSF Head Quarters Gurdaspur on 11th August 2022-



Counseling Sessions for Healthy Lifestyle and Work-Life Balance for customers of Indus ind Bank, Gurdaspur was organized by Psychology Dept. on 17th September 2022



Meeting with students regarding scholarships Schemes available in college was conducted on 22 August 2022



National Nutrition Month for Holistic Development of girls was celebrated by Home Science & NSS Dept . A lecture of Dr. Dalwinder was organized in college. A lecture at Govt. Girls Sr. Sec. School Dinanagar was also organize On 9th & 29th September 2022 respectively



Seminar on "Cyber Security Awareness" was organized by PG Dept. of Computer Science on 6th October 2022



"World Mental Health Day" was celebrated by Psychology Dept. 10th October 2022-



Women Development Cell organized Nari Sammelan on 19th October 2022



Education Department celebrated World Students' Day on 21st October 2022. Poster Making & Tree Plantation was done in the campus to mark the day to promote eco- friendly practices.



Seminar on Legal Awareness was organised with the support of Legal Services Society, Gurdaspur. By inviting Ms. NavdeepKaur Gill, Civil Judge (Sr.Division) (CJM), Secretary, District Legal Services on 12th January 2023



NSS Department celebrated First lohri of 7 Newly Born girl children in the adopted village Saidipur with villagers to make them aware about importance of girl child under” Beti Bachao Beti Padhao Abhiyan” on 13th January 2023



National Girl Child Day was celebrated by NSS and Fine Arts Dept.by organizing Poster making competition on 24th January 2023.



National Voters Day was celebrated by NSS, RRC club and Buddy group under sweep activities . Pledge ceremony and a Poster making competition was organized on 25th January 2023



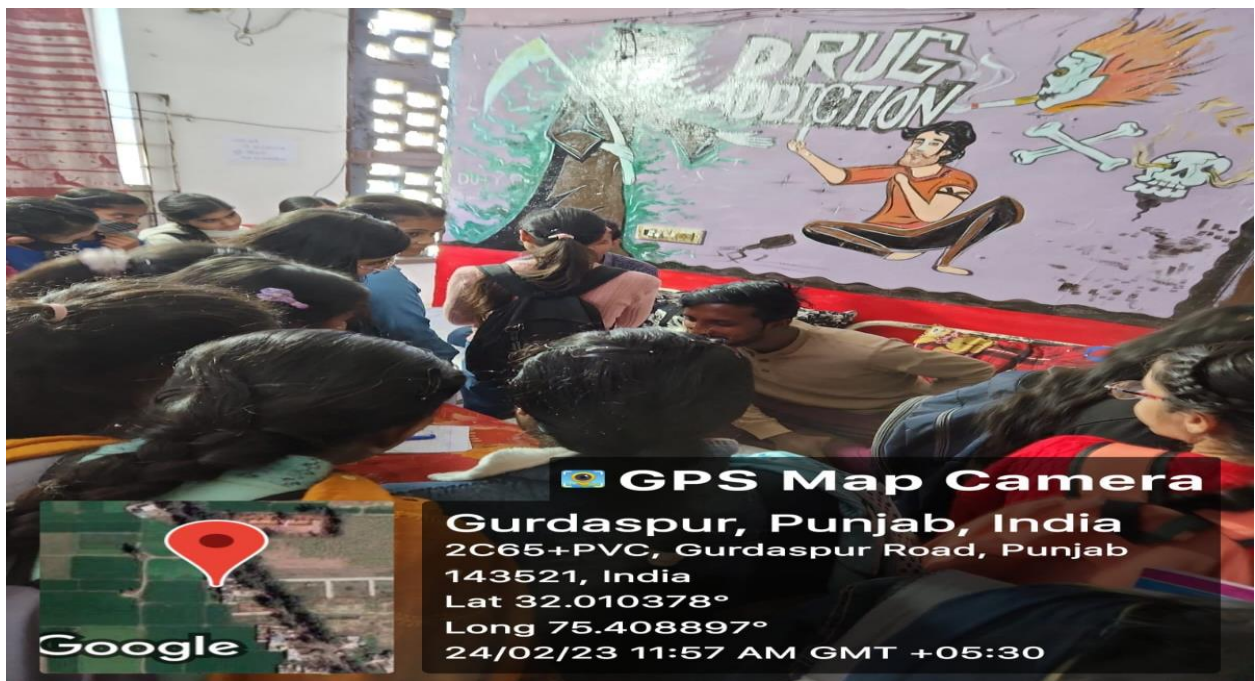
Har Ghar Dhyan Campaign was conducted by NSS Department in collaboration with Art of Living Foundation organized a program on meditation and mental health on 2nd February, 2023



World Cancer Day was celebrated by conducting Declamation Contest by Science Dept ON 4th February 2023



**Special Visit to deliver a lecture on De-Addiction by Psychology Department
at Red Cross De-addiction Treatment and Rehabilitation Centre,
Gurdaspu.on 24th February 2023**



Women Development Cell celebrated The International Women's Day on 8th March 2023



SDAM Bazaar was organized by Departments of Home Science, Cosmetology, PG Dept. of Fashion Designing under Earn While You Learn Scheme to encourage students to start their startups and thus promoting women's entrepreneurship on 16th March 2023



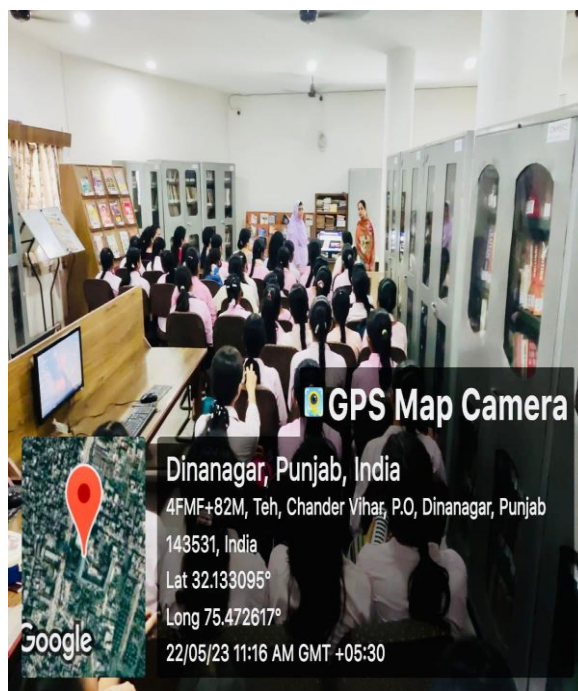
Alumni Association and Fashion Designing Department organized an Alumni Meet and Fashion Show on 8th April 2023



Science &NSS Department under EBSB organized a Haemoglobin Estimation Camp on Anemia and oral Health. DR. Sukhwinder and Dr. Kusum from CHC Singhowal were the resource persons on 26th April 2023



Library Dept. organized workshop on use of E- Resources in Library for Students & Staff on 22nd May 2023-



NSS Department Celebrated World Blood Donor's Day on 14th June 2023
Slogan Writing & Poster Making Competition was organized by NSS & Fine Arts Departments.



International Yoga Day was celebrated by Physical Education Dept. on 21st June 2023

