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# SHANTI DEVI ARYA MAHILA COLLEGE

Dinanagar (Distt. Gurdaspur)-143531

ESTD. 1968

Affiliated to GNDU, Amritsar | A Multi-Faculty Post-Graduate Women College

Re-Accredited by NAAC with 'A' Grade

College with Potential for Excellence Status by UGC, Green Champion Award by MGNCRE (Govt. of India)



Ref.No. 6895.A.SD/GEN

Dated.13-05-2024

## Gender Sensitization Action Plan 2018-19

| Sr.No. | Program to be Organized  | Name of the Program   | Date                          |
|--------|--|---|-------------------------------|
| 1.     | New session of the College to commence   | New Session of the College began by doing Havan and Address by Madam Principal in which she stressed on quality education, dedication and discipline. | 12 <sup>th</sup> Jul. 2018    |
| 2.     | Traffic cell Department to visit the college and guide Student regarding traffic rules.                                | Traffic cell Department visited the college and Guided students regarding traffic rules.  | 1 <sup>st</sup> August, 2018  |
| 3.     | Enlightened Minds, the psychology club under IQAC to conduct psychological testing on students of various departments. | Enlightened Minds, the psychology club under IQAC conducted psychological testing on 110 students of various departments.                             | 7 <sup>th</sup> August, 2018  |
| 4.     | To organize Rally against Drug Abuse and female foeticide  | NSS students took out rally against drugs and female foeticide. DSP Sh. Manoj Kumar Ji Flagged off the rally  | 11 <sup>th</sup> August, 2018 |

Principal  
Shanti Devi Arya Mahila College  
Dinanagar (Distt. Gurdaspur)



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|    |  |  |                               |
|----|--|--|-------------------------------|
| 5. | The college to adopt Village Deeda Sanian and NSS Dept. to deliver lecture to the ladies of Deeda Sanian village on "Self-employment." | The college adopted Village Deeda Sanian and NSS Program Officers delivered lecture to the ladies of Deeda Sanian village on different aspects of "Self-employment".   | 14th August, 2018             |
| 6. | Hawan to be conducted by the College Management and Madam Principal to welcome the new students.                                       | Hawan was conducted by the College Management and Madam Principal to welcome the new students  | 21 <sup>st</sup> August, 2018 |
| 7. | Fashion Designing Dept. to organize Rakhi Making Competition on Festival Of Raksha Bandan  | Rakhi Making Competition was organized by making attractive and beautiful Rakhi by students  | 22 <sup>nd</sup> August, 2018 |
| 8. | Fine Arts Dept. to organize Talent Hunt Competition.   | Fine Art Dept. organized Talent Hunt Competition on Poster Making, Collage, cartooning, Landscape  | 22 <sup>nd</sup> August, 2018 |
| 9. | NCC department to organize lecture and awareness rally on prevention of cancer.  | NCC department organized lecture and awareness rally. Dr. Surinder Kaur Pannu, renowned Doctor delivered lecture to create awareness for female Hygiene and prevention of cancer. Dr. Anjna Malhotra, ANO organized this event. 102 cadets participated in this. | 25 <sup>th</sup> August, 2018 |





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|     |   |  |                             |
|-----|---|--|-----------------------------|
| 10. | Home Science Dept. to celebrate Rakhi with BSF Jawans at Dera Baba Nanak Border .Students to tie handmade rakhis and to prepare homemade sweets for all Jawans. | Home Science Dept. celebrated Rakhi with BSF Jawans at Dera Baba Nanak Border. Students tied handmade rakhis and prepared Milk cake and Coconut fingers for all Jawans. Tree plantation was also done to mark the day spent at Border.               | 27 <sup>th</sup> Aug,2018   |
| 11. | NSS and Science department to organize blood group determination camp.  | NSS and Science department organized blood group determination camp during which more than 100 students got their blood group determined. Principal Mrs. Ratna Sharma told that everyone must know her Blood group for safe blood transfusion.       | 8 <sup>th</sup> Sept.,2018  |
| 12. | Workshop to be organized on "Career planning and Personality development" at College campus   | One day workshop was organized on "Career planning and personality development" at College campus. It was conducted By Career Counsellor Mrs. Archna Khurana Sharma. Mr. Raman Behal Chairman of S.S Board was the Chief guest of Inaugural session. | 18 <sup>th</sup> Sept.,2018 |





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|     |   |   |   |
|-----|---|---|---|
| 13. | PG Dept. of Fashion Designing to organize Diya making competition and subsequent sale on the Occasion of Diwali   | PG Dept. of Fashion Designing organized Diya making competition and subsequent sale on the Occasion of Diwali   | 6 <sup>th</sup> Nov, 2018                     |
| 14. | College to organize District Youth Parliament. As per the directions given by Director, Youth Services, Punjab and Director, NSS Department of GNDU, Amritsar | College organized District Youth Parliament as per the directions given by Director, Youth Services, Punjab and Director, NSS Department of GNDU, Amritsar. Sardar Sakatar Singh Bal ,SDM. Gurdaspur was the chief guest. | 24 <sup>th</sup> Jan. 2019                    |
| 15. | Punjabi Department to celebrate National Girl child day.  | Punjabi Department celebrated National Girl child day by inviting Dr. Rachna Sharma from Sociology Dept. of GNDU Amritsar.  | 24 <sup>th</sup> Feb 2019                     |
| 16. | Religious study exam to be conducted in college by SGPC, Amritsar .   | Religious study exam was conducted by SGPC, Amritsar in the college campus.   | 1 <sup>st</sup> and 2 <sup>nd</sup> Feb 2019. |





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|     |   |  |                                 |
|-----|---|--|---------------------------------|
| 17. | "Enlightened Minds" The Psychology Club under IQAC to conduct a Psychological test on Academic Achievement Motivation on students of Various departments. | Enlightened Minds" The Psychology Club of under IQAC conducted a Psychological test on Academic Achievement Motivation on 75 students Of various departments                           | 9 <sup>th</sup> February, 2019  |
| 18. | Dept. of Cosmetology to organize workshop on "Beauty culture and skin care".  | Dept. of Cosmetology organized workshop on "Beauty culture and skin care". The students of Sr. Sec .School Murthal along with teachers Miss Preety And Mr. Anil attended the workshop. | 20 <sup>th</sup> February, 2019 |
| 19. | Students to participate in Annual Inter College Cultural and Tech fest 2019 held at Goldengroup of Institutes.  | Students participated in Annual Inter College CulturalandTechfest2019 held at Golden group of institute. Our College won overall Championship Trophy and many more prizes.             | 5 <sup>th</sup> March, 2019     |





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|     |  |   |                              |
|-----|--|---|------------------------------|
| 20. | NSS and Youth welfare department to celebrate International Women's day.   | NSS and Youth welfare Department celebrated International Women's day. Dr. Swaraj Grover was the chief guest and the social worker Mrs. Manju was the special guest of the day.   | 8 <sup>th</sup> March, 2019  |
| 22. | Youth welfare Department in collaboration with Nehru Yuva Kendra and Punjab Folk Art Centre Gurdaspur to organize a Cultural programme | Youth welfare Department in collaboration with Nehru Yuva Kendra and Punjab Folk Art Centre Gurdaspur organized a Cultural programme. In this programme Gurinder Pal Josan, Head of American Sikh Society, Chairman Saragarhi foundation was the Chief Guest. | 28 <sup>th</sup> March, 2019 |
| 23. | District level Youth Festival to be held at Hindu Kanya College Dhariwal by Punjab Youth Services, Gurdaspur.                          | Students participated in District level Youth Festival held at Hindu Kanya College Dhariwal.. College won overall championship trophy.  | 30 <sup>th</sup> March, 2019 |
| 24. | Department of Home Science to organize Nutritious Bhalla Chaat Stall to promote "Earn While You Learn" Scheme.                         | Department of Home Science organized Nutritious Bhalla Chaat Stall to promote "Earn While You Learn" Scheme. Students of 6th semester prepared the dish keeping in mind the nutritional values of the product. They sold                                      | 3 <sup>rd</sup> April, 2019  |





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|     |  |   |                             |
|-----|--|---|-----------------------------|
|     |  | approximately 325 plates of chaat and got profit of Rs 3200/- This amount will be used by them to buy equipments for Home Science lab of the college  |                             |
| 25. | Students to participate in Inter college cultural and Academic fest- SPARDHA 2019 to be Held at SSGMIT, Dinanagar. | Inter college cultural and Academic fest-SPARDHA 2019 held at SSGMIT, Dinanagar. In this 15 colleges of Pathankot and Gurdaspur district participated. College won overall championship trophy. | 8 <sup>th</sup> April, 2019 |
| 26. | NSS Department to organize An educational trip to celebrate 100 years of Jallianwala Bagh Massacre at Amritsar     | NSS Department organized An educational trip to celebrate 100 years of Jallianwala Bagh Massacre at Amritsar on 10th April 2019. In this trip 77 students visited the historical place          | 10 <sup>th</sup> April 2019 |
| 27. | To celebrate International day of Yoga   | International day of Yoga was Celebrated by students and teachers doing Yogic Asanas in supervision of Yoga Team of college.  | 21 <sup>st</sup> June 2019  |



## **New session of the College to commence (12.07.2018)**



**Enlightened Minds, the psychology club under IQAC  
conducted psychological testing on  
Students of various departments on 7<sup>th</sup> August, 2018**



**NSS students taken out rally against drugs and female, foeticide on 11<sup>th</sup>August, 2018**



**The college adopted Village Deeda Sanian and NSS Dept. delivered lecture to the ladies of DeedaSanian village on "Self-employment 14th August, 2018**



Hawan conducted by the College Management and Madam Principal welcomed the new students on  
21<sup>st</sup> August, 2018



**Fashion Designing Dept. organized Rakhi Making  
Competition and Exhibition cum Sale on Festival of Raksha  
Bandan on 22<sup>nd</sup> August, 2018**



Fine Art Dept. organized Talent Hunt Competition on  
22<sup>nd</sup> August, 2018



**Home Science Dept. celebrated Rakhi with BSF Jawans at Dera Baba Nanak Border. Students tied handmade rakhis and prepared homemade sweets for all Jawans.**

(27<sup>th</sup> Aug, 2018)

4/4

शांति देवी आर्य महिला कॉलेज की छात्राओं ने सीमा प्रहरियों को बांधी राखी

- देश की आन-शान की रक्षा के साथ पंजाब की लड़कियों की रक्षा करने का वचन लिया



NSS and Science department organized Blood Group

Determination Camp on 8<sup>th</sup> Sept., 2018



प में ब्लड ग्रुप की जांच करवाती छात्राएं।

-भास्कर

## गांति देवी आर्य कॉलेज में कैंप लगा छात्राओं के ब्लड ग्रुप की जांच की

भास्कर संयाददाता | दीनानगर

गांति देवी आर्य महिला कॉलेज विज्ञान और साइंस योजना के प्रति प्रिंसिपल रत्ना शर्मा की ध्यक्षता में ब्लड ग्रुप चेकअप प लगाया। इसमें सौ से ज्यादा छात्राओं के ब्लड ग्रुप की जांच गई। प्रिंसिपल रत्ना शर्मा ने

कहा कि सभी के लिए अपने ब्लड ग्रुप की जानकारी होना अनिवार्य है। इसकी स्टीक जानकारी होने से आपातकालीन परिस्थितियों से निपटने में मदद मिलती है। इस मौके पर डॉ. कुलविंदर कौर छीना, संगीता मल्होत्रा, दीपक ज्योति, डॉ. सुषमा गुप्ता, सुनीता वर्मा, डॉ. रीना तलबाड़ भी मौजूद थीं।

**Workshop on "Career planning and personality development"**  
**was organized by IQAC at College campus(18<sup>th</sup>Sept.,2018)**



PG Deptt. of Fashion Designing organized Diya making competition and subsequent sale on the occasion of Diwali  
On 6<sup>th</sup> Nov, 2018



**NSS Dept. organized District Youth Parliament As per the  
directions given by Director, Youth Services, Punjab and  
Director, NSS Dept. of GNDU, Amritsar on 24<sup>th</sup> Jan. 2019**



**Punjabi & NSS Dept. celebrated National Girl child day. Mrs. Neelam Mahant was the Eminent Speaker on 24<sup>th</sup> Feb 2019)**



**Religious study exam conducted by SGPC, Amritsar at Shanti Devi Arya Mahila College Dinanagar on 1<sup>st</sup> and 2<sup>nd</sup> Feb. 2019**



**"Enlightened Minds" The Psychology Club under IQAC conducted a Psychological test on Academic Achievement Motivation on students of various departments on 9<sup>th</sup>February, 2019**



**Dept.of Cosmetology organized workshop on "Beauty Culture and Skin Care on "20<sup>th</sup>February, 2019**



**NSS and Youth Welfare Department celebrated International Women's Day on 8<sup>th</sup>March, 2019**



**Youth welfare Department in collaboration with Nehru Yuva  
Kendra and Punjab Folk Art Centre Gurdaspur organized  
Cultural programme on 28<sup>th</sup>March, 2019**



**Department of Home Science to organize Nutritious Bhalla Chaat Stall to promote “Earn While You Learn” Scheme.**  
**( 3<sup>rd</sup> April, 2019)**



NSS Department organized an educational trip to celebrate 100 years of Jalian wala bagh at Amritsar on 10<sup>th</sup> April 2019



## Online International Yoga Day Was Celebrated by the College On 21<sup>st</sup> June 2019







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Dated. 13-05-2024



## Gender Sensitization Action Plan 2019-20

| Sr.No. | Programme to be Organised  | Name of the Programme  | Date          |
|--------|--|--|---------------|
| 1.     | New Session of the college to commence   | New Session of the College commenced by Havan and Address by Madam Principal in which she stressed on Quality education, dedication and discipline.  | 12.7.2019     |
| 2.     | Orientation Programme for all First Year Students to be conducted                                  | Orientation Programme for all First Year Students was conducted faculty wise.  | 13.7.2019     |
| 3.     | Youth welfare department to organize Nukkad Natak (Street Play) on harmful effect of social media. | Nukkad natak (Street Play) was staged in the college by Anonymous Theatre Group. The theme of the natak was social media and it was titled "Padhe likhe Unpad". The students greatly appreciated the | 5.August 2019 |



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|    |  |   |  |
|----|--|---|--|
|    |  | performance as it<br>Touched almost all the contemporary social problems.   |  |
| 4. | Postgraduate Department of Fashion Designing to conduct three day workshop               | Postgraduate Department of Fashion Designing conducted three - day workshop. The workshop was conducted by Mrs. Somi Dhanjal, representative of Pidilite Industry. The Workshop was greatly appreciated by staff and students.                              | 8 <sup>th</sup> to 10 <sup>th</sup> August 2019. |
| 5. | Volunteers of NSS programme to celebrate Raksha- bandhan at BSF Head Quarters Gurdaspur. | 25 volunteers along with NSS program officers Mrs Sangeeta Malhotra and Mrs Deepak Jyoti celebrated Rakshabandhan at BSF Head Quarters Gurdaspur. Handmade rakhis were tied to jawans of BSF and sweets made by home Science students were offered to them. | 14 <sup>th</sup> August, 2019                    |
| 6. | A popular television show "Canteeni Mandeer" to be                                       | Shooting of popular television show "Canteeni Mandeer" was held on college campus. It was   | 19 <sup>th</sup> August, 2019                    |



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|    |   |   |                               |
|----|---|---|-------------------------------|
|    | shot on college campus.   | subsequently uploaded on you tube.  |                               |
| 7. | IQAC & PG Department of Computer Science and IT to organize Inter class Poster making competition on Cyber Security | PG Department of Computer Science and IT organized Inter class Poster making competition on Cyber Security.   | 21 <sup>st</sup> August, 2019 |
| 8. | International Youth Day to be celebrated  | Fine Arts Dept. organized Slogan writing and poster making competition on International Youth Day.  | 23 <sup>rd</sup> August, 2019 |
| 9. | Dept. of Home Science to conduct an awareness lecture for staff and students on naturopathy.                        | Dept. of Home Science conducted an awareness lecture for staff and students on naturopathy. The speaker was Mr. Ranjit Singh of Shine Care India Ltd from Chandigarh. He spoke about natural ways to achieve holistic health. | 23 <sup>rd</sup> August, 2019 |



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|     |  |   |                                 |
|-----|--|---|---------------------------------|
| 10  | Women Equality Day to be celebrated  | Youth Welfare Department celebrated Women Equality Day. The eminent speaker was Dr. Neeru Sharma, Principal of Pt. Mohan Lal S.D College for Women Gurdaspur. She spoke about the importance of this day and its political, social and economic ramifications.  | 26 <sup>th</sup> August, 2019   |
| 11. | Home Science and NSS Dept to celebrate Poshan Maah on Iron Deficiency-Anemia and Role of Calcium in maintaining health of women by organizing seminar. | Home Science and NSS Dept celebrated Poshan- Maah by organizing lectures on Iron Deficiency-Anemia and Role of Calcium in maintaining health of women. Ms. Minna Bagga Specialist in Nutrition and Dietetics from S.R.Govt. college Amritsar and Mrs Guljeet kaur Sr Dietitian from Fortis Escort Hospital, Amritsar were the eminent speakers. | 14 <sup>th</sup> September 2019 |
| 12. | "Enlightenment Minds" The Psychology Club to organize an   | "Enlightenment Minds" The Psychology Club organized an Extension lecture on "Understanding Mental Illness", Dr.Rupinder Babbar MO (Psychiatry)  | 21 <sup>st</sup> Sept., 2019    |



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|     |  |   |                                |
|-----|--|---|--------------------------------|
|     | Extension lecture on "Understanding Mental Illness   | in Civil Hospital, Gurdaspur delivered her lecture on the causes of different Mental Illness ,mainly stress on women.   |                                |
| 13. | Naitik Sikhiya competitive examination to be organized by Guru Gobind Singh Study circle Gurdaspur                       | Natik Sikhiya competitive examination of Guru Gobind Singh Study circle, Gurdaspur was organized by the Librarian Mrs. Hardeep Kaur and Post Graduate Punjabi department. 85 students participated in this competitive Examination. | 14 Oct.2019                    |
| 14. | P.G. Dept. of Fashion Designing & Dept. of Cosmetology to organize Decorative Karwa Thali & Mehandi mela on Karvachauth. | PG department of Fashion Designing organised exhibition cum sale on Karvachauth. Students of Cosmetology Dept. provided their mehndi services at very nominal prices.   | 17th October, 2019             |
| 15. | Mahila Sammelan to be organized  | ““Mahila Sammelan” was organized. Dr. Reena Talwar and Dr. Anjna Malhotra were the main speakers on this  | 26 <sup>th</sup> October, 2019 |



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|     |   |  |                            |
|-----|---|--|----------------------------|
|     |   | occasion. Dr. Reena expressed her views on Maharishi Dayanand: life and philosophy, Dr Anjna expressed her views on Maharishi Dayanand's contribution to women's upliftment                  |                            |
| 16. | Vigilance Awareness Seminar to be held  | Vigilance Awareness Seminar was held. In this seminar DSP Kawaljeet Kaur, Sub Inspector Kamal Singh, Sub Inspector Vikram Singh and Lt. Dr. Anjna Malhotra shared their views with students. | 3 <sup>rd</sup> Nov, 2019  |
| 17. | Medical Camp to be organized at adopted village Vadda Sahowal.                                | General Health check -up of around 47 village women was done during Medical camp organized at adopted village Vadda Sahowal.   | 11 <sup>th</sup> Jan, 2020 |
| 18. | One week Stitching Training to be started for village girls at adopted village Vadda Sahowal. | During 7 Days NSS Camp, NSS Camp One week Stitching & Tailoring Training programme was started for 23 village girls at adopted village Vadda Sahowal.  | 12 <sup>th</sup> Jan, 2020 |



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|     |  |  |                               |
|-----|--|--|-------------------------------|
| 19. | Dhiyaan Di Lohri to be celebrated in Adopted Village Vada Sahowal under "Beti Bachao Abhiyan". | Dheeyan Di lohri was celebrated at adopted Village on 3rd day of NSS camp. 15 Girls who were having their first lohri were invited along with their mothers and local villagers on Dhiyaan Di Lohri. Chief Guest of the program, Principal Mrs Ratna Sharma was honoured by Village Sarpanch Mrs. Sulakhni Devi. A cultural program was organized by NSS volunteers and villagers. Newly born Girls were gifted with woolen baby sets. Peanuts, Rewari and popcorns were distributed to villagers present over there. Small children of village were given money for kites. NSS volunteers awakened the villagers about "Beti Bachao Beti Padhao." | 13 <sup>th</sup> January 2020 |
| 20  | Workshop on Textile printing to be planned at the village                                      | A workshop on Textile printing was conducted for village women by Fashion Design and Home Science Dept. Block  | 15 <sup>th</sup> Jan, 2020    |



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|     |  |  |                               |
|-----|--|--|-------------------------------|
|     |  | printing and Stencil printing was taught to village women. They made hankies, table cloth and cushion covers with block printing. Mrs. Sangeeta Malhotra and Mrs. Meenu Gupta gave training to them.                                   |                               |
| 21. | To organize First Aid & Home Nursing Training  | NSS Dept. organized First Aid & Home Nursing training for 250 students by inviting Mr. Rajiv Kumar, Secretary of District Red Cross Society, Gurdaspur   | 15 <sup>th</sup> Jan, 2020    |
| 22. | Two Days, "Happiness Programme" by Art of living institution to be organized in college for Holistic Development of Students and Faculty | "A Happiness Programme" by Art of living institution was organized in the college campus. Mr. Shailender Mahant and Mrs. Mohini Saini both instructors of "Art of Living" gave lectures on stress management and meditation techniques | 16 <sup>th</sup> Jan, 2020    |
| 23. | Workshop on Healthy Cooking and skin care to be organized for village  | Mrs. Sangeeta Malhotra and Mrs. Meenu Gupta. Recipe of Alsi Pinni and Coconut Burfi was taught to village women.   | 16 <sup>th</sup> January 2020 |



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Ref.No. 6895.A.SD/GEN

Dated. 13-05-2024

|     |  |   |                               |
|-----|--|---|-------------------------------|
|     | women at Vada Sahowal.                               | Mrs.Sonia, Asst. Prof.in Cosmetology gave lecture on Skincare & Makeup.   |                               |
| 24. | Entrepreneurship Awareness Programme to be Conducted | Entrepreneurship Awareness Programme was conducted by staff of Lovely Professional University, Phagwara.  | 22 <sup>nd</sup> January 2020 |
| 25. | To celebrate National Girl Child Day.                | National Girl Child Day was celebrated. Mrs. Neelam Mahant ,BJP Leader &Ex- Chairperson planning Board, Gurdaspur was the chief guest and main speaker. Among students, Miss Sunaina Thakur, Roshni and Bharti gave their Speeches on importance of celebrating this Day. | 24 <sup>th</sup> January 2020 |
| 26. | "World Cancer Awareness Day" to be organized         | "World Cancer Awareness Day" was organized during which Dr. Surinder Kaur Pannu (Renowned Gynaecologist of Gurdaspur) was the main speaker.   | 4 <sup>th</sup> February 2020 |



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Dated. 13-05-2024

|     |   |  |                            |
|-----|---|--|----------------------------|
| 27. | International conference (under CPE) on "Women: An Equal World is an Enabled World" to be celebrated by Women Development Cell. | International conference (under CPE) on "Women: An equal world is an enabled world" was organized. Mrs. Surjit Kaur, famous writer and social activist of Canada, was the Chief Guest. Dr Kanwaljeet Kaur Dhillon, Secretary, National Women Federation of India and Chairperson, 'DISHA' Women organization, Brampton Canada was the Keynote Addresses. Dr Harchand Singh Bedi, Director, Emigrants Study Centre GNDU presided over the inaugural session. Dr. Jaspal Kaur, HOD, Dept of Pbi, University of Delhi, presided over the technical session. Dr. Kuljit Kaur, Dept of Computer science GNDU, Amritsar, Dr. Rachna Sharma, Dept of Sociology, GNDU, Amritsar, Dr. Aashish Kumar of Delhi University, Delhi and Dr. Parminder Kaur Kahlon, Dept of Law, GNDU Regional Centre Gurdaspur presented | 6 <sup>th</sup> March 2020 |
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|     |  |   |                            |
|-----|--|---|----------------------------|
|     |  | their research papers on various issues.  |                            |
| 28. | International Women Day to be celebrated   | Women Development Cell organized expert talk on International Women Day. Dr. Parbjit Kaur & Dr. Reena Talwar were the eminent speakers.   | 8 <sup>th</sup> March 2020 |
| 29. | Sanskrit Dept. to organize a Webinar on Conflict Management- Lessons From Panchatantra   | Sanskrit Dept. organised a Webinar on Conflict Management-Lessons From Panchatantra. Retd. Major General Sh.Amil Kumar Shori (Chairman, GGSD College, KheriGurna) delivered a very relevant lecture by explaining the stories from Panchatantra of Vishnu Sharma  | 15 <sup>th</sup> May 2020  |
| 30. | As per guidelines of Ministry Of Ayush NSS and Youth Welfare Department to organize online celebration of International Yoga Day | NSS and Youth Welfare Department organised online celebration of International Yoga Day. Theme of 6th International Yoga Day was YOGA @ HOME and yoga with family .Mrs.Sonia , Asst Professor in Cosmetology Department was invited for giving online training of | 21 <sup>st</sup> June 2020 |



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|     |   |   |                            |
|-----|---|---|----------------------------|
|     |   | different Yog Asana to students and faculty members who joined this event at Google Meet  |                            |
| 31. | To celebrate International day against Drug Abuse & Illicit Trafficking | NCC cadets celebrated online International day against Drugs abuse & illicit Trafficking Cadets educated the people of their villages against this menace. Cadets made posters, slogans, wrote poems on this issue. | 26 <sup>th</sup> June 2020 |



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**New Session of the college commenced with holy Hawan on 12.7.2019**



**Youth welfare department organized Nukkad natak (StreetPlay) on harmful effect of social media on 5<sup>th</sup> August2019**



**Postgraduate Department of Fashion Designing to conduct three day workshop**  
**(8<sup>th</sup> to 10<sup>th</sup> August2019)**



REDMI NOTE 6 PRO  
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**Volunteers of NSS Dept. celebrated Raksha- bandhan at BSF Head Quarters**  
**Gurdaspur.( 14<sup>th</sup>August, 2019)**



**Poster making competition organized by Fine Arts Dept. on International Youth Day**  
**on 23<sup>rd</sup> August 2020**



**Statue of Martyrs were cleaned by NCC cadets On International Youth Day**



**Dept. of Home Science conducted an awareness lecture for staff and students on  
naturopathy on 23<sup>rd</sup> August, 2019**



## Women Equality Day celebrated by Youth Welfare Dept. on 26<sup>th</sup>August, 2019



**Home Science Dept. celebrated Poshan Maah by organizing lectures on Iron Deficiency-Anemia and Role of Calcium in maintaining health of women on 14<sup>th</sup> September 2018**



"Enlightenment Minds" The Psychology Club organized an Extension lecture on  
"Understanding Mental Illness on 14<sup>th</sup> September 2019"



**Naitik Sikhiya competitive examination organized by Guru Gobind Singh Study circle**  
**Gurdaspur on 14 Oct.2019**



**P.G. Dept. of Fashion Designing & Dept. of Cosmetology organized Decorative Karwa Thali & Mehandi mela on Karvachauth 17th October, 2019**



## Women Development Cell celebrated Mahila Sammelan on 26<sup>th</sup>October 2019



## Vigilance Awareness Seminar held on 3<sup>rd</sup>Nov,2019



**NSS dept.organized Medical Camp at adopted village VaddaSahowal on 11<sup>th</sup>Jan, 2020**



**One week Stitching Training organised for village girls at adopted village Vadda Sahowal on 12<sup>th</sup>Jan, 2020**



## Dhiyaan Di Lohri celebrated in Adopted Village Vada Sahowal



## Workshop on Textile Printing was organized at the village on 15<sup>th</sup>Jan, 2020



**First Aid & Home Nursing Training was organized on 16<sup>th</sup> January 2020**



**Two Days " Happiness Programme" by Art of living institution organized in college for Holistic Development of Students and Faculty on 16<sup>th</sup>Jan, 2020**



**Workshop on skin care organized for village women at Vada Sahowal on 16<sup>th</sup> January 2020**



Workshop Healthy Cooking organized for village women at Vada Sahowal on 16<sup>th</sup> January 202



National Girl Child Day celebrated by NSS Dept. on 24<sup>th</sup> January 2020



**"World Cancer Awareness Day" organized by NSS DEpt. Dr. S.K. Pannu was the eminent speaker on 4<sup>th</sup> February 2020**



International Conference on "Women: An Equal World is an Enabled World" celebrated by Women Development Cell on 6<sup>th</sup> March 2020



Women Development Cell organized expert talk on International Women Day on 8<sup>th</sup> March. Dr. Parbjit Kaur & Dr. Reena Talwar were the eminent speakers.



As per guide lines of Ministry Of Ayush NSS and Youth Welfare Department to organize online celebration of International Yoga Day On 21<sup>st</sup> June 2020

## शांति देवी आर्य महिला कालेज में अंतर्राष्ट्रीय योग दिवस मनाया

- लाइंसिंग द्वारा दी विविध दोनों व्यापार रिपोर्ट



you just want to know



**International day against Drug Abuse & Illicit Trafficking was celebrated by NCC Dept. on 26<sup>th</sup>June 2020**

- छत्राओं ने गांवों में जाकर नशा विरोधी स्लोगन वाले पोस्टर लगाए



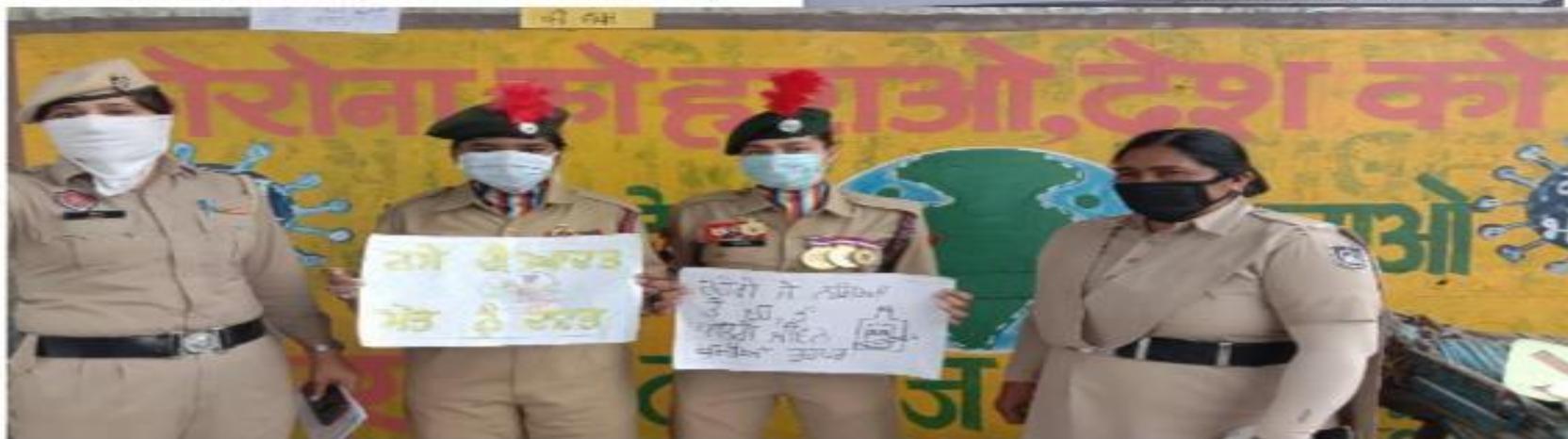
THE BOSTONIAN SOCIETY

THE MORE  
YOU USE,  
THE LESS  
YOU LIVE.



Sym. to  
D. 1901

College: Shanti Devi Arts Mahila College





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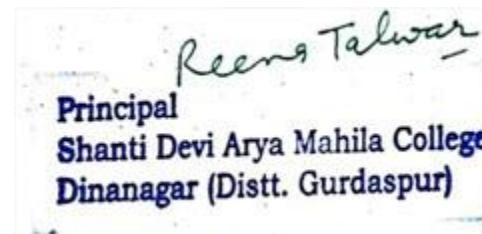


Ref.No. 6895.A.SD/GEN

Dated.13-05-2024

### Gender Sensitization Action Plan 2020-21

| Sr.No. | Programme  | Name of the Programme  | Date   |
|--------|--|--|--|
| 1      | To make Mentor- Mentee groups for newly admitted students for the new session.   | IQAC distributed the college students and assigned Teachers and made Mentor- Mentee groups for the new session.  | 1 <sup>st</sup> July,2020                      |
| 2.     | Doctor's Day to be celebrated. On this day all the doctors of Civil Hospital Singowal to be honored by College staff members.                  | Doctor's Day was celebrated. On this day all the doctors of Civil Hospital, Singowal were honored with bouquets and college mementos by college staff members. | 1 <sup>st</sup> July,2020                      |
| 3.     | Workshop to be organized on "Google Classroom" for College Faculty by Er. Manav Mahajan, from ATECH, Gurdaspur                                 | Workshop on "Google Classroom" for College Faculty by Er. Manav Mahajan, ATECH Gurdaspur for enabling them to conduct online classes.                          | 20 <sup>th</sup> July,2020                     |
| 4.     | To organize five days FDP on "Assessing- Reassessing Skills During Covid."   | IQAC organized five days FDP on "Assessing- Reassessing Skills During Covid"   | 4 <sup>th</sup> to 8 <sup>th</sup> August 2020 |
| 5.     | Post graduate Department of English- to organize six days Faculty Development Programme on "Imparting Soft Skills And Life Skills For Success" | Post graduate Department of English organized six days Faculty Development Programme on "Imparting Soft Skills And Life Skills For Success".                   | 17th to 22nd August                            |
| 6.     | To organize One week awareness campaign  | One week awareness campaign "Jagrukta Saptah" against COVID-19 in collaboration  | 29 <sup>th</sup> Sept, 2020                    |



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|    |  |   |                           |
|----|--|---|---------------------------|
|    | <p>“Jagrukta Saptah” against COVID-19 in collaboration with Dept. of District Youth Services Gurdaspur.</p>            | <p>with Dept. of District Youth Services Gurdaspur was organized. More than 200 students participated in Intra college online Quiz on COVID-19 organized by District Youth Services Gurdaspur. 23 Volunteers made Posters on Importance of Hand Sanitization, Wearing Mask and Maintaining Physical Distancing to combat Corona Virus. Pamphlets for creating awareness regarding Covid-19 provided by Deputy Commissioner, District Gurdaspur were distributed to public by staff and students at local Bus Stand, Dinanagar</p> |                           |
| 7. | Exhibition cum sale of Karwa Thali & Mehndi stalls on the festival of Karwachauth to be organized in College premises. | Exhibition cum sale of items of Karwachauth and Mehndi stall at nominal prizes was organized in college premises by Fashion Designing and Cosmetology Departments.  | 3 Nov,2020                |
| 8. | Exhibition cum sale of diyas to be organized on the occasion of Diwali   | Exhibition cum sale of Diwali items on the occasion of Diwali was organized by Fashion Designing Department.  | 13th Nov,2020             |
| 9. | To organize Expert talk on constitutional growth   | Expert talk on constitutional growth was organized.<br>Retd. Major General Anil Shorue and Dr. Satnam Deol, HOD, Deptt. of Pol.Sci. GNDU Amritsar shared their Views with Cadets of 1Pb girls battalion NCC   | 1 <sup>st</sup> Dec. 2020 |

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|     |  |  |                             |
|-----|--|--|-----------------------------|
| 10. | To Organize Webinar on present scenario of human rights  | Webinar was Organized on 'Present Scenario of Human Rights'. Lt Dr. Anjana Malhotra shared her views with students and staff.  | 10 <sup>th</sup> Dec,2020   |
| 11. | Cultural Program on Folk dances of different States to be organized  | Cultural program "Lok- Utsav" was organized which was sponsored by North Zone Cultural Centre Patiala. Folk dances of Nine States were performed by different artists .  | 24 <sup>th</sup> Dec , 2020 |
| 12. | Quarterly IQAC Meeting to be held to discuss the curriculum & Activities                                       | Quarterly IQAC Meeting was held and discussions were done and activities were planned  | 10 <sup>th</sup> Jan, 2021  |
| 13. | Lohri festival to be celebrated in the College campus  | Lohri Festival was celebrated Peanuts & Sweets were distributed among the students and staff.  | 13 <sup>th</sup> Jan, 2021  |
| 14. | Hawan to be solemnized and students to be blessed to mark the Makar Sankranti festival and National Youth Day. | Hawan was solemnized by Madam Principal, Staff Members and Students. Director Mrs. Ratna Sharma gave an enlightening lecture on Importance of Makar Sakranti and National Youth Day after Hawan Yagya.   | 14 <sup>th</sup> Jan, 2021  |
| 15. | National Girl Child Day to be celebrated .   | National Girl Child Day was celebrated .Mrs Rachna Sharma from Dept of Social Science, GNDU was the Eminent Speaker. All the five NSS Program officers were present at the function. Students of Fine Arts Dept made Posters on the theme of National Girl Child Day under the guidance of HOD, Fine Arts Dept Mrs Sonika Gupta. | 24 <sup>th</sup> Jan.,2021  |

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|     |   |   |                             |
|-----|---|---|-----------------------------|
| 16  | "World Cancer Awareness Day" to be observed by NSS Department   | "World Cancer Awareness Day" was organized by NSS Depaertment. Dr. Ananya Babbar, Gynaecologist, Babbar hospital, Gurdaspur was the main speaker of the day   | 4 <sup>th</sup> Feb.,2021   |
| 17. | World Fraternity Day to be organized  | World Fraternity Day was observed by conducting webinar cum online Inter – College Poetical Recitation competition in collaboration with 1 Pb. Girls battalion,Amritsar.                                    | 4 <sup>th</sup> Feb.,2021   |
| 18. | International Women Day be Celebrated by organizing expert talk.  | International Women day was Celebrated by NSS & Youth Welfare Dept. Principal Mrs.Ratna Sharma, Dr.Reena Talwar and Mrs. Neenu Sharma addressed the students and threw light on the importance of this day. | 10 th March,2021            |
| 19. | A series of Hawan/Prayer and path has been planned by the staff of SDAM College for the well- being of all during the 2 <sup>nd</sup> wave of Covid -19 | A series of Hawan / Prayer and path were done by the staff of SDAM College for the well- being of all amidst alarming reports of increase in Covid-19 Cases   | 20 <sup>th</sup> March 2021 |
| 20. | Slogan writing & Tree Plantation Competition on Poshan Pakhwada 2021 to be organized  | Slogan writing Competition & Tree Plantation on Poshan Pakhwada 2021 was organized by NSS & Home Science Department.  | 31st March,2021             |
| 21. | One day National webinar on Legal Rights and Women Empowerment to be organized  | One Day National Webinar was organized on Legal Rights and Women Empowerment .In this webinar Dr. Vinay Kapoor, VC of Dr. B. R Ambedkar National law University, Sonipat                                    | 17th May 2021               |

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|     |  |   |                           |
|-----|--|---|---------------------------|
|     |  | and Col. Aridhaman Sharma, Commanding officer of 1 Punjab girl's battalion NCC were the main speakers. Dr Anjna Malhotra, coordinator, Dr. Ambedkar study centre was the moderator in this webinar.   |                           |
| 22. | To organize Webinar on "Importance Of Profession Ready Training And Placement Program" *In Clinical Research Pharma Co - vigilance And Associated Domains, | Science department of Shanti Devi Arya Mahila College Dinanagar in association with CLINI INDIA organized Webinar on "Importance Of Profession Ready Training And Placement Program" *In Clinical Research, Pharmacovigilance And Associated Domains, Resource person for the webinar was Mr. Vishal Chaudhary. (Head of operation and responsible to handle technical as well as training and placement support to Clini India campus in Pune, Mumbai, Bangalore and Hyderabad.) | 31 <sup>st</sup> May 2021 |
| 23. | PG department of Hindi to organize an International Webinar on "Changing Scenario of life in Covid".   | PG department of Hindi organized an International Webinar on " Changing Scenario of life in Covid". On this occasion participants from different states of India and abroad joined the webinar.<br>Prof. Mohan Kant Gautam (Hon. Chancellor of European University of East and West, Netherlands). Prof. Parmeshwari Sharma (Jammu University, Jammu), Dr. Sunil Kumar (GNDU Amritsar) were the eminent speakers.   | 2 <sup>nd</sup> June 2021 |

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|     |  |   |   |
|-----|--|---|---|
| 24. | To organize ONE WEEK Online Hobby Classes by Computer Science, Home Science, FD, Cosmetology, Fine Arts and Physical Education Departments.  | ONE WEEK Free Online Hobby Classes were organized by Computer Science, Home Science, FD, Cosmetology, Fine Arts and Physical Education Departments. More than 500 students joined these classes from different villages of the surrounding area of Dinanagar. | 8 <sup>th</sup> -16 <sup>th</sup> June 2021 |
| 25. | The students of Fine Arts department to participate in Poster making competition on the occasion of World Environment Day to be organised by Hindu Kanya Mahavidyalaya, Jind, Haryana. | Mehak got 1st and Apurva got 2nd position in state-level poster making competition on the occasion of World Environment Day on 5th June, 2021 organised by Hindu Kanya Mahavidyalaya, Jind, Haryana.  | 10 <sup>th</sup> June 2021                  |
| 26. | Fine Arts department to participate in Online Painting competition organized by SAHITYA KALASH PATIALA (CLUSTER PATHANKOT) on "World Environment Day".                                 | Tanvi Sharma of B.Sc(Medical)-2nd Semester got third position in online painting competition organized by SAHITYA KALASH PATIALA (CLUSTER PATHANKOT) on "World Environment Day".  | 16 <sup>th</sup> June 2021                  |
| 27. | Youth Welfare department to participate in Online Inter- College Cultural Festival : "Golden Spirits" 2021 to be organized by S.L.BAWA DAV College, Batala.                            | Our College bagged Champions Trophy in Online Inter-College Cultural Festival "Golden Spirits 2021" organised by S.L. BAWA DAV College,   | 17 <sup>th</sup> June 2021                  |
| 28. | Physical Education and NSS departments to celebrate International  | International Yoga Day was celebrated on 21 June 2021 by NSS and Physical Education departments. One day online Webinar on "  | 21 <sup>st</sup> June 2021                  |

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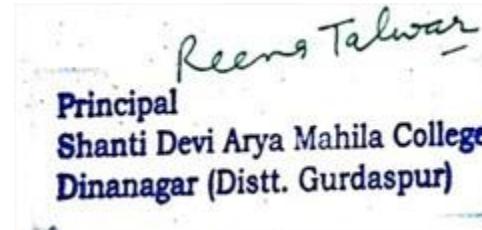
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|     |  |  |  |
|-----|--|--|--|
|     | Yoga Day in collaboration with Isha Foundation.  | Yoga for Immunity, Respiratory & Emotional well-Being" was organized in collaboration with Isha Foundation. From Isha Foundation Dr. Monica Gupta played active role in organizing this webinar and Miss Tayagini, Yoga expert was the moderator of this event |  |
| 29. | The students of NCC, NSS, Science departments to attend webinar on Anti- Drug campaign organized by Punjab Government. | The students of NCC, NSS, Science departments to attend webinar on Anti- Drug campaign organized by Punjab Government.   | 23 <sup>rd</sup> -24 <sup>th</sup> June 2021 |



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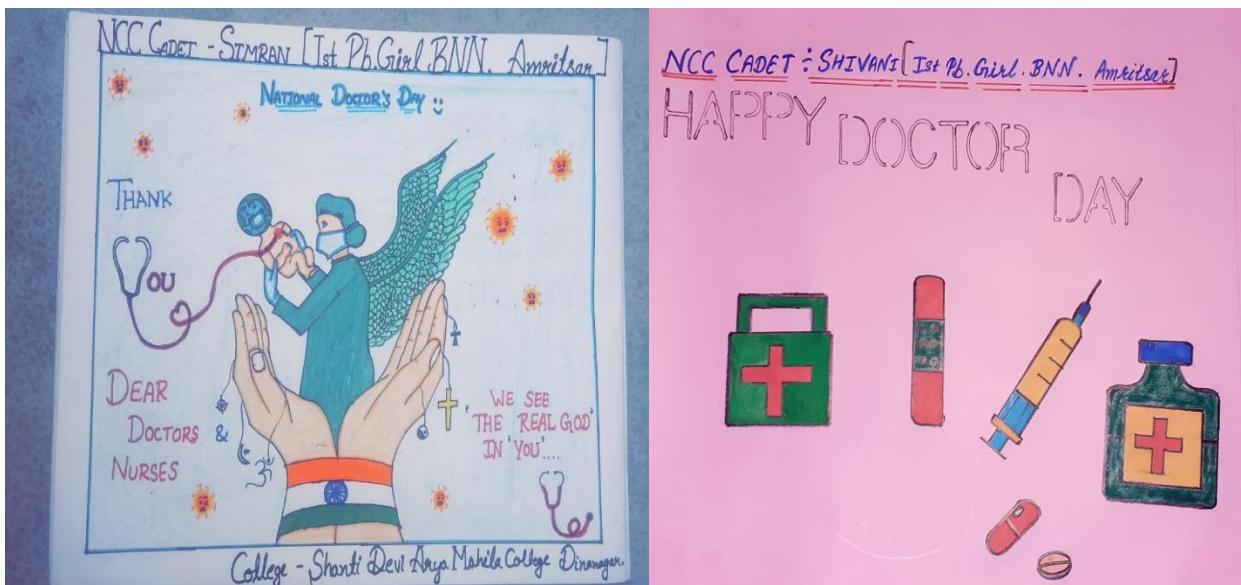


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**On Doctor's Day all the doctors of Civil Hospital Singhowal were honored by College staff members and NCC cadets on 1<sup>st</sup> July,2020**



**PG Dept. of Computer Science & IT Organized A Workshop on  
“Google Classroom” for College Faculty by inviting Er. Manav  
Mahajan, from ATECH, Gurdaspur on 20th July, 2020**



**One week awareness campaign “Jagrukta Saptah” was organized by NSS Dept. against COVID-19 in collaboration with District Youth Services Gurdaspur on 29<sup>th</sup> Sept, 2020.**



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**Exhibition cum sale of Karwa Thali & Mehndi stalls organized by Fashion Designing Dept.on the festival of Karwachauth in College premises on 3 Nov,2020.**



**Exhibition cum sale of Diyas was organized by Fashion Designing Dept. on the occasion of Diwali on 13th Nov,2020.**



**Fit India Rally was organized To Promote Healthy Life Style During COVID Pandemic by NSS Dept. on 7th Dec,2020.**



**24<sup>th</sup> Cultural Program on Folk dances of different States to be organized on Dec , 2020.**



**Lohri festival was celebrated in the College campus on 13<sup>th</sup> Jan, 2021.**



**Hawan to be solemnized and students to be blessed to mark the Makar Sankranti festival and National Youth Day on 14<sup>th</sup> Jan, 2021.**



**National Girl Child Day was celebrated by NSS & Youth Welfare Dept on 24<sup>th</sup> January 2021 Mrs Rachna Sharma from Dept of Social Science, GNDU was the Eminent Speaker.**



**"World Cancer Awareness Day" was observed by NSS Department by inviting Dr. Ananya Babbar , a Famous Gynaecologist from Civil Hospital Gurdaspur on 4<sup>th</sup>Feb.,2021**



**International Women Day be Celebrated by organizing expert talk on 8<sup>th</sup> March, 2021.**



**A series of Hawan/Prayer and path has been planned by the staff of SDAM College for the well being of all during the 2<sup>nd</sup> wave of Covid -19 on 20<sup>th</sup> March 2021.**



OPPO F17 Pro · ©Neha Saini  
2021/03/27 11:00

## Tree plantation and Slogan writing Competition organized on Poshan Pakhwada on 25<sup>th</sup> March,2021.



**One day National webinar on Legal Rights and Women Empowerment to be organized on 17 May 2021.**



**To organize Webinar on "Importance of Profession Ready Training And Placement Program"\*In Clinical Research Pharma covigilance And Associated Domains on 31<sup>st</sup> May 2021.**



PG department of Hindi organized an International Webinar on " Changing Scenario of life in Covid" on 2<sup>nd</sup> June 2021 . On this occasion participants from different states of India and abroad joined the webinar.

**Youth Welfare Dept. bagged Champions Trophy in an Online Inter-College Cultural Festival “Golden Spirits 2021” organised by S.L. BAWA DAV College, Batala on 17<sup>th</sup> June 2021**



**International Yoga Day was celebrated on 21 June 2021 by NSS and Physical Education departments. One day online Webinar on “Yoga for Immunity, Respiratory & Emotional well-Being” was organized in collaboration with Isha Foundation.**





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Ref.No. 6895.A.SD/GEN

Dated. 13-05-2024



### Gender Sensitization Action Plan 2021-2022

| SR. NO. | Programme to be organised   | Name of The Programme   | Date                       |
|---------|---|---|----------------------------|
| 1.      | Orientation Programme to be organized   | Orientation Program commenced for the new session.  | 13 <sup>th</sup> July 2021 |
| 2.      | To make Mentor-Mentee groups for the new session  | IQAC distributed the college students and assigned teachers and made Mentor-Mentee groups.  | 14 <sup>th</sup> July 2021 |
| 3.      | Science, NSS, NCC and Red Cross departments to organize one day Covid-19 vaccination camp | Science, NSS, NCC & Red Cross departments organised one day Covid-19 vaccination camp on 7th August 2021.   | 7th August 2021            |
| 4.      | Youth Welfare department to organize free workshop on folk dances under Punjab            | Punjab Folk Art Centre, Gurdaspur is organising two week free workshop of Giddha and Sammi, (Folk Dances) of Punjab in collaboration with Shanti Devi Arya Mahila College Dinanagar, Punjab, under Scheme of performing Arts Ministry of Culture, Govt. of India. | 9th August 2021            |

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|    |   |  |                              |
|----|---|--|------------------------------|
|    | Folk Art Centre, Gurdaspur  |  |                              |
| 5. | International Youth Day to be celebrated  | On International Youth Day, NCC Cadets visited the temple of Shaheed situated at Village Paniaar, near Gurdaspur. Cadets cleaned the temple and offered their gratitude with flowers. .  | 12 <sup>th</sup> August 2021 |
| 6. | To organize 3rd Vaccination Camp  | NSS ,NCC and Red Cross Departments organized 3rd Vaccination Camp on 13th August, 2021. A team from Civil Hospital, Dinanagar visited the college campus. And more than 200 students were vaccinated.  | 13 August 2021               |
| 7. | Youth Welfare department and Post Graduate department of Punjabi to celebrate Teej Festival.  | Youth Welfare and Post Graduate departments of Punjabi celebrated Teej Festival on 16th August 2021.<br>Honourable Mrs. Aruna Chaudhary, Cabinet Minister, Punjab was the Chief Guest and honourable Mr. Ashok Chaudhary, senior Congress leader was the Guest of Honour. Honourable Mrs. Aruna Chaudhary inaugurated the Auditorium (with state of art facilities). Miss Teej Contest was conducted on this day | 17 <sup>th</sup> August 2021 |
| 8. | PG department of Fashion Designing to organise Rakhi making competition   | PG department of Fashion Designing organised Rakhi Making Competition and an exhibition cum sale for celebration of Raksha Bandhan Festival  | 21 <sup>st</sup> August 2021 |
| 9. | To receive honour of Green Champion Award by Mahatma Gandhi National Council and Ministry of Higher Education (MGNCRE), Govt. of India. | College was honoured with Green Champion Award by Mahatma Gandhi National Council and Ministry of Higher Education (MGNCRE), Govt. of India. The award is given by Deputy Commissioner, Mohammad Ishfaq to Principal Dr. Reena Talwar and NSS Programme Officers.  | 24th August 2021             |

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|     |  |   |                                 |
|-----|--|---|---------------------------------|
| 10. | To Organize 'Teachers honouring Ceremony' by Bharat Vikas Parishad   | On the occasion of Teacher's Day, Bharat Vikas Parishad, Dinanagar honoured teachers and students on 6th September, 2021 under the supervision of Niresh Tripathi. On this day, Principal Dr. Reena Talwar, Dr. Sushma Gupta, Dr. Kulwinder Kaur, Mrs. Sunita Verma and Mrs. Sangeeta Malhotra were honoured. Students who got First Position in GNDU, Miss Ruby, Miss Komalpreet, Miss Lisha Mahajan, Miss Ramanpreet and Miss Lovepreet were also honoured.                                 | 6 <sup>th</sup> September 2021  |
| 11. | Directorate of Youth Services Punjab in collaboration with Punjab State Aids Control Society Chandigarh to organize District Level Competitions of Red Ribbon Clubs. | Directorate of Youth Services Punjab in collaboration with Punjab State Aids Control Society Chandigarh organised District Level Competitions of Red Ribbon Clubs at Shanti Devi Arya Mahila College Dinanagar under the able guidance of Mr. Ravipal, Assistant Director, Youth Services Gurdaspur on 25 September 2021. Sh. Dalwinder Singh Dayalpuria, famous singer of Punjab and Mr. Honey Jhakku, Manager, PNB Jalandhar were invited as Guest of Honour and they also acted as Judges. | 25 <sup>th</sup> September 2021 |
| 12. | To organise a seminar on the topic "Holistic Nourishment" to celebrate "National Nutrition Month"  | Home Science & NSS departments in collaboration with Inner Wheel Club of Gurdaspur, organized a Seminar on the topic "Holistic Nourishment" to celebrate 'National Nutrition Month' on 29th September 2021. The esteemed speakers of day were Dr. Mrs. Vibha Sharma, a famous nutritionist and Ayurveda expert from Gurdaspur and Dr. Mrs. Gayatri Mahajan, owner of Fat To Fit Clinic and consultant dietitian of MHS Pathankot.   | 29 <sup>th</sup> September 2021 |
| 13. | To organize Inaugural Hawan and Orientation programme  | Inaugural Hawan organized at College Campus on 12th Oct., 2021. Swami Sadanand Ji, President, Mr. Dharam Indu Gupta, Secretary and Mrs. Namita Gupta along with other Managing Committee members were present in this Hawan. Principal Dr. Reena Talwar   | 13th October 2021               |

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|            |   |  |                                     |
|------------|---|--|-------------------------------------|
|            |   | welcomed the new students and told them regarding the rules & regulations of college and also guided them to achieve their   |                                     |
| <b>14.</b> | To organize lecture on Girl Education.  | Under the aegis of 'Guru Nanak Multiversity', Bhai Jaswinder Singh Khalsa initiated an EDUCATE PUNJAB PROJECT to sponsor girl education.   | 18th October 2021                   |
| <b>15.</b> | To organize workshop on "Networking"  | PG department of Computer Science and IT organized workshop on "NetworkinG" Er. Manav Mahajan delivered a practical session on "Networking" in which he also shared his practical experiences with participants.   | 3rd November 2021                   |
| <b>14.</b> | To organize a webinar to observe the International Day for the Elimination of violence against women. | PG department of Political Science under the aegis of IQAC organized a webinar to observe the International Day for the Elimination of violence against women. Dr. khushboo Mahajan Research Associate in Pol. Sci. Dept. from Punjab University was the main speaker. | 25th November 2021                  |
| <b>15.</b> | ECO Club to organise students trip to Science City.   | ECO Club organised students trip to Science City to make students aware of factual knowledge.  | 27th November 2021                  |
| <b>16.</b> | To organize COVID Vaccination Camp  | COVID Vaccination Camp was organized at Main Dispensary, Dinanagar. 130 students got vaccinated in this camp under the supervision of Principal Dr. Reena Talwar   | <b>2<sup>nd</sup> December 2021</b> |
| <b>17.</b> | Department of Psychology to organize webinar on the topic "Career Opportunities in Psychology".       | Department of Psychology under the aegis of IQAC organized a webinar on the topic "Career Opportunities in Psychology". Dr. Zahoor Ahmed Lone, Assistant Professor, Dept. of Psychology, Lovely Professional University, Phagwara was the eminent speaker of the day.  | <b>4<sup>th</sup> December 2021</b> |

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|            | Psychology  |  |                                      |
|------------|---|--|--------------------------------------|
| <b>18.</b> | PG department of Fashion Designing and Home Science to organize a workshop of Tie and Dye . | PG department of Fashion Designing and Home Science to organize a workshop of Tie and Dye .  | <b>6<sup>th</sup> December 2021</b>  |
| <b>19.</b> | To organize "Cyber Security Awareness Campaign for staff and students.                      | PG department of Computer Science & IT organized "Cyber Security Awareness Campaign". This campaign has been started by UGC to aware the people in this digital India where we all are using digital services.   | <b>6<sup>th</sup> December 2021</b>  |
| <b>19.</b> | To celebrate Human Rights Day.  | PG department of Political Science under the aegis of IQAC organized an Essay writing competition on 10th December 2021 to celebrate the Human Rights Day-the day on which the United Nations General Assembly adopted, in 1948, the Universal Declaration of Human Rights.  | <b>11<sup>th</sup> December 2021</b> |
| <b>20.</b> | Psychology Club To organize a session on "Psychological Testing".                           | The Psychology club "The Enlightened Minds" under the aegis of IQAC organized a session on "Psychological Testing" by Dr. Sonam Gupta.   | <b>11<sup>th</sup> December 2021</b> |
| <b>21.</b> | Department of Biotechnology to organize Educational trip to CSIR-IHBT Palampur              | Department of Biotechnology organised an educational trip to CSIR-IHBT Palampur 1. Mrs. Mamta Kashiv and Ms. Gurpriya Saini of Biotech. department accompanied the students.   | <b>12<sup>th</sup> December 2021</b> |
| <b>22.</b> | To organise a webinar on "Sexual Harassment of Women at Workplace": Prevention,             | Dr. Ambedkar studies Centre organised a webinar on "Sexual Harassment of Women At Workplace": Prevention, Prohibition and Redressal .Mrs Navdeep Kaur Gill, Secretary, District Legal Services Authority, Gurdaspur and Advocate Prabhdeep Singh Sandhu, Member District Legal Services Authority Gurdaspur were the | <b>13<sup>th</sup> December 2021</b> |

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|            |  |   |                                     |
|------------|--|---|-------------------------------------|
|            | Prohibition and Redressal.   | mainspeakersofthisWebinar   |                                     |
| <b>23.</b> | NSS Department to organize Online webinar on Swami Vivekanand Ji's life to celebrate National Youth Day. | NSS Department organised an online webinar on Swami Vivekanand Ji's life and his Contribution for Society to celebrate National Youth Day on 12 January 2022. Dr Anjana Malhotra from Political Science Department was the mainspeaker.   | <b>12<sup>th</sup> January 2022</b> |
| <b>24.</b> | NSS department to celebrate "National Girl Child Day"  | NSS department celebrated "National Girl Child Day" through online medium under the able guidance of Principal Dr. Reena Talwar.  | <b>24<sup>th</sup> January 2022</b> |
| <b>25.</b> | Career Guidance Cell to organize a career guidance event.  | Career Guidance Cell organized a career guidance event for the students. The aim of the event was to guide the students from various streams to overcome wide variety of confusions, issues and provide ultimate guidance to take them to their ultimate goal.  | 27th January 2022                   |
| <b>26.</b> | NSS department and Buddy group to organise Covid vaccination camp  | After a series of so many successful ventures, the NSS department and Buddy group organised one more vaccination camp in college campus. In this programme, mainly the students between 15 to 18 years of age participated and got vaccination dose. More than 65 students got first dose and few others got second dose. | 27th January 2022                   |
| <b>28.</b> | To celebrate "World Cancer Day"  | Science department celebrated "World Cancer Day". The theme of World Cancer Day 2022 is "Close the Care Gap". On this day students participated in poster and slogan making competitions  | <b>4<sup>th</sup> February 2022</b> |
| <b>29.</b> | To organize Self Defense classes by Mr. Gurwant Singh,   | NSS Department organized Self Defence Classes for 250 Volunteers during 7 days camp under the supervision of expert in Martial Art and Black Belt Mr. Gurwant Singh,  | <b>12<sup>th</sup> February</b>     |

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|            |   |   |                                  |
|------------|---|---|----------------------------------|
| <b>30.</b> | To organize First Aid & Home Nursing Training   | NSS & Red Ribbon Club organized 2 days First Aid & Home Nursing Training by inviting Mr. Rajeev Kumar, Secretary, Dist. Red Cross Society Gurdaspur.  | <b>14<sup>th</sup> February</b>  |
| <b>31.</b> | To organize Meditation Session of ART OF LIVING   | NSS Department organized 2 Days ART OF LIVING Session by inviting instructor from Gurdaspur. Mr. Shailender Mahant  | <b>15<sup>th</sup> February</b>  |
| <b>32.</b> | To organize workshop of Textile Printing & Cooking for women in adopted village Tangoshah | Fashion Designing Dept. organized workshop of BlockPrinting, Stencil Printing and Tie & Dye and Home Science Dept. organized workshop on Food Preservation for women in adopted village Tangoshah   | <b>16<sup>th</sup> February</b>  |
| <b>33.</b> | To celebrate International Women's Day.   | N.S.S department organized workshop on Women Entrepreneurship and Skill Development to celebrate International Women's Day. The speakers during this workshop, were, Mrs. Ranjit Kaur (Managing Director Waheguru Kripa Self Help Group), Mrs. Sunita Sharma (owner, Classic Beauty Parlour and Institute), Mrs. Milan Mahajan (Health and Wellness Consultant) | <b>8<sup>th</sup> March 2022</b> |
| <b>34.</b> | 'Teacher Award Ceremony' to be organized.   | 'Teacher Award Ceremony' was organised in the capacious auditorium. Professor Lakshmi Kant Chawla, Former Cabinet Minister Punjab, Senior BJP leader graced the occasion as the chief guest. During this event, 20 Principals and 100 Teachers of Schools were honoured with mementos.  | 12 <sup>th</sup> March 2022      |
| <b>35.</b> | To organize a seminar on "Consumer Rights" to celebrate 'World Consumer Rights Day'.      | Post Graduate departments of Economics and Commerce, organised a seminar on "Consumer Rights" to celebrate 'World Consumer Rights Day'. Advocate Mr. Satyan Khajuria and Advocate Ms. Harpreet Kaur were the eminent speakers   | 15 <sup>th</sup> March 2022      |

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|            |  |  |                                   |
|------------|--|--|-----------------------------------|
| <b>36.</b> | To organize an "Entrepreneurship Awareness Programme | MSME Development Institute Ludhiana under Ministry of MSME Government of India organised "Entrepreneurship Awareness Programme" for educated unemployed youth. Ministry of MSME has planned to organise such programs under "One District One College" scheme and the ministry has chosen Shanti Devi Arya Mahila College..      | 21 <sup>st</sup> March 2022       |
| <b>37.</b> | To observe "World TB Day".                           | N.S.S. & Science departments observed "World TB Day" by organizing declamation contest on the. Theme of World TB Day 2022 was 'Invest to End TB. Save Lives'   | <b>24<sup>th</sup> March 2022</b> |
| <b>38.</b> | Red Ribbon Club to organize a 'NukkadNatak'.         | Red Ribbon Club organised a "NukkadNataka" named as "Vehngi" performed by renowned "Red Arts Theatre Group" which was staged on 31st March on the topic "Importance of Teachers and Education". These performers are on the mission to make a bridge between students and teachers   | <b>31<sup>st</sup> March 2022</b> |
| <b>39.</b> | To organize workshop on "Personality Development"    | Post Graduate department of Computer Science and IT and Placement Cell organized a workshop on "Personality Development". Ms. Pallavi Nayyar (Project Manager) and Ms. Kamna Jaryal (Business Development Manager) from Rozgar Map, SPRN Entrepreneurs private limited company, were the eminent speakers of the two sessions of | <b>5<sup>th</sup> April 2022</b>  |
| <b>40.</b> | To celebrate 'World Health Day'.                     | N.S.S., N.C.C., Red Ribbon Club, Red Cross, Youth Welfare Departments celebrated "World Health Day" under Ek Bharat Shreshtha Bharat (EBSB) programme, and organized a Blood Donation camp which was sponsored by Red Cross Society Gurdaspur  | <b>7<sup>th</sup> April 2022</b>  |
| <b>41.</b> | PG department of English to organize College Mandeer | PG department of English under "Ek Bharat Shreshtha Bharat Club" organised an entertaining show with "College Mandeer" on 17 <sup>th</sup> May, 2022. The show College Mandeer was entertaining one and broadcasted both on television and YouTube.  | 17th May 2022                     |

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|     |   |  |                            |
|-----|---|--|----------------------------|
| 42. | PG department of Hindi to organize an International Webinar on "Changing Scenario of life in Covid" | . PG department of Hindi organized an International Webinar on "Changing Scenario of life in Covid"  | 2nd June 2022              |
| 43. | To organize self-grooming classes   | Cosmetology Dept. organized 7 Days Self Grooming Classees to enhance self - beautification. Mrs. Sonia gave tips on Makeup, Hair Styles and skin care. | 20 <sup>th</sup> June 2022 |
| 44. | To celebrate International Yoga Day   | International Yoga Day was celebrated by NSS and Physical Education departments.   | 21 <sup>st</sup> June 2022 |
| 46. | Youth Welfare Dept. to organize Workshop on Folk Dances   | A summer workshop was organized by Youth Welfare Dept. in collaboration with Punjab Folk Art Centre Gurdaspur.   | 23- June 2022              |

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## **REPORT OF ACTIVITIES UNDER GENDER SENSITIZATION PLAN 2021-22**

**Hawan and Orientation Program commenced for the new session on 13<sup>th</sup> July 2021**



**IQAC assigned teachers and made Mentor-Mentee groups on 14<sup>th</sup> July 2021**



Science, NSS, NCC & Red Cross departments organized one day Covid-19 vaccination camp on 7th August 2021



ਸ਼ਾਂਤੀ ਦੇਵੀ ਆਰੀਆ ਮਹਿਲਾ ਕਾਲਜ ਦੀਨਾਨਗਰ ਚ ਲਗਾਏ ਗਏ ਵੈਕਸੀਨੇਸ਼ਨ ਕੈਪ ਦੌਰਾਨ ਟੀਕਾਕਰਨ ਕਰਦੇ ਹੋਏ ਸਿਹਤ ਵਿਭਾਗ ਦੀ ਟੀਮ ਅਤੇ ਹਾਜ਼ਰ ਕਾਲਜ ਸਟਾਫ ਤੇ ਵਿਦਿਆਰਥਣਾ।

## ਸ਼ਾਂਤੀ ਦੇਵੀ ਕਾਲਜ 'ਚ ਵੈਕਸੀਨੇਸ਼ਨ ਕੈਪ ਲਾਇਆ

ਸ਼ਾਮ ਸਿੰਘ ਪ੍ਰੀਮਲ, ਦੀਨਾਨਗਰ ਸ਼ਾਂਤੀ ਦੇਵੀ ਆਰੀਆ ਮਹਿਲਾ ਕਾਲਜ ਦੀਨਾਨਗਰ ਵਿਖੇ ਵੈਕਸੀਨੇਸ਼ਨ ਕੈਪ ਲਗਾਇਆ ਗਿਆ। ਕਾਲਜ ਦੇ ਸਾਇੰਸ, ਐਨਸੀਸੀ ਤੇ ਐਨਐਸਐਸ ਵਿਭਾਗ ਵੱਡੇ ਪਿੰਸੀਪਲ ਡਾ. ਗੀਨਾ ਤਲਵਾੜ ਦੀ ਅਗਵਾਈ ਹੋਣ ਸਿਹਤ ਵਿਭਾਗ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਲਗਾਏ ਗਏ ਕੈਪ ਦੌਰਾਨ 100 ਦੇ ਕਰੀਬ ਵਿਦਿਆਰਥਣਾ,

ਟੀਟਿਗ ਸਟਾਫ ਅਤੇ ਨਾਨ ਟੀਚਿੰਗ ਸਟਾਫ ਦੀ ਨੂੰ ਵੈਕਸੀਨ ਲਗਾਈ ਗਈ। ਪ੍ਰੀਸੀਪਲ ਡਾ. ਗੀਨਾ ਤਲਵਾੜ ਨੇ ਕਿਹਾ ਕਿ ਕਰੋਨਾ ਸੰਕਟ ਦੇਸ਼ ਸਾਹਮਣੇ ਇਕ ਬਹੁਤ ਵੱਡੀ ਚੁਣੌਤੀ ਹੈ ਅਤੇ ਅਸੀਂ ਇਸ ਰੁਲੋਂ ਦਾ ਤਾਂ ਹੀ ਸਾਹਮਣਾ ਕਰ ਸਕਾਂਗੇ ਜੇਕਰ ਅਸੀਂ ਸਾਰੇ ਰਲ ਕੇ ਸਰਕਾਰ ਦੀਆਂ ਹਤਾਹਿਤਾਂ ਦਾ ਪਾਲਣ ਕਰੀਏ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਹੁਣ ਜਦੋਂ ਕੋਰੋਨਾ

ਦੀ ਤੀਜੀ ਲਹਿਰ ਦਾ ਖਤਰਾ ਵੀ ਮੰਨਾ ਰਿਹਾ ਹੈ ਤਾਂ ਲੋਕਾਂ ਨੂੰ ਬਿਨਾਂ ਕਿਸੇ ਦੋਵੀ ਦੇ ਵੈਕਸੀਨ ਚਰੂ ਲਗਵਾ ਲੈਣੀ ਚਾਹੀਦੀ ਹੈ। ਇਸ ਸੇਕੇ ਸਿਹਤ ਵਿਭਾਗ ਦੀ ਟੀਮ ਵਿਚ ਨਵਿੰਦਰ ਕੌਰ ਤੇ ਬਲਵਿੰਦਰ ਕੌਰ ਐਸੀਨਐਮ, ਸੁਮਿਤ ਮਹਿਸੂਨ ਬੀਐਲਓ, ਰਿਤਿਕਾ ਸ਼ਰਮਾ ਅਤੇ ਰਾਮਨਾਥ ਵਿਪਰੋਫਰ ਅਤੇ ਕਾਲਜ ਦਾ ਸਟਾਫ ਵੀ ਮੌਜੂਦ ਸੀ।

Youth Welfare department organized free workshop on folk dances under Punjab Folk Art Centre, Gurdaspur on 9th August 2021

Free Training Specially For All First Year Students of Degree Classes Batch 2021

**Punjab Folk Art Centre, Gurdaspur**  
Organizes  
**GIDDHA & SAMMI WORKSHOP**  
Under the Scheme of Performing Arts  
(Ministry of Culture, Govt. of India)  
In Collaboration with  
**SHANTI DEVI ARYA MAHILA COLLEGE, DINANAGAR**  
Start from 02nd August, 2021

Please join the following WhatsApp group to learn Punjabi Folk Arts.  
Avail the Free advantages. Limited seats.

WhatsApp Group <https://chat.whatsapp.com/I6q8sSLgFBgCY58tIbtLjZ>

## एसडीएम कॉलेज में गिद्धा व सम्मी प्रशिक्षण की वर्कशॉप शुरू

रजिंदर सैनी

दीनानगर 8 अगस्त। स्थानीय शांति देवी आर्ट महिला कॉलेज में भारत सरकार के मिनिस्ट्री आफ कल्चर की परकॉर्पिंग आर्ट स्कीम के तहत पंजाब आर्ट सेंटर गुरदासपुर और कॉलेज के युवा भलाई विभाग के संयुक्त सहयोग से पंजाब के प्रसिद्ध लोक नाच, गिद्धा



और सम्मी के प्रशिक्षण के लिए 15 दिवसीय वर्कशॉप का आयोजन किया जा रहा है। जिसका मुख्य उद्देश्य युवा वर्ग को भारतीय संस्कृति के साथ जोड़कर उन्हें अपनी पुरातन विरासत के साथ जोड़ना है। ताकि युवा पीढ़ी अपनी विरासत के साथ जुड़ी रहे। इस अवसर पर पंजाब काक आर्ट सेंटर गुरदासपुर के

अध्यक्ष हरमंजीत सिंह, प्रिं डॉ रीना तलवार, युवक भलाई विभाग की डीन डॉ कुलविंदर कौर छीना, कोऑर्डिनेटर दीपक ज्योति, कोच मिस काजल तथा जीवन सहित वर्कशॉप में भाग ले रहे विद्यार्थी उपस्थित थे।

**रावी वॉयस**  
[www.raavivoice.com](http://www.raavivoice.com)



**International Youth Day was celebrated by NCC Dept. by paying Homage to Statue of Martyrs on 12<sup>th</sup> August 2021**



**Youth Welfare department and Post Graduate department of Punjabi  
celebrated Teej Festival on 17<sup>th</sup> August 2021**





**PG department of Fashion Designing organized Rakhi Making Competition and an exhibition cum sale for celebration of Raksha Bandhan Festival on 21<sup>st</sup> August 2021**



**College received honor of Green Champion Award by Mahatma Gandhi National Council and Ministry of Higher Education (MGNCRE), Govt. of India under ONE DISTRICT ONE GREEN CHAMPION CAMPAIGN on 24th August 2021**



**‘Teachers honouring Ceremony’ was organized by Bharat Vikas Parishad.  
6<sup>th</sup> September 2021**





**Directorate of Youth Services Punjab in collaboration with Punjab State AIDSControl Society Chandigarh organized District Level Competitions of Red Ribbon Clubs on 25<sup>th</sup>September 2021**



**A Seminar was organized by Home Science Dept. on the topic "Holistic Nourishment" to celebrate "National Nutrition Month on 29<sup>th</sup> September 2021**



## शांति देवी आर्य महिला कॉलेज में पोषण माह के तहत सेमिनार का करवाया आयोजन

स्टेट समावार/दीनानगर/रवि राजवाल

शांति देवी आर्य महिला कॉलेज दीनानगर में होम साइंस तथा एनएसएस विभागों द्वारा इनरहील कलब गुरुदासपुर के सहायता से विसिपल डॉ रीना तलवार की अध्यक्षता में पोषण अधियान के अंतर्गत पोषण मह मनाया गया।

वैत्तिक व्याख्यान विषय पर करवाये इस सेमिनार में मुख्य वक्ता के तौर पर गुरुदासपुर की डॉक्टर विभा रार्मा तथा पठानकाट से डाइटिशनन गायत्री महाजन ने अपने विचार छात्राओं के साथ रखे। होम साइंस विभाग की अध्यक्ष मिस सपीता मल्होत्रा ने भेंच का सचिवालन करते हुए पोषण अधियान का महत्व बताया तथा



इसके मिशन के तहत भारत को 2022 तक कृपेषण मुक्त करने के लिए सकार के प्रयासों से अवगत करते हुए उन्होंने बताया कि 'जैवा खाए अब खैसा होगा मन' पर्कि का बहुत ही सुंदर शब्दों में उल्कब किया। डॉक्टर विभा शर्मा ने पोषिक भोजन तथा एक स्वस्थ

जीवनशैली अपनाने के लिए प्रेरणा दी तथा घर में पका हुआ भोजन खाने की सलाह दी तथा भोजन में फल सहजियों और तेल वाले बीज तथा दूध दही को मुख्य तौर पर शामिल करने के लिए सुझाव दिया। डाइटिशनन मिस्टर बलब जी भाइयो महाजन ने नौजवान लड़कों को बलब का स्मृति में अक्सर पाई जाने वाली समस्या पीकांड जॉक महावारी के साथ सबैधित है उस पर रोजनों डालते हुए कहा कि इस समस्या का इलाज हमारे भोजन में ही छिपा है।

उन्होंने छात्राओं को सही समय पर गुणवत्ता से भरपूर भोजन करने की सलाह दी और साथ साथ जैक फूल से दूर रहने के लिए कहा द्य उन्होंने विभाग के प्रोफेसर डॉ सुष्मा गुप्ता, मिस सुनीता वर्मा, मिस दीपक ज्याति, मिस ज्याति सेनी, डॉ उषा, पूर्ण महाजन तथा मीनल गुप्ता ने भाग लिया।

**Sanskrit Dept. of College organized Hawan to bless the students on 13<sup>th</sup> October 2021-**



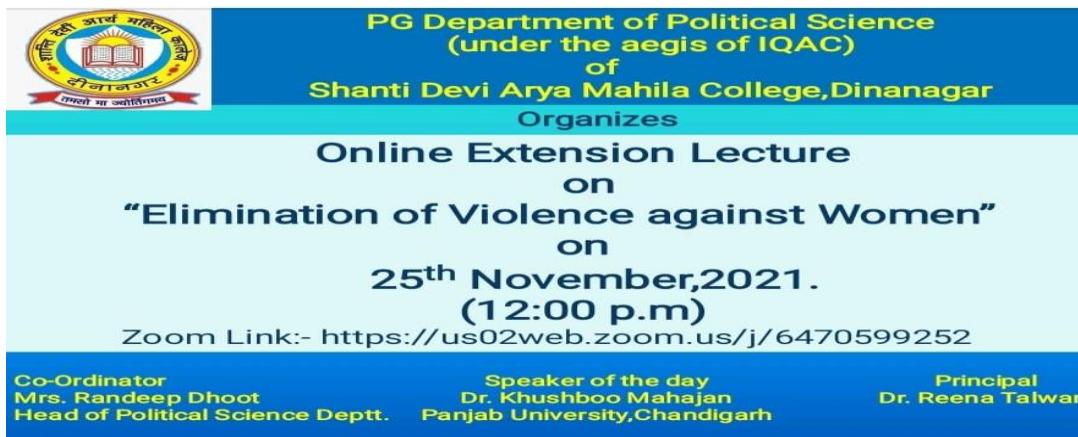
**Under the aegis of 'Guru Nanak Multiversity', Bhai Jaswinder Singh Khalsa initiated an EDUCATE PUNJAB PROJECT to sponsor girl education. on 18<sup>th</sup> October 2021**



**PG department of Computer Science and IT organized 2 Days workshop on "Networking" Er. Manav Mahajan delivered a practical session on "Networking" on 3<sup>rd</sup> November 2021**



Political Science Dept. organized a webinar speaker on 25th November 2021 to observe the International Day for the Elimination of violence against women. Dr. Khushboo Mahajan Research Associate in Pol. Sci. Dept. from Panjab University was the main speaker



**COVID Vaccination Camp for Booster Dose was organized on 2<sup>nd</sup> December 2021-**



**Department of Psychology organized webinar on the topic "Career Opportunities in Psychology on 4<sup>th</sup> December 2021 Eminent Speaker was Dr. Zahoor Ahmed from Psychology Dept. of Lovely University.**



**PG department of Fashion Designing and Home Science to organize a workshop of Tie and Dye on 6<sup>th</sup> December 2021**



**P.G. Dept. Of Computer Science & IT organized Poster Making Competition under "Cyber Security Awareness Campaign to aware staff and students on 6<sup>th</sup> December 2021-**



**Psychology Club organized a session on "Psychological Testing" by Dr. Sonam Gupta on 11<sup>th</sup> December 2021**



**Department of Biotechnology organized Educational trip to CSIR-IHBT Palampur  
on 12<sup>th</sup> December 2021**



**Dr. Ambedkar studies Centre organised a webinar on "Sexual Harassment of Women At Workplace": Prevention, Prohibition and Redressal Mrs Navdeep Kaur Gill, and Advocate Prabhdeep Singh Sandhu, Member District Legal Services Authority Gurdaspur were the eminent speakers on 13<sup>th</sup> December 2021**

## ਸ਼ਾਤੀ ਦੇਵੀ ਕਾਲਜ ਦਾ ਡਾ. ਅੰਬੇਡਕਰ ਸਟੱਡੀ ਸੈਂਟਰ ਦੁਆਰਾ ਜਿਨਸੀ ਸੋਸ਼ਣ ਹਰਾਸਮੈਂਟ ਤੇ ਸੈਮੀਨਾਰ ਕਰਵਾਇਆ

ਦੀਨਾਨਗਰ/ਡਾ. ਲੋਮੋਸ ਸਰਗਲ  
ਸ਼ਾਤੀ ਦੇਵੀ ਕਾਲਜ ਦੀਨਾਨਗਰ  
ਡਾ: ਅੰਬੇਡਕਰ ਸਟੱਡੀ ਸੈਂਟਰ ਦੁਆਰਾ  
ਪ੍ਰਿਸੀਪਲ ਡਾ: ਗੀਨਾ ਤਲਵਾੜ ਦੀ  
ਪ੍ਰਧਾਨਗੀ ਹੇਠ ਵਰਕਪਲੇਸ 'ਤੇ ਅੰਰਤਾਂ  
ਦੇ ਜਿਨਸੀ ਸੋਸ਼ਣ 'ਤੇ ਵੈਖੀਨਾਰ  
ਕਰਵਾਇਆ ਗਿਆ। ਜਾਣਕਾਰੀ ਕਾਨੂੰਨੀ  
ਸੇਵਾਵਾਂ ਅਥਾਰੀ ਗੁਰਦਾਸਪੁਰ ਸੀਮਤੀ  
ਡਾ. ਨਵਦੀਪ ਕੌਰ ਗਿੱਲ ਅਤੇ ਡਾ  
ਐਲਾਈਸੇਂਸ ਦੇ ਮੈਬਰ ਐਡਵੋਕੇਟ ਪੁਰਦੀਪ  
ਸਿੰਘ ਸੰਝੇ ਇਸ ਵੈਖੀਨਾਰ ਦੇ ਮੁਖ ਬੁਲਾਰੇ  
ਸਨ। ਸੀਮਤੀ ਨਵਦੀਪ ਕੌਰ ਗਿੱਲ ਨੇ  
ਜਿਨਸੀ ਸੋਸ਼ਣ ਬਾਬੀ ਕਾਨੂੰਨੀ  
ਵਿਵਸਥਾਵਾਂ ਬਾਰੇ ਦੱਸਿਆਂ ਕਿਹਾ ਕਿ  
ਜੇਕਰ ਕੌਮ ਵਾਲੀ ਥਾਂ 'ਤੇ ਕਿਸੇ ਨਾਲ  
ਕਈ ਅਸਲੀਲ ਵਿਵਹ ਹੁੰਦਾ ਹੈ ਜਾਂ  
ਉਸ ਨੂੰ ਅਸਲੀਲ ਨਜ਼ਰੀਏ ਨਾਲ ਦੇਖਿਆ  
ਜਾਂਦਾ ਹੈ ਜਾਂ ਵਿਤਕਰ ਕੀਤਾ ਜਾਂਦਾ ਹੈ  
ਤਾਂ ਕਾਨੂੰਨ ਦੇ ਅਨਿਹੀਆਂ  
ਵਿਵਸਥਾਵਾਂ ਹਨ ਤਾਂ ਜੋ ਅੰਰਤਾਂ ਨੂੰ  
ਸੁਰੱਖਿਆ ਪ੍ਰਦਾਨ ਕੀਤੀ ਜਾਂਦੇ ਅਤੇ  
ਦੱਸਿਆਂ ਨੂੰ ਸਜਾਵਾਂ ਦਿੰਤੀਆਂ ਜਾ  
ਸਕਣ, ਉਨ੍ਹਾਂ ਜਿਨਸੀ ਸੋਸ਼ਣ ਐਕਟ  
2013 ਦੀਆਂ ਧਾਰਾਵਾਂ ਬਾਰੇ ਵਿਸਥਾਰ  
ਸਹਿਤ ਦੱਸਿਆ ਅਤੇ ਵਿਦਿਆਰਥਣਾਂ ਨੂੰ  
ਅਪ੍ਰੋਗੇ ਦਫ਼ਤਰ ਦਾ ਪਤਾ ਦਿੱਤਿਆਂ ਕਿਹਾ  
ਕਿ ਜੇਕਰ ਉਨ੍ਹਾਂ ਨੂੰ ਕੀਵੀ ਸੀਮਿਤਾ ਆਉਂਦੀ  
ਹੈ ਤਾਂ ਵਿਦਿਆਰਥਣਾਂ ਮੈਡਮ ਨਵਦੀਪ ਜਾ  
ਕੇ ਆਪਣੀ ਸੀਵਿਏਂਡ ਦਰਸ਼ ਕਰਵਾ ਸਕਦੇ ਹੋ  
ਅਤੇ ਸਲਾਹ ਲੈ ਸਕਦੇ ਹੋ। ਇਸ ਤੋਂ ਬਾਅਦ ਐਡਵੋਕੇਟ  
ਪੁਰਦੀਪ ਸਿੰਘ ਨੇ ਭਾਰਤੀ ਸੰਵਿਧਾਨ ਅਤੇ ਇੰਡੀਆਨ



ਰੋਜ਼ਾਨਾ  
ਲੋਕ ਬਾਣੀ

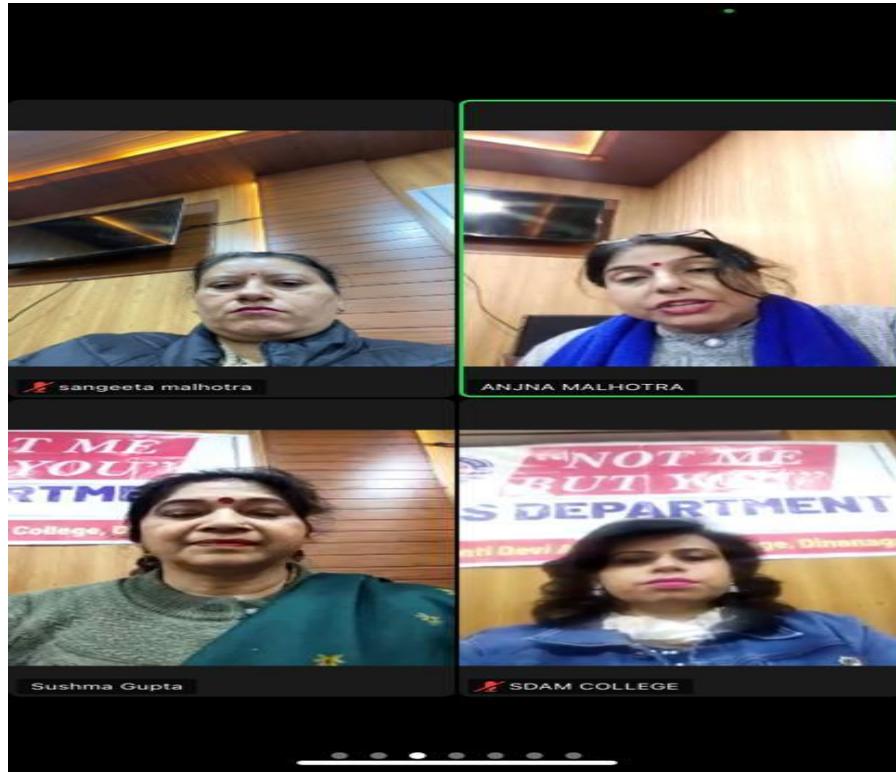
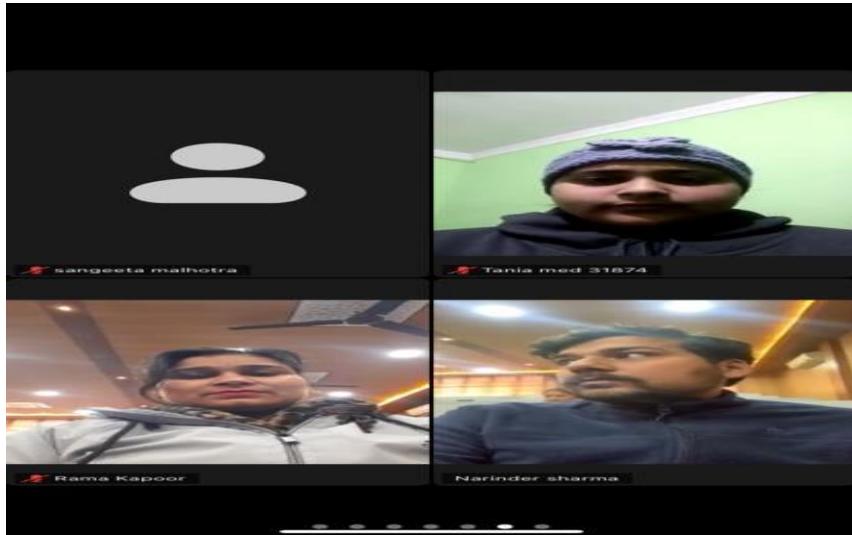
ਪੀਨਲ ਕੇਡ ਦੀਆਂ ਕਈ ਧਾਰਾਵਾਂ ਬਾਰੇ  
ਦੱਸਿਆਂ ਕਿਹਾ ਕਿ ਭਾਰਤ ਸਰਕਾਰ  
ਲਈ ਅੰਰਤਾਂ ਦੀ ਸੁਰੱਖਿਆ ਸਭ ਤੋਂ  
ਵੱਡੀ ਗੱਲ ਹੈ ਅਤੇ ਇਸ ਲਈ ਕਾਨੂੰਨ ਬਣਾਏ  
ਗਏ ਹਨ, ਜਿਨ੍ਹਾਂ ਨੂੰ ਫੇਲਾਉਣ ਦੀ ਲੋੜ ਹੈ।  
ਜਾਗਰੂਕਤਾ ਪ੍ਰਿਸੀਪਲ ਡਾ: ਗੀਨਾ ਤਲਵਾੜ ਨੇ ਇਸ  
ਮੌਕੇ ਬਲਦਿਆਂ ਕਿਹਾ ਕਿ ਭਾਰਤੀ ਸੰਸਕ੍ਰਿਤੀ 'ਚ

ਅੰਰਤਾਂ ਦਾ ਬਹੁਤ ਵੱਡਾ ਸਥਾਨ ਹੈ  
ਪਰ ਅੰਜ਼ ਦੇ ਆਧੁਨਿਕ ਯੂੰਗਾਂ ਚੁਨ੍ਹਾਂ  
ਨੂੰ ਬੇਤਰ 'ਤੇ ਕੌਮ ਕਰਨ ਸਮੇਂ ਕਈ  
ਸੀਮਿਤਾਵਾਂ ਦਾ ਸਾਹਮਣਾ ਕਰਨਾ  
ਹੋ ਰਿਹਾ ਹੈ, ਜੀ ਤੁ ਮੁਖਿਆ ਵੀ ਰਿਸੇ  
ਸੀਮਿਤਾ ਨੂੰ ਉਜਾਗਰ ਕਰਦੀ ਹੈ।  
ਕਾਨੂੰਨ ਦਾ ਸਹਾਰਾ ਲੈ ਕੇ ਅੰਜ਼ਹੋਂ  
ਅਪਰਾਧਾਂ ਨੂੰ ਰੋਕਿਆ ਜਾ ਸਕਦਾ ਹੈ।  
ਵੈਖੀਨਾਰ ਦੇ ਕੰਮਾਵਡੀਨੈਟਰ ਅਤੇ ਡਾ:  
ਅੰਬੇਡਕਰ ਸਟੱਡੀ ਸੈਂਟਰ ਦੇ ਨਿਰਦੇਸ਼ਕ  
ਡਾ: ਬੱਤਰਾ ਨੇ ਕਿਹਾ ਕਿ ਸੀਮਿਤਾ  
ਦੇ ਪੁਸ਼ਾਰ ਅਤੇ ਸੰਵਿਧਾਨ ਵਿੱਚ  
ਬਰਾਬਰੀ ਦੇ ਅਧਿਕਾਰ ਵਿੱਚ ਅੰਰਤਾਂ  
ਨੂੰ ਕੰਮ ਵਾਲੀਆਂ 'ਤੇ ਕੌਮ ਕਰਨ ਲਈ  
ਕਈ ਮਾਪਦੰਡ ਦਿੱਤੇ ਗਏ ਹਨ, ਪਰ  
ਸੁਰੱਖਿਅਤ ਨਾ ਹੋ ਣ ਕਾਰਨ  
ਵਾਤਾਵਰਨ, ਅੰਰਤਾਂ ਨੂੰ ਕਈ  
ਸੀਮਿਤਾਵਾਂ ਦਾ ਸਾਹਮਣਾ ਕਰਨਾ  
ਹੋਦਾ ਹੈ, ਜਿਸ ਕਾਰਨ ਉਨ੍ਹਾਂ ਨੂੰ  
ਸਰੀਰਕ, ਸਾਮਨਿਕ ਅਤੇ ਮਾਨਸਿਕ  
ਤੱਤਾਂ ਦਾ ਵੀਸਾਹਮਣਾ ਕਰਨਾ ਪੈਂਦਾ  
ਹੈ। ਸਰਕਾਰ ਵੱਲੋਂ ਉਨ੍ਹਾਂ ਕਾਨੂੰਨ  
ਬਣਾਏ ਗਏ ਹਨ ਤਾਂ ਜੋ ਅੰਰਤਾਂ ਨੂੰ  
ਸੁਰੱਖਿਅਤ ਮਹੱਲ ਦਿੱਤਾ ਜਾ ਸਕੇ  
ਅਤੇ ਸਾਂਝੀ ਦੇਵੀ ਆਰੀਆ ਮਹਿਲ ਕਾਲਜ ਅੰਰਤਾਂ  
ਦੇ ਸਸਕਤੀਕਾਰਨ ਲਈ ਲਗਾਤਾਰ ਯਤਨਸੀਲ ਹੈ,  
ਕਾਨੂੰਨਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਜਾਵੇ ਤਾਂ ਜੋ ਉਹ  
ਕਿਸੇ ਵੀ ਖੇਤਰ ਵਿੱਚ ਅੰਗੇ ਵੱਧ ਕੇ ਸਫਲਤਾ ਵੱਲੋਂ  
ਕਦਮ ਵਾਲੇ ਸਕਣ। ਡਾ: ਅੰਜਨਾ ਮਲਹੋਤਰਾ ਨੇ  
ਦੀਪਕ ਜੌਤੀ, ਪਿਆਰਾ ਗੁਪਤਾ, ਤਕਨੀਕੀ ਸਟਾਫ  
ਅਤੇ ਕਾਲਜ ਸਟਾਫ ਦਾ ਧੇਨਵਾਦ ਕੀਤਾ।

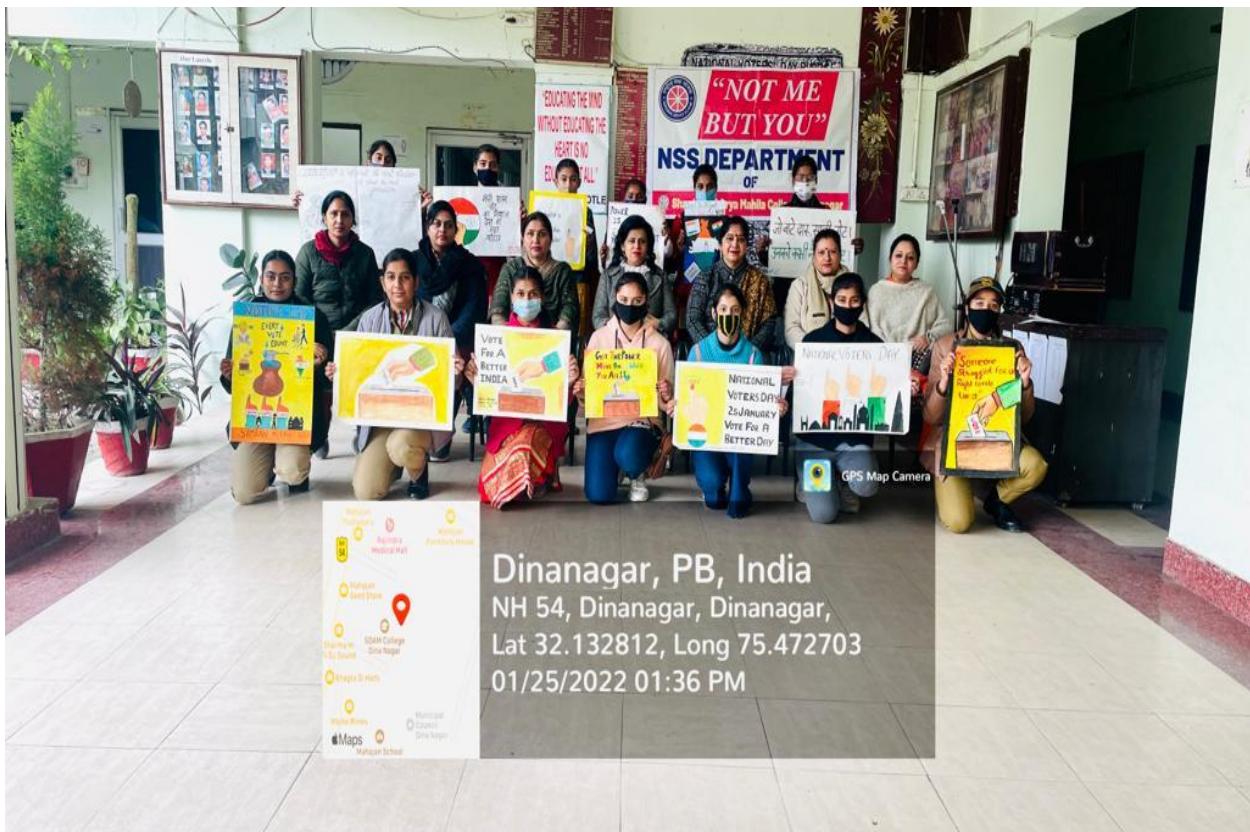
ਅਤਾਹਾਂ 'ਲੋਕ ਬਾਣੀ' ਵਿੱਚ ਕਾਪੀਆਂ ਜਾਂਦੀਆਂ ਮਖਰਾਂ, ਰਿਪੋਰਟਾਂ, ਲੇਖ, ਕਾਵਿਤਾਵਾਂ, ਕਾਵਿਤਾਵਾਂ ਅਤੇ ਹਰ ਕਿਸਮ ਦੇ ਇਸਤਰਾਵਾਂ ਵਿੱਚ ਦਿੱਤੀ ਗਈ ਸੂਚਨਾਵਾਂ, ਵਿਚਾਰ ਆਇ ਨਾਲ ਅਧਿਕਾਰ ਦੇ ਪ੍ਰਬੰਧਕਾਂ ਦਾ

Daily Lok Bani (Punjab) R.N.L. Panpun 29016/2008 Editor, Owner, Printer, Publisher, Amandeep Mehra Printed at Rachna Printers, Railway Road Jalandhar Place of Publication : 308 Sangam complex Milap Chowk

**NCC & NSS Department organized Online webinar on Swami Vivekanand Ji's life to celebrate National Youth Day on 12<sup>th</sup> January 2022**



**NSS Department Celebrated “National Girl Child Day” by organizing poster Making Competition On 24<sup>th</sup> January 2022**



**Career Guidance Cell organized a career guidance event on 27<sup>th</sup> January 2022**



**NSS department and Buddy group organized Covid Vaccination Camp on 27<sup>th</sup> January2022**



## **N.S.S department organized workshop on Women Entrepreneurship and Skill Development to celebrate International Women's Day on 8<sup>th</sup> March 2022**





**Economics Dept. organized a seminar on "Consumer Rights" to celebrate 'World Consumer Rights Day' on 15<sup>th</sup>March 2022-**



**“Entrepreneurship Awareness Programme was organized by PG Dept of Commerce on 21<sup>st</sup> March 2022**



**Red Ribbon Club organised a "Nukkad Nataka" named as "Vehngi" performed by renowned "Red Arts Theatre Group" on 31<sup>st</sup> March 2022**



**Post Graduate department of Computer Science and IT and Placement Cell organized a workshop on " Personality Development". Ms. Pallavi Nayyar and MS. Kamna Jaryal from SPRN Entrepreneurs private limited company were the eminent speakers On 5<sup>th</sup> April 2022**



**Red Ribbon Club, Red Cross, Youth Welfare Departments celebrated “World Health Day” and organized a Blood Donation camp which was sponsored by Red Cross Society Gurdaspur on 7<sup>th</sup> April 2022.**



## PG department of English to organize College Mandeer on 17th May 2022





PG department of Hindi to organize an International Webinar on "Changing Scenario of life in Covid" on 2<sup>nd</sup> June 2022

TC No. PUNBIL01272

दीनानगर

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## कोरोना काल में बदलते सामाजिक जीवन पर एक दिवसीय अंतर्राष्ट्रीय वेबीनार का सफल आयोजन

रविंद्र सेनी

दीनानगर 3 जून। शान्ति देवी आर्या महिला कार्ले ज दीनानगर के स्वातकोत्तर हिंदी विभाग द्वारा आंतरिक गुणवत्ता आशासन प्रकाशके तत्वावधान कोरोना काल में बदलते सामाजिक जीवन विषय पर एक दिवसीय अंतर्राष्ट्रीय वेबीनार का सफल आयोजन किया गया। प्रिंसिपल डॉ तलवार ने प्रोफेसर मोहन गांत गौतम पूर्व कृलपति यूनिवर्सिटी ऑफ इंस्ट्रॉड बैस्ट नीटरलैंड, प्रोफेसर रमेश शर्मा हिंदी विभाग जम्मू विश्वविद्यालय, डॉक्टर सुनील वृहमार एसोसिएशन गुरु नानक देव यूनिवर्सिटी अमृतसर का हार्दिक अभिनन्दन किया। प्रिंसिपल रीना तलवार ने उद्घाटन वक्तव्य में कहा कि मानव जीवन स्वस्थ होना बहुत जरूरी है कोरोना के कारण मरणवारी धरिवार की स्थिति बहुत दयनीय हो गई है प्रकृति ने मनुष्य को सुधारने का मौका दिया यही सुधार सकारात्मक बदलाव को जम्मू देता है मनुष्य को परोपकारिता की ओर ले जाता है जिसने लोगों में संवेदन का पैदा किया परंतु स्वार्थी लोग समाज का अव्यय लोग समाज का मानव धर्म कर्म, दान, क्षमा को भूल बैठे हैं वह मानव कोरोना कर्लि में मानव की ही अंगों की तस्करी करने लगा वह मनुष्य भास्यशाली

है जिसने भारत भूमि पर जन्म विशिष्ट वक्ता डॉ सुनील नीटरलैंड ने प्राचीन और मानव और उसके भविष्य को



लिया क्योंकि भारतीय वृहमार ने अपने वक्तव्य में बर्तमान समय का संबंध गंभीर दीर्घकालिक रूप में संस्कृति बहुत महान है। परंतु बताया कि मनुष्य के जीवन स्थिति करते हुए व्यानन्द परिवर्तित कर देती है जैसे आज की प्रकृति विभाग जम्मू फंसंकर संस्कृति को भूल मनुष्य दिनचर्याएँ को के विषय में कहा कि हम के बास औरतों के विकास का रास्ता साफ हो गया जो पड़ना चाहिए औरत को भी भी अवसर आगे बढ़ ने तलाशे जा सकते हैं आज करो देना चाहिए इसकी आत्मा चुकी है और निश्चित तौर पर मानव जीवन पर छोटे-बड़े आत्मा में चिंता प्रभाव छोड़ जाएगी केवल स्वास्थ्य ही नहीं यह प्रभाव सामाजिक मनोवैज्ञानिक और मुख्यता आर्थिक स्तर पर चाहते थे कि विस्तृत हो गई है और आप आधुनिक ता को अपनाएं परंतु संस्कृत को भी ना भूले अंदरकार के लिए संस्कृत और प्रकृति दोनों की जरूरी है जो आत्माकर्त्ता कालोनी कालोने जीवन में चिंता संस्कृत द्वारा प्रकृति पर नियंत्रण नहीं किया जा सकता क्योंकि हम प्रकृति के बारे हैं हमारे भूलों का परिवर्तन होता रहता है यदि परिवर्तन नहीं करेंगे तो हम रहनी चाहिए यह मशाल अंधकार के खिलाफ एक लड़ाई है सामाजिक असंतुलन भी बड़ा है परंतु साथ ही साथ उत्साहवर्धक कार्य भी हुए हैं जैसे आम जनता के जागरूकता आई और जीवन में टेक्नोलॉजी का ज्ञान बड़ा कोरोना परिवर्तन के साथ सोशल मीडिया के द्वारा आयुर्वेदिक मेडिटेशन का रुझान भी बहुत हुआ दिखाई दिया कार्यक्रम के अध्यक्ष डॉ मोहन कांत गौतम

मिलकर रहने के लिए संस्कृत और प्रकृति को जीवन में चिंता करते हुए जैसे कोरोना के पूर्व था घर बाहर है जैसे कोरोना के पूर्व था घर हो या बाहर मशाल जलती रहनी चाहिए यह मशाल एक ही स्थान पर रहकर खत्म हो जाएंगे कोरोना हमेशा चेंज कर दिया है कि हम जो काम कर रहे हैं वह किस त्रिकाल रो हैं डॉक्टर पूनम महाजन ने कहा कि वैश्वक महामारी विषय को एक नई दिशा की अनेक जीवन में टेक्नोलॉजी का ज्ञान बड़ा कोरोना परिवर्तन के साथ सोशल मीडिया के द्वारा आयुर्वेदिक मेडिटेशन का रुझान भी बहुत हुआ दिखाई दिया कार्यक्रम के अध्यक्ष डॉ मोहन कांत गौतम

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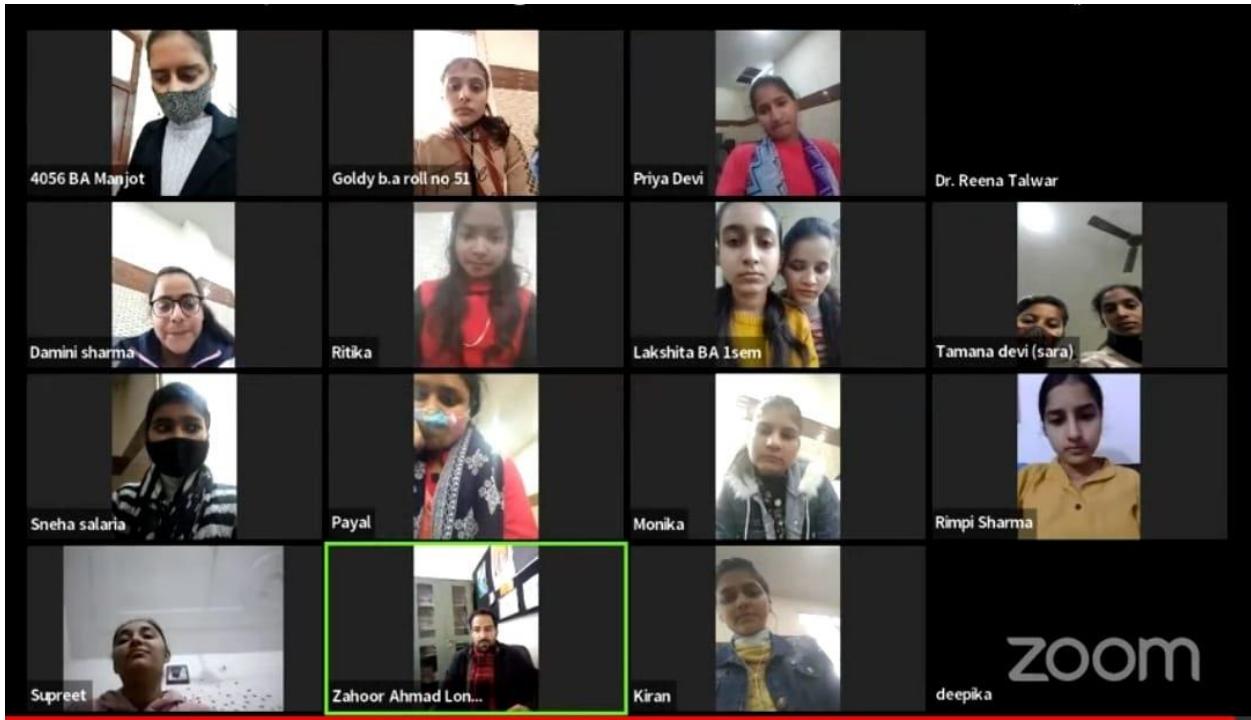
RAAVI VOICE NEWS     BUREAU CHIEF- SANDEEP KUMAR

**International Yoga Day was celebrated by NSS and Physical Education departments on 21<sup>st</sup> June 2022 .**





**All The Students under the guidance of NCC Dept. attended webinar on  
Anti- Drug campaign organized by Punjab government 23-24<sup>th</sup> June 2022**





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Ref.No. 6895.SD/GEN

Dated.13-05-2024



## Annual Gender Sensitization Action Plan 2022-2023

| SR. NO. | Programme to be organised   | Name Of The Programme  | Date   |
|---------|---|--|--|
| 1       | Conducting regular meetings of anti-Ragging/ Grievances & Redressal Cell  | IQAC Coordinator and Conveners of the Committee  | Minimum two meeting per semester                           |
| 2       | Encouraging students applying for scholarship schemes and funds especially for women provided through various Central/ Government Schemes | Registrar and Staff Members  | 1 <sup>st</sup> week of July                               |
| 6       | To start the new session with Hawan and conduct Orientation Programme for UG & PG Degree Classes  | HawanYagya was done and Orientation Programme was organized  | 4 <sup>th</sup> & 8 <sup>th</sup> August 2022 respectively |
| 7       | Mentoring by class tutors / Principal/counselor   | Mentor - Mentee Groups were made by IQAC   | 4 <sup>th</sup> August 2022                                |
| 8       | To celebrate Rakshabandhan with BSF Jawans  | NSS & Home Science Department of our College with Dy. Commandant ShRajnishKashyap celebrated Rakshabandhan at BSF Headquarters, Gurdaspur. | 11 <sup>th</sup> August 2022                               |
| 9       | Provide Opportunity/ training for Cultural/ Sports Competitions on gender basis.  | Youth welfare Dept.  | 1-30 September 2022  |
| 10      | To organize counseling sessions for Healthy Lifestyle and Work-Life Balance for customers of Indusind                                     | Enlightened Minds Club run by Psychology Dept. organized Counselling session   | 17 <sup>th</sup> September 2022                            |

*Reena Talwar*  
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|    |   |   |                                |
|----|---|---|--------------------------------|
|    | Bank, Gurdaspur.  |   |                                |
| 11 | To celebrate National Nutrition Month for Holistic Development of girls | A lecture on Importance of Nutritious Food was organized by inviting DrDalwinder Sharma an Ayurvedic Doctor   | 29 <sup>th</sup> Sepember 2022 |
| 12 | To organize meetings with students regarding scholarships               | Meetings were organized with students belonging to SC/ OBC/BC categories to make them aware about various types of scholarships.  | 6 <sup>th</sup> October 2022   |
| 13 | To organize seminar on "Cyber Security Awareness".                      | PG Department of Computer Science & IT organized seminar on "Cyber Security Awareness" Mrs. Deepak Jyoti gave awareness about the cybersecurity laws implemented in India.      | 6 <sup>th</sup> October 2022   |
| 14 | To celebrate "World Mental Health Day".                                 | "Enlightenment Minds" Psychology club celebrated "World Mental Health Day". An extension lecture was delivered by Dr. Sonam Gupta, Head Psychology Department on Mental Health. | 10 <sup>th</sup> October 2022  |
| 15 | To organize NariSammelan  | NariSammelan was celebrated under VedParcharSaptah on Nirvana MohatsavDiwas of Swami Maharishi  | 19 <sup>th</sup> October 2022  |

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| 16 | Education Department to celebrate World Students' Day.   | Education Department celebrated World Students' Day and the birth anniversary of Dr. A.P.J. Abdul Kalam   | 21 <sup>st</sup> October 2022                      |
|----|--|---|--|
| 17 | To organize Remedial Classes                             | One week Remedial Classes were organized for academically weak students of 1 <sup>st</sup> semester classes .   | 26 <sup>th</sup> Nov. to 2 <sup>nd</sup> Dec. 2022 |
| 18 | To organize a seminar on Legal Awareness                 | Seminar on Legal Awareness was organised with the support of Legal Services Society, Gurdaspur. By inviting Ms. Navdeep Kaur Gill, Civil Judge (Sr. Division) (CJM), Secretary, District Legal Services                                 | 12 <sup>th</sup> January 2023                      |
| 19 | To celebrate Dheeyan Di Lohri under Beti Bachao Abhiyaan | NSS Department celebrated First Lohri of 7 Newly Born girl children in the adopted village Saidipur with villagers.   | 13 <sup>th</sup> January 2023                      |
| 20 | To celebrate National Girl Child Day.                    | National Girl Child Day was celebrated by NSS and Fine Arts Dept. by organizing Postermaking competition. The purpose of the celebration of this day was to raise awareness about the injustice experienced by women in Indian society. | 24 <sup>th</sup> January 2023                      |
| 21 | To celebrate National Voters Day                         | National Voters Day was celebrated by NSS, RRC club and Buddy group under sweepactivities . Pledge ceremony and a Poster making competition was organized.  | 25 <sup>th</sup> January 2023                      |
| 22 | To organize HarGharDhyan Campaign                        | HarGharDhyan Campaign was   | 2 <sup>nd</sup> February, 2023                     |

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|    |  |  |                                |
|----|--|--|--------------------------------|
|    | for Meditation & mental Health   | conducted by NSS Department in collaboration with Art of Living Foundation and organized a program on meditation and mental health.  |                                |
| 23 | To celebrate World Cancer Day  | Science Department celebrated World Cancer Day. Mrs. SunitaVerma gave awakening lecture. A declamation contest was also organized.   | 4 <sup>th</sup> February 2023  |
| 24 | Psychology Club to celebrate World Mental Health Day.  | An extension lecture was delivered by Dr. Sonam Gupta, Head Psychology Department on Mental Health, focussing on the common mental health conditions like anxiety and mood disorders and suggested the ways to take care of one's mental health. | 24 <sup>th</sup> February 2023 |
| 25 | To celebrate the International Women Day   | Mr. Manav, Chief Manager of SBI Bank along with Ms. SaritaSaini and Mr. Satpal, Staff Members of SBI, Dinanagar  | 8 <sup>th</sup> March2023      |
| 26 | To orgsanize SDAM Bazaar by Departments of Home Science, Cosmetology, PG Department of Fashion Designing under Earn While You Learn Scheme to encourage students to start their startups and thus promoting women's entrepreneurship | Social Entrepreneurship, Swachta& Rural Engagement Cell in collaboration with Mahatma Gandhi National Council of Rural Education organised 'Sdam Bazaar'. In this day long bazaar, there were fashion Styling/ Craft and Handiwork works,        | 16 <sup>th</sup> March 2023    |

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|     |  |   |  |
|-----|--|---|--|
|     |  | Food Corner, Creative Art Studio and Beauty Corners.  |  |
| 27  | To organize Mentor-Mentee Program  | Mentor-Mentee Program was organized by involving all the students and teachers  | 3 <sup>rd</sup> April 2023                     |
| 28  | Alumni Association and Fashion Designing Department to organize an Alumni Meet and Fashion Show. | A grand and glamorous Fashion Spectra was held on Alumni Meet. Budding Fashion Designers of College Showcased their talent .  | 8 <sup>th</sup> April 2023                     |
| 29. | To conduct FDP on ICT Technology.  | P.G. Dept. of Computer Science & IT organized 6 Days Faculty Development Program for staff.   | 11 <sup>th</sup> – 18 <sup>th</sup> April 2023 |
| 30. | To organize a Haemoglobin Estimation Camp.   | Science & NSS Department under EBSB organized a Haemoglobin Estimation Camp on Anemia and oral Health. DR. Sukhwinder and Dr. Kusum from CHC Singhawal were invited as resource persons | 26 <sup>th</sup> April 2023                    |
| 31. | Library Dept. to organize workshop on use of E- Resources in Library                             | UG & PG Library organized workshop on use of E- Resources in library. Librarians Mrs. HardeepKaur& Mrs. NamitaBhalla told how to use DELNET and E – Books.                              | 22 <sup>nd</sup> May 2023                      |
| 32. | NSS Department to celebrate World Blood Donor's Day.   | World Blood Donor's Day was celebrated by NSS Department under Ek Bharat Shreshtha Bharat Mission. NSS Coordinator Mrs. SangeetaMalhotra gave lecture on importance of donating blood.  | 14 <sup>th</sup> June 2023                     |
| 33. | To organize self- grooming classes   | Department of Cosmetology organized   | 20 <sup>th</sup> to 27 <sup>th</sup> June 2023 |

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College with Potential for Excellence Status by UGC, Green Champion Award by MGNCRE (Govt. of India)

Ref.No. 6895.SD/GEN

Dated.13-05-2024



|    |                                      |   |                            |
|----|--------------------------------------|---|----------------------------|
|    |                                      | Seven-day Self Grooming Classes to enhance self- beautification. Ms. Sonia, Head, Department of Cosmetology taught various methods and techniques of makeup, hair styles, etc   |                            |
| 34 | To celebrate International Yoga Day. | NSS, NCC and Physical Education Departments under Ek Bharat Shreshth Bharat Mission, celebrated International Yoga Day. Students attended one week yoga classes. Ek Bharat Shreshth Bharat club organised poster making and slogan writing competitions and gave prizes to the winners. | 21 <sup>st</sup> June 2023 |

*Reena Talwar*  
**Principal**  
**Shanti Devi Arya Mahila College**  
**Dinanagar (Distt. Gurdaspur)**



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shantidevicollege.org.

**Students were encouraged by Registrar and Principal Madam to apply for scholarship schemes and funds especially for women provided through various Central/ Government Schemes on 1<sup>st</sup> July 2022**



**HawanYagya was done and Orientation Programme was organized on 4<sup>th</sup>& 8<sup>th</sup> August 2022**



**NSS & Home Science Dept. celebrated Rakshabandhan with BSF Jawans at BSF Head Quarters Gurdaspur on 11<sup>th</sup> August 2022-**



**Counseling Sessions for Healthy Lifestyle and Work-Life Balance for customers of Indus ind Bank, Gurdaspur was organized by Psychology Dept. on 17<sup>th</sup> September 2022**



**Meeting with students regarding scholarships Schemes available in college was conducted on 22 August 2022**



**National Nutrition Month for Holistic Development of girls was celebrated by Home Science & NSS Dept . A lecture of Dr. Dalwinder was organized in college. A lecture at Govt. Girls Sr. Sec. School Dinanagar was also organize On 9<sup>th</sup> & 29<sup>th</sup> Sepember 2022 respectively**



**Seminar on "Cyber Security Awareness" was organized by PG Dept. of Computer Science on 6<sup>th</sup> October 2022**



**"World Mental Health Day" was celebrated by Psychology Dept. 10<sup>th</sup> October 2022-**



## Women Development Cell organized Nari Sammelan on 19<sup>th</sup> October 2022



**Education Department celebrated World Students' Day on 21<sup>st</sup> October 2022. Poster Making &Tree Plantation was done in the campus to mark the day to promote eco- friendly practices.**



**Seminar on Legal Awareness was organised with the support of Legal Services Society, Gurdaspur. By inviting Ms. NavdeepKaur Gill, Civil Judge (Sr.Division) (CJM), Secretary, District Legal Services on 12<sup>th</sup> January 2023**



**NSS Department celebrated First lohri of 7 Newly Born girl children in the adopted village Saidipur with villagers to make them aware about importance of girl child under" Beti Bachao Beti Padhao Abhiyan" on 13th January 2023**



**National Girl Child Day was celebrated by NSS and Fine Arts Dept. by organizing Poster making competition on 24th January 2023.**



**National Voters Day was celebrated by NSS, RRC club and Buddy group under sweep activities . Pledge ceremony and a Poster making competition was organized on 25<sup>th</sup> January 2023**



**Har Ghar Dhyan Campaign was conducted by NSS Department in collaboration with Art of Living Foundation organized a program on meditation and mental health on 2<sup>nd</sup> February, 2023**

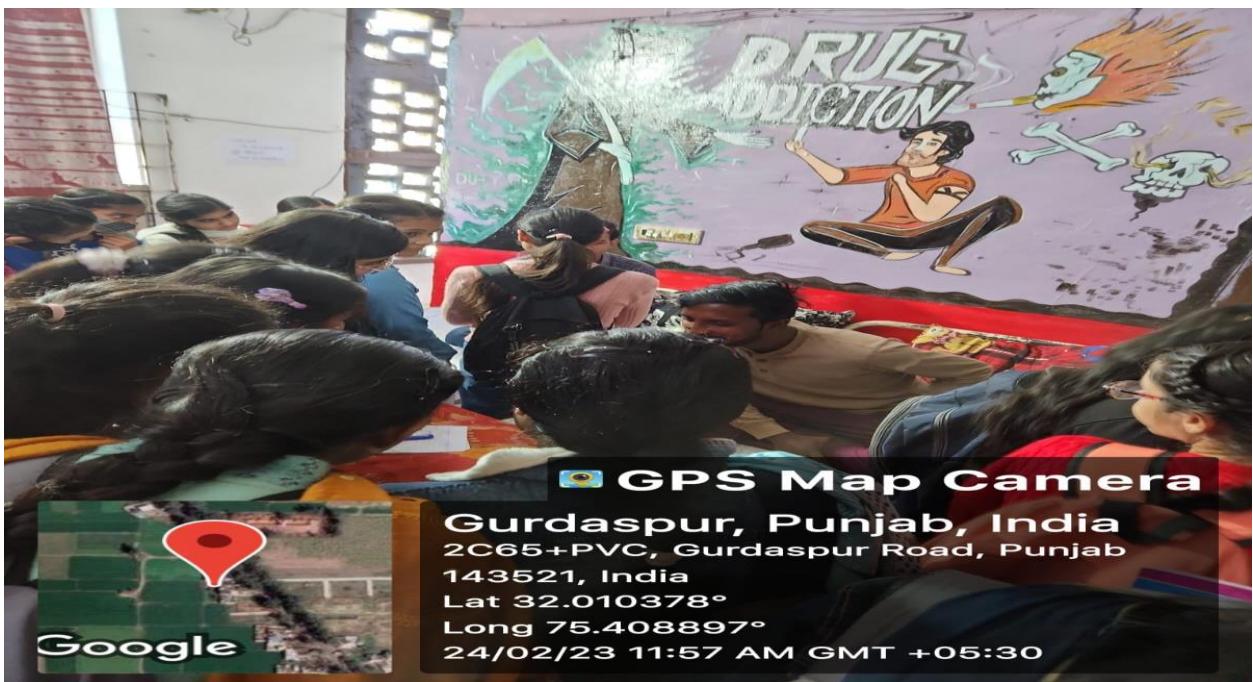


**World Cancer Day was celebrated by conducting Declamation Contest by  
Science Dept ON 4<sup>th</sup> February 2023**



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**Special Visit to deliver a lecture on De-Addiction by Psychology Department  
at Red Cross De-addiction Treatment and Rehabilitation Centre,  
Gurdaspur on 24<sup>th</sup> February 2023**



**Women Development Cell celebrated The International Women's Day on 8<sup>th</sup> March 2023**



**SDAM Bazaar was organized by Departments of Home Science, Cosmetology, PG Dept. of Fashion Designing under Earn While You Learn Scheme to encourage students to start their startups and thus promoting women's entrepreneurship on 16<sup>th</sup> March 2023**



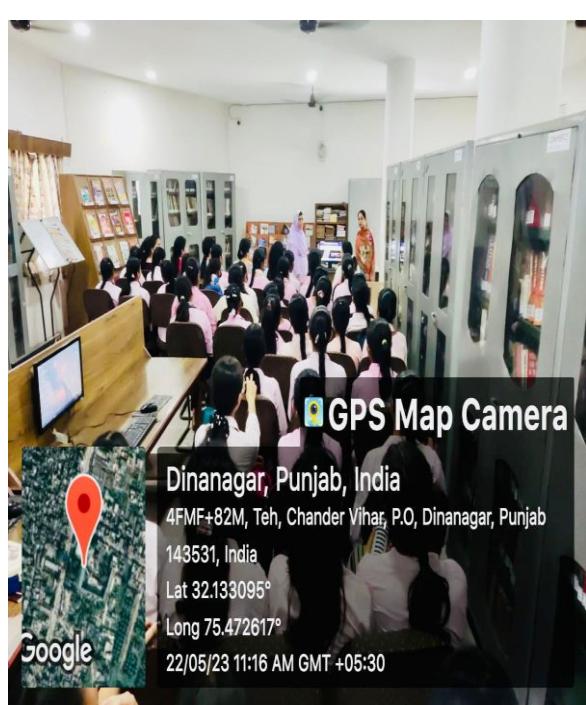
**Alumni Association and Fashion Designing Department organized an  
Alumni Meet and Fashion Show on 8<sup>th</sup> April 2023**



Science & NSS Department under EBSB organized a Haemoglobin Estimation Camp on Anemia and oral Health. DR. Sukhwinder and Dr. Kusum from CHC Singhowal were the resource persons on 26<sup>th</sup> April 2023



**Library Dept. organized workshop on use of E- Resources in Library for Students & Staff on 22<sup>nd</sup> May 2023-**



**NSS Department Celebrated World Blood Donor's Day on 14<sup>th</sup> June 2023**  
**Slogan Writing & Poster Making Competition was organized by NSS & Fine Arts Departments.**



**International Yoga Day was celebrated by Physical Education Dept. on 21<sup>st</sup> June 2023**

